

Explore

Life and land from the heart of the Yellowstone Region

FREE

Big Sky

June 12 - 25, 2015
Volume 6 // Issue #12

Commencement

BSSD graduates seniors, ushers in new superintendent

Diwas Gurung plays Nepali fundraiser

Yellowstone from the West

Big Sky PBR steps up to Velocity Tour

Back 40: Golf tips from a pro



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#explorebigsky

ON THE COVER: Lone Peak High School's class of 2015 sends their mortarboards skyward after the June 6 commencement ceremony in Big Sky.
PHOTO BY TYLER ALLEN

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Explore

Big Sky



What is this publication?

Explore Big Sky is *the local paper for Big Sky, Montana, and a news and lifestyle journal for the Greater Yellowstone Region.*



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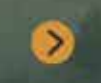
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4 June 12 - 25, 2015

OPINION

Explore Big Sky

The best time to pull weeds

It's one of my favorite times of the year. Plants are growing fast in response to the recent rains, and native wildflowers are blooming with glorious color and diversity. The downside to spring is that noxious weeds are also ready to take advantage of moisture and warmer temperatures.

Noxious weeds are one of the largest threats to our area's ecology. In fact, they are the second leading cause of wildlife population decline and extinction worldwide, according to the Center for Invasive Species Management at Montana State University. Studies show that dense infestations of spotted knapweed reduce winter forage for elk by 50-90 percent.

The recent rains make pulling weeds easy and effective. Noxious weeds like hoary alyssum, spotted knapweed, and houndstongue are easily pulled when the soil is moist – don't forget to wear gloves.

Effective weed management is everyone's job. Learn to identify noxious weeds and take precautions to avoid spreading weed seeds when enjoying the outdoors. You can play an important role in reducing the spread of noxious weeds after you recreate by cleaning gear and equipment after every time in the outdoors.

Consider joining us at our Gallatin River Weed Pull on June 13, or the Big Sky Community Park Weed Pull on June 23. All the information is on our website bigskyweeds.org. Now get after those noxious weeds!

Jennifer Mobler
Gallatin/Big Sky Weed Committee Coordinator
Big Sky



PHOTO: AUDREY HALL

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Give until it hurts

"I must be willing to give whatever it takes to do good to others. This requires that I be willing to give until it hurts. Otherwise, there is no true love in me, and I bring injustice, not peace, to those around me." – Mother Teresa

It took me 41 years to finally understand my true definition of giving until it hurts. Inspired by a speech at Big Sky’s annual Rotary meeting by Dr. Peter Schmeiding of Tsering’s Fund regarding his philanthropy work in Nepal, I vowed to find a way to assist his efforts.

Little did I know that weeks after making this vow to help Pete, Nepal was thrust into a state of panic and despair after two massive earthquakes and hundreds of aftershocks left the country with thousands dead and more than 2 million homeless.



Against advice and better judgment I boarded a plane on May 13 with a co-worker and flew to Nepal, the day after the 7.3-magnitude earthquake to assist Pete in aid and recovery work. To say that flying there days after a leveling earthquake was scary is an understatement. So many unknowns lay ahead, everything from safety and disease to another massive quake, but in some strange way pushing this limit felt like the right thing to do.

The doors that opened since boarding the flight to Katmandu are incredible and have turned into a blessing in my life. Helping provide 3 tons of rice to villages, 80 bug nets to orphanages, and tents that are now makeshift hospitals and schools are some examples of what our small group accomplished – and it’s only a drop in the bucket. It quickly became apparent from this Nepal journey that testing the limits of giving money is only the beginning; it’s the willingness to take your most valuable resource of time and dedicate it toward others.


Now, a few weeks after spending time on the ground assisting Nepal villages and orphanages, I would like to invite you to the fundraiser we are hosting at Lone Mountain Ranch on June 14. This event will focus on raising money to rebuild two schools and sponsor four orphans we met whose father was killed in a landslide, which buried the village of Langtang.

If you are reading this after June 14 and have missed our fundraiser, I encourage you to look beyond your daily routines and push the boundaries of giving and helping others. A worldwide movement of positivity and change can occur if our energies shift to positive, helpful actions and thoughts.

The need for help is everywhere, from your backyard to across vast oceans; it can come in the form of Mother Nature, an animal, or fellow man. The most important thing is to not be complacent and to take that first step, even if it’s scary.

Eric Ladd
EBS Publisher


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Which is your favorite trail in the Big Sky area when you only have an hour to get outside, and why?



Erik Morrison, *Big Sky, Mont.*
Owner, Love Street Media

“Ulery’s Lake Loop. Because you get such a variety of terrain, [and] a lot of undulation up and down. The loop takes you up and around the lake and has amazing views of my beloved Headwaters [Cirque].”



Maddie Miller, *Big Sky, Mont.*
Ascending fourth grader at Ophir School

“West Fork Trail. Because the dirt has a really nice texture with lots of bumps, and I like to ride my bike on it.”



Josh Kone, *Big Sky, Mont.*
Managing Partner, Ousel & Spur Pizza Co.

“Yellow Mule [Trail]. It’s a fast ‘pumper’ on a mountain bike.”



OUTLAW PARTNERS PHOTO

Rotary Club donates nearly 13k to Eagle Mount

The International Skiing Fellowship of Rotarians visited Big Sky Resort in February for their annual North American meeting. The ISFR raised \$25,000 and gave \$12,780 to the Rotary Club of Big Sky, which presented the donation check to Eagle Mount-Bozeman on June 10.



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Doc's Holiday / \$8.2M / 8,292 SQ FT

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Lot 10 7 W. Elk Valley Rd.
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Ranch Lot 99 / \$345K / 4.06 ACRES

BIG SKY



Spanish Peaks Club Condo #44
\$549.9K / 2,140 SQ FT



Lone Peak Town Home #59
\$535K / 2,115 SQ FT



13 Beartooth Rd. / \$450K / 2,782 SQ FT



145 Karst Stage / \$395K / 2,288 SQ FT

BIG SKY



Hill Condo #1253
\$112K / 440 SQ FT



Mountain Meadows
\$3.495 M / 120 ACRES



Beehive Basin Lots 11+12
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Lot 287A Rising Bull
\$529K / 1.04 ACRES

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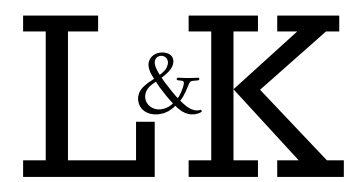
Yellowstone Ranch Preserve
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YELLOWSTONE CLUB



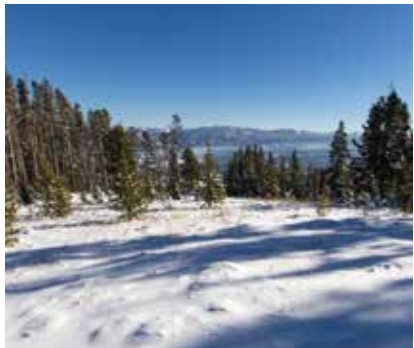
208 Andesite / \$5.9M / 6,312 SQ FT



Lot 338 Bristlecone Drive
\$4.95M / 14.6 ACRES



Lot 332 Upper Cedarview Dr
\$4.4M / 4.6 ACRES



Lot 36A Copper Court
\$2.8M / 5 ACRES

MOONLIGHT BASIN

BIG SKY



Luxury Suite 1B / \$1.6 M / 2,563 SQ FT



214 W. Pine Cone Terrace
\$1.5M / 4,268 SQ FT



Buck Ridge Lodge / \$899K / 4,144 SQ FT



Spanish Peaks Club Condo #11
\$630K / 2,314 SQ FT

BIG SKY



21 Antler Drop Ct.
\$365K / 1,860 SQ FT



NEW LISTING

Firelight Chalet 352
\$315K / 1,859 SQ FT



NEW LISTING

Madison Court #11
\$279K / 1,400 SQ FT



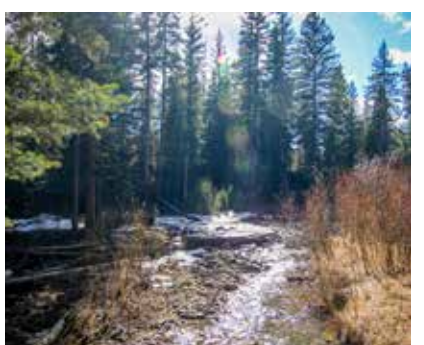
Cedar Creek #45 / \$229K / 868 SQ FT

BIG SKY

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Joy Road Lot 3 / \$415K / 6.83 ACRES



Lot 43A Half Moon
\$399.9K / 1.22 ACRES



NEW LISTING

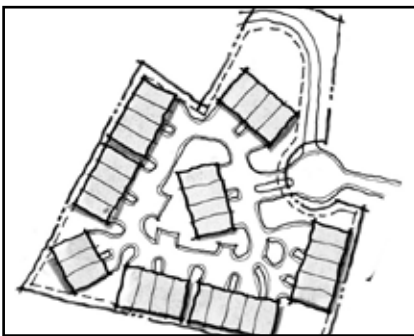
512 Old Farm Road
\$3.25M / 5,497 SQ FT, 20+ ACRES



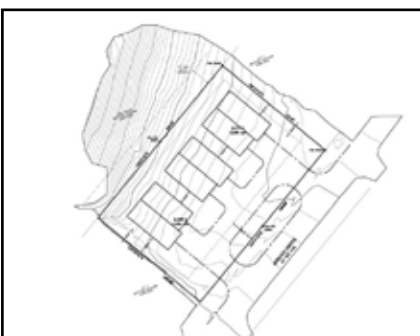
UNDER CONTRACT

179 E. Magnolia
\$162.9K / 1,508 SQ FT

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2014-15 Big Sky resort tax appropriations

The Big Sky Resort Area Tax District collected approximately \$3,950,000 in resort tax money during the 2014-2015 fiscal year, and combined with a sinking fund, the resort tax board had about \$5 million to appropriate to a variety of community organizations within the district.

The board received nearly \$4,250,000 in requests – including those requests rolling over from last year – from 26 organizations within the district and

on June 10 appropriated nearly all of it. Board Chair Jamey Kabisch said the board added \$746,100 to its sinking fund, bringing the total amount the board is saving to \$1,330,239.

Resort tax is the 3 percent sales tax on all luxury goods purchased in the Big Sky Resort Area Tax District. – *J.T.O.*

RESORT TAX APPROPRIATIONS FOR FISCAL YEAR 2015/2016

June 10, 2015

FUNDING SUMMARY		2015 FUNDS	2015 REQUESTS	
TOTAL \$\$\$ FOR NEW & ROLLOVER REQUESTS =		\$5,105,460	\$179,917.00	= TOTAL ROLLOVER REQUESTS
			\$4,069,150.00	= TOTAL NEW REQUESTS
			\$4,249,067.00	= TOTAL REQUESTS (ROLLOVER + NEW)
APPROVED REQUESTS SUMMARY		REMAINING FUNDS	APPROVED REQUESTS	
REMAINNING FUNDS AVAILABLE =		\$0	\$179,917.00	= APPROVED ROLLOVER REQUESTS
			\$4,925,543.00	= APPROVED NEW REQUESTS
			\$5,105,460.00	= TOTAL APPROVED REQUESTS
#	ORGANIZATION	NEW AMOUNT REQUESTED	APPROVED FUNDING	PERCENT FUNDED
TOTAL RESORT TAX COLLECTION AVAILABLE FOR FUNDING				
FY 2015/2016 REQUESTS				
	Arts Council of Big Sky			
	Music in the Mountains 2015/16	\$123,500	\$123,500	100.0%
	Big Sky Bird Rescue			
	Wild Songbird Rescue	\$65,000		0.0%
	Big Sky Chamber of Commerce			
	Annual Program of Work 2015-16	\$445,701	\$314,105	70.5%
	Rollover Housing Project	\$165,000	\$165,000	100.0%
	Big Sky Chamber of Commerce Total >	\$610,701.00	\$479,105	78.5%
	Big Sky Community Corporation			
	Parks, Trails and Operating Maintenance	\$523,539.00	\$523,539	100.0%
	Big Sky County Water & Sewer District No. 363			
	Meter Read Unit Radios, Station Install	\$270,000	\$11,500	4.3%
	Big Sky Fire Department			
	Operations	\$586,100	\$586,100	100.0%
	Big Sky School District #72			
	Composter Project	\$4,018	\$4,018	100.0%
	Big Sky Search and Rescue, Inc.			
	Operations	\$35,000	\$35,000	100.0%
	Big Sky Skating and Hockey Association			
	Operations, Programming, Dasher Boards	\$49,110	\$49,110	100.0%
	Big Sky Ski Education Foundation			
	2015-16 Season	\$13,000	\$13,000	100.0%
	Big Sky Trails, Recreation and Parks District			
	Operations	\$7,500	\$7,500	100.0%
	Rollover: Grant Application Process	\$5,473	\$5,473	100.0%
	Big Sky Recreation and Park District Total >	\$12,973.00	\$12,973	100.0%
	Big Sky Transportation District			
	Skyline Bus Service	\$475,000	\$475,000	100.0%
	Friends of Big Sky Education			
	Warren Miller Performing Arts	\$101,800	\$101,800	100.0%
	Friends of the Big Sky Library			
	Operations	\$76,150	\$76,150	100.0%
	Gallatin County Emergency Management			
	Replace the AM radio transmitter in Big Sky	\$20,000	\$20,000	100.0%
	Gallatin County Sheriff's Office			
	Big Sky/Canyon Division Patrol Services	\$264,854	\$264,854	100.0%
	Gallatin River Task Force			
	Watershed Group Funding	\$157,433	\$157,433	100.0%
	Gallatin/Big Sky Weed Committee			
	Noxious Weed Project	\$55,950	\$37,200	66.5%
	Gallatin Valley Snowmobile Association			
	Buck Ridge Trail Grooming	\$20,000	\$20,000	100.0%
	HRDC of District IX, Inc.			
	Big Sky Comm Food Bank: Case Management	\$5,322	\$5,322	100.0%
	Madison Conservation District			
	Jack Creek Water Quality Monitoring	\$9,250	\$9,250	100.0%
	Morningstar Learning Center, Inc.			
	Tuition Reduction and Basecamp to K	\$90,800	\$90,800	100.0%
	Post Office, LLC			
	Rollover: Operations	\$9,444	\$9,444	100.0%
	Shooting Range			
	Land clean up & construction improvements	\$10,000	\$10,000	100.0%
	Visit Big Sky			
	Destination Marketing and Promotions	\$615,123	\$615,123	100.0%
	Women In Action			
	Community & Substance Abuse Counseling	\$45,000	\$45,000	100.0%
OTHER RESORT TAX FUNDING				
RESORT TAX SINKING FUND			\$1,330,239	
NEW RESORT TAX REQUESTS TOTAL >		\$4,069,150.00	\$4,925,543	121.0%
ROLLOVER REQUESTS TOTAL >		\$179,917.00	\$179,917	100.0%
TOTAL REQUESTS >		\$4,249,067.00	\$5,105,460	120.2%
APPROVED REQUESTS =			\$5,105,460.00	

Lone Peak High School sends off 2015 grads

STORY AND PHOTOS BY TYLER ALLEN
EBS SENIOR EDITOR

BIG SKY – Twenty-three royal blue mortarboards were sent aloft into the azure Montana sky on June 6, closing the commencement ceremony for Lone Peak High School's 2015 graduating class.

The 23 Big Sky students are collectively bound for 16 different colleges and universities in 10 different states coast to coast. The 2015 class will matriculate next fall at schools from California's Stanford and Pepperdine universities, east to Minnesota's St. Olaf College and Boston University in Massachusetts, among others.

"If you wanted to start a school and have four grade levels with this caliber [of] students in the graduating class, you'd have a blue ribbon, very prestigious school," said outgoing Superintendent Jerry House prior to the ceremony. "These kids are going to have their sights set pretty high. They're raising the bar [at LPHS]."

The ceremony began at 1 p.m. in the LPHS gymnasium with more than 200 attendees occupying every available seat, and some standing near the gym's entrance. After the high school band performed the national anthem, Superintendent House opened the remarks by welcoming the crowd and introducing the Big Sky School District Board of Trustees. He explained how this sixth LPHS graduating class set a school standard with its academic excellence.



Lone Peak High School's 2015 graduating class

Outgoing assistant principal Tom Yahraes then implored the graduates to put service above themselves – service to others, their community and the environment. "Satisfaction is not how much you get," Yahraes said. "It's how much you give."

Trevor House followed Yahraes with the class address, asking friends and family that have supported this group to applaud themselves. He then mentioned every LPHS teacher

by name, sharing a personal anecdote about each one and thanked all parents in attendance – and his own specifically – before quoting Mark Twain: "The two most important days in your life are the day you are born and the day you find out why."

Language Arts teacher Patty Hamblin fought back tears as she took the podium to deliver the faculty address.

"Never forget where you came from," Hamblin told the graduates after praising their accomplishments. "All a community wants is something to be proud of ... This community has shaped you into who you are today."

Valedictorian Gabby Michel then told the crowd how the class of 2015 buried a time capsule while in middle school, and

had spent the past few weeks trying to find it. Laughter rippled through the auditorium as she described the more than 20 holes she and her classmates dug without success.

"No, we didn't make a map," Michel said. "Hindsight is 20/20." She reflected on the moments she shared with her classmates through the years, including fireside discussions during Expedition Yellowstone; the LPHS football team's very first playoff win this season; the high school's first staged musical last year; and Harbor's Hero Run, a 5K fundraiser organized by the National Honor Society to commemorate six-year-old Harbor DeWaard who died this January.

Dr. Peter Schmieding, a dentist who practices in Big Sky, gave the keynote address about service. Schmieding joked that Justin Timberlake was asked to speak but had a conflict and asked Schmieding to address the class instead.

Schmieding co-founded Tsering's Fund, a nonprofit dedicated to the education of Nepali girls. Since the April 25 earthquake that shattered Nepal, he's traveled to the country for the relief effort and used Tsering's Fund to raise money for those affected.

"Everyone in their heart wants to do something to help someone else," Schmieding said.

As the graduates were called to the stage, Superintendent House recited each of their academic, athletic and artistic accomplishments at LPHS, as well as the scholarships they received and colleges they're attending. After the diplomas were presented, the school band performed "Alma Mater," written and composed by graduate Quinn House.

Applause filled the auditorium as the class of 2015 left the gymnasium. The alumni filed out to the school's courtyard where they sent their mortarboards skyward.



LPHS Valedictorian Gabby Michel reflects on experiences with her 22 former classmates at the June 6 commencement ceremony.

Big Sky Community Library news

BY KATHY HOUSE
EBS CONTRIBUTOR

Summer Programs

School is out for the summer but don't forget that the Big Sky Community Library, located inside Ophir School, stays open all year. BSCL will once again offer summer reading programs at 4 p.m. on Tuesdays from June 23 through July 30, and this year's k-5 theme is "Every Hero has a Story."

A magic show featuring local magician Walt Woolbaugh will kick off the first program on June 23, and is a treat for all ages.

For young adults and high school students, Library Specialist Dani Kabisch is hosting UnMask, a new summer reading program featuring a number of fun events. Pizza will be served during each event, so call the library ahead of time to RSVP. Visit bigskylibrary.org and click on the "Teens YA" link to find out more about this independent summer program.

The popular "Story Time," designed for toddlers through pre-k, will continue every Monday at 10:30 a.m. with a weekly theme. Maria Pichette from the Grizzly and Wolf Discovery Center will be here on Monday, June 29, with something new and exciting to share.

From preschooler's to adults, the library's summer programs offer something for everyone. All programs are sponsored by the Friends of the Library and are free and open to the public. We're all set for a great summer at the library.

New Releases

"The Long Way Home"
By Louise Penny

Happily retired in the village of Three Pines, Armand Gamache, former Chief Inspector of Homicide with the Sûreté du Québec, has found a peace he'd only imagined possible until a neighbor asks for help finding her missing husband.

"The Liar"

By Nora Roberts

Devastated to learn that her unfaithful husband had actually married her using an alias, Shelby returns with her young daughter to her Tennessee hometown and pursues a new relationship before her husband's past poses dangerous threats.

"Missoula: Rape and the Justice System in a College Town"

By Jon Krakauer

The Department of Justice investigated 350 sexual assaults reported to the Missoula police between January 2008 and May 2012. Few of these assaults were properly handled by either the university or local authorities. Krakauer's book chronicles the experiences of several women who were raped in Missoula.

"Memory Man"

By David Baldacci

A man with perfect memory must solve his own family's murder.

"Gathering Prey"

By John Sandford

When his adopted daughter's friend reports that someone has been killing off a circle of nomadic panhandlers, Lucas Davenport travels to North Dakota where he encounters a dangerously violent subculture.

"God Help the Child"

By Toni Morrison

Sweetness, a light-skinned African American, never

gave her dark-skinned daughter, Bride, her full love because of the hue of her skin. As an adult, Bride is beautiful and successful, but she has never overcome that childhood rejection, something Sweetness is only now coming to understand.

"The Residence: Inside the Private World of the White House"

By Kate Andersen Brower

This book reveals daily life in the White House as it is really lived through the voices of the maids, butlers, cooks, florists, doormen, engineers, and others who tend to the needs of the President and First Family. Spanning over 50 years and 10 administrations, "The Residence" sheds light on the day-to-day events of the White House, the President of the United States, and his family.

There are several books and audio/visual materials that are currently over due. Please watch for notices in the mail and return or renew your library materials as soon as possible.

Friends of the Library meeting

The next scheduled FOL meeting is June 17, at 10 a.m. in the library. We will start preparing for book sales at the Big Sky Farmers Market.

This is a great opportunity to meet community members and get involved. For more information on becoming an FOL member, contact FOL chair, Kay Reeves at (406) 600-7152, or call the library.

Hours: Sunday 1-5 p.m.
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BSSD board selects new superintendent

BIG SKY SCHOOL DISTRICT

BIG SKY – The Big Sky School District on June 1 announced that Dr. Dustin Shipman will be the next superintendent of the district.

Shipman has been the Director of the American International School in Vilnius, Lithuania, for the past three years. Prior to this position, he served as the Superintendent of the Boulder, Colo. Elementary School District for five years; was an education director and teacher in Helena; and Head of the English as a Second Language Department of a British International School in Kiev, Ukraine.

Shipman earned a bachelor’s degree in English from Montana’s Carroll College, a master’s in international education from Framingham State in Massachusetts, and a master’s and doctorate in educational leadership from Montana State University.

“We had an exceptional pool of candidates vie for our superintendent position and the board was unanimous in its decision to offer Dr. Shipman the position,” said Loren Bough, Chair of the BSSD School Board of Trustees. “His clear focus is on the interests of students and educational rigor, a priority shared by the board of trustees.

“We have had great success in the educational opportunities for our students,” Bough added. “Our current administration, led by Superintendent Jerry House, has been instrumental in moving the district forward.”

Shipman’s official start date will be Aug. 1.



Shipman and his son, Juliusz, watch the 2014 groundbreaking ceremony for a new American International School building in Vilnius, Lithuania. PHOTO BY JEREMY ELLIS



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Exploring Yellowstone from the West

BY CAITLIN STYRSKY
EBS CONTRIBUTOR

WEST YELLOWSTONE – Yellowstone National Park has many options to explore, but you don't have to actually stay in the park to experience it all. Travelers lodging in West Yellowstone have a number of opportunities for day excursions including guided bus tours, fly-fishing trips, cycling and hiking adventures.

Bus tours provide guided trips to Yellowstone's most popular sites without the stress of driving your own car on the narrow, winding roads. Buses pick up visitors at their hotel in the morning, visit the park's main attractions, and return to town in time for dinner.

"You're going to be seeing the majority of Yellowstone," according to Said Medina, a tour guide with Buffalo Bus Touring Company. "Go into it knowing that you're going to see the world's first national park and it's hard not to have a good day."

A tour of the lower loop highlights Old Faithful, the geyser basins and Yellowstone Falls, while the upper loop offers a greater chance for wildlife sightings. Both routes make regular stops at points of interest and for wildlife viewing along the way. Guests should expect a full eight- to nine-hour day and be prepared with a rain jacket, camera and a positive attitude.

Guided fishing trips are another popular experience for Yellowstone visitors. A number of fly-fishing shops in West Yellowstone offer guided full- and half-day trips to take advantage of the park's world-class fly fishing. During the summer season, anglers can fish the Firehole, Madison and Gibbon rivers as well as lakes and streams throughout the park.

"Guided trips allow beginners and experienced anglers an opportunity to fish the legendary

waters of Yellowstone," said Arrick Swanson, owner of Arrick's Fly Shop. "Guides can take you to the best fishing holes and give you the best chance of catching trout."

Most shops provide equipment rentals for travelers packing light, or those new to the sport. Visitors fishing on their own can pick up a Yellowstone fishing license and equipment in town and head into the park for a day of exploration. Anglers are encouraged to read the Yellowstone fishing regulations and abide by park rules.

Cycling is an option for tourists looking to explore the park at their own pace. During the summer season, cycling is permitted on park roads and mountain biking is allowed on specific trails. Local shops in West Yellowstone rent both road and mountain bikes at hourly or daily rates.

"I would recommend getting an early start due to the summer traffic," said Kelli Hart, co-owner of Freeheel and Wheel, a ski and bike shop in West Yellowstone. "Otherwise, you can wait until 11 a.m. to let all the morning vehicle traffic into the park, then you can bike in and be back by 3 p.m."



The Firehole River is one of the many fishing options to explore from West Yellowstone. PHOTO BY MICKEY WOOTEN

Hart recommends several cycling routes along the park's main roads as well as options for mountain bike enthusiasts including Fountain Flat Road, Lone Star Geyser and Bunsen Peak Trail. Visitors are encouraged to check with a local bike shop for cycling conditions, pick up a map, and exercise caution due to the large volume of vehicle traffic during the summer months.

Hiking offers a chance for Yellowstone visitors to explore off the beaten path. A day hike in the park can range from a short, two-hour hike to an all-day excursion. A number of maps and guidebooks provide hiking options for all levels and durations. Hikers should remember that Yellowstone is located at a high altitude and to be prepared with plenty of water and snacks – and always carry bear spray.

Whatever you choose as a means for exploration, Yellowstone's West Entrance is the perfect hub to experience everything the park has to offer.



Mountain biking on the Bunsen Trail, one way to see Yellowstone National Park at your own pace. PHOTO BY KELLI HART

GYC, USFS partner for bear-safe campgrounds

GREATER YELLOWSTONE COALITION

BOZEMAN – Millions of visitors who camp and picnic in national forests in the Greater Yellowstone Ecosystem can sleep more soundly this summer.

A new partnership between the Greater Yellowstone Coalition and the U.S. Forest Service will upgrade Forest Service campgrounds across the region with bear-management related features. Over the next three years the GYC and USFS will install bear-safe food storage containers and informative kiosks at 164 campgrounds as funding and resources allow.

“The conservation of grizzly bears in the Greater Yellowstone has the potential to be a remarkable success story, a shining example of how people and wildlife can exist together in harmony,” said Caroline Byrd, Executive Director of the Greater Yellowstone Coalition.

Officials estimate more than 700 adult grizzly bears roam the 20 million acres of the Greater Yellowstone. Surrounding Yellowstone National Park, the ecosystem includes the Gallatin-Custer, Beaverhead-Deerlodge, Shoshone, Caribou-Targhee, and Bridger-Teton national forests. There are 164 USFS-developed campgrounds on those forests, each with numerous campsites.



A collared grizzly bear forages for food in Lamar Valley. PHOTO COURTESY OF NPS

“A simple fact of grizzly conservation is that ‘a fed bear is a dead bear,’” said Garth Smelser, Forest Supervisor of the Caribou-Targhee National Forest. “We know from our experiences in the Greater Yellowstone area these kinds of campground improvements have positive consequences for grizzlies and the public.”

Wildlife learning that campgrounds are a source of food can result in wildlife mortality and a serious safety concern for people, according to Chris Colligan, GYC’s Wildlife Program Coordinator.

“From chipmunks to grizzly bears, everyone is better off when wildlife focus on their natural food sources,” Colligan said. “These campground upgrades make camping easier, while informing visitors who may not know the importance of proper food storage.”

The effort is projected to cost \$900,000 to meet the needs of the 164 campgrounds. The Greater Yellowstone Coalition has raised \$250,000 for the project from its donors, and these resources are combined with matching grants and federal funding from the USFS.

The GYC/USFS containers are manufactured in Cody, Wyo., and tested by the captive bears at West Yellowstone’s Grizzly Discovery Center.

Forest Service crews are in the process of installing the bins over the course of the next few months at campgrounds throughout the five national forests in Wyoming, Montana and Idaho.

“We all enjoy hiking, sightseeing and camping in Yellowstone as well as the surrounding national forests,” said U.S. Senator from Montana Jon Tester. “These investments in bear-safe bins will protect people and support the recovery of grizzly bears throughout the Greater Yellowstone.”

All Yellowstone roads open for the season

YELLOWSTONE NATIONAL PARK

As of June 11, Yellowstone National Park visitors are able to travel between West Thumb Junction and Old Faithful, when the last stretch of park road over Craig Pass opened for the season.

Construction crews removed a nearly 75-year-old bridge over Isa Lake on Craig Pass, replacing it with a new bridge and widening the road to handle the current volume of traffic.

“Crews have placed beams and paved the surface and approaches,” said Mike Angermeier, Yellowstone’s landscape architect. Angermeier added that crews were on target to open the road at 7 a.m. on Thursday, a day after EBS went to press, with minor traffic delays of up to 30 minutes expected.

Crews will be working on the bridge railing, adding signs, topsoil and seed mulching, as well as completing the pedestrian areas. The project also entails reconstructing two pullouts and adding an additional pullout to the northwest of the bridge. The park expects the project to be completed Sept. 10.

Elsewhere in the park, improvement projects continue on a 5.4-mile stretch of road between the Norris Campground and Mammoth Hot Springs, as well as the bridge over the Gardner River. Visitors should expect up to 30-minute delays and potentially muddy conditions as crews work to complete that project by Oct. 1.

Visitors will also see construction activity around Gardiner as crews enhance access to Yellowstone through the North Entrance. The project includes improving U.S. Highway 89; revamping parking, traffic flow, signage and lighting; providing accessible walkways; building a welcome center with public restrooms; as well as construction of a new North Entrance station and an Arch Park amphitheater.

During the project, visitors will still be able to access the historic Roosevelt Arch for photos.

Visit gardinergatewayproject.org for more detailed information on the Gardiner Gateway Project, and visit nps.gov/yell/planyourvisit/roadclosures for up-to-date Yellowstone road construction information.

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Section 2:
BUSINESS, SPORTS
AND HEALTH



Homestead '89 showcases Montana's rustic side

BY TYLER ALLEN
EBS SENIOR EDITOR

BOZEMAN – Rustic furniture is in vogue in southwest Montana. One need only drive south on Highway 191 from Four Corners, past the many shops and lumberyards advertising reclaimed barn wood.

Rory's Rustic Furniture in Four Corners has been riding that wave since Rory Egelus opened his shop space four years ago. Business has been so good that on June 17 he plans to open a new showroom called Homestead '89 in the same building.

The space will feature Egelus' furniture – made from reclaimed barn, fence and corral wood – as well as custom work from other Montana craftsmen. Featured artists include Bozeman metal sculptor Brad Van Anderson, Big Sandy landscape photographer Craig Edwards, as well as custom sinks from Missoula's Mountain Copper Creations.



Homestead '89 showcases the work of Rory's Rustic Furniture and other artisans from around the state. PHOTOS BY RORY EGELUS



Rory Egelus' in his Four Corners showroom Homestead '89. PHOTO BY TYLER ALLEN

Egelus will also share the space with another furniture maker, Randy Hillner from Big Timber. Hillner's juniper rocking chairs and lamps make a striking addition to the showroom, with the trees' cream-colored sapwood twisting through the dark red heartwood in each piece.

Homestead '89 takes its name from the year Montana gained statehood – 1889 – and is a tribute to the craftsmen and artists in the Treasure State, Egelus said.

“From what I see there’s a lot of people that come into Big Sky that want that rustic Montana feel,” Egelus said. “Whether [it’s their style] at home or not, they want their getaway to be rustic.”

The term “rustic furniture” can be traced back to the Great Depression and other hard times in U.S. history, when people used any material they could find to build tables and chairs. However, the intended use of reclaimed materials for aesthetic purposes likely began in New York’s Adirondack Mountains in the 1800s, where wealthy Americans of the time built their “great camps.” The ubiquitous Adirondack chair originated during this period.

Egelus grew up in Palmer, Alaska and says woodworking has always been a hobby. Before moving to Montana he made bent-willow furniture, and peeled logs part time while earning a degree in construction engineering technology from Montana State University.

Until the showroom opens this month, Egelus' work is exclusively direct-to-customer – by word of mouth, through his website, or to those who find his shop on Highway 191. Bob von Pentz has owned a log home for 15 years near the mouth of Gallatin Canyon, and began a comprehensive remodel of the building last summer.

“I had an interest in an entertainment center and wanted to do something rustic,” von Pentz said, adding that the project shifted gears immediately. “The one thing he hasn’t done yet is the entertainment center.” Instead, Egelus built and installed a bedroom cabinet, three bathroom vanities, a custom bar, a fireplace mantle, and kitchen shelving.

The custom bar wood was reclaimed from an old granary on nearby Axtell Road and that’s part of the appeal, von Pentz said. “I get a psychic pleasure knowing where the materials came from.”

continued on pg. 18

continued from pg. 17

That’s one reason Rory’s Rustic Furniture stands out from other reclaimed-wood craftsmen, Egelus’ said, because they reclaim all the wood themselves and can tell customers the story of its origins. While he and his team handle the whole process from start to finish, it’s not without its challenges.

“I call it angry wood,” said Chris St. Don, one of Egelus’ four full-time employees. St. Don said the old wood can be full of knots, or twisted from decades of exposure to sun, wind and rain. “You have to know where to use it, and a vision of the project from beginning to end.”

Egelus says the green movement has encouraged people to use reclaimed material, and their work isn’t limited to one aesthetic – Rory’s Rustic Furniture is experimenting with other reclaimed material like metal, as well as stains and burning techniques.

“Just because its reclaimed doesn’t mean we’re always rustic,” Egelus said.

Homestead ‘89 is located at 81549 Gallatin Road, Unit 4 and will be open everyday from 10 a.m. to 6 p.m.



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Show your email who's boss



BY JOHANNE BOUCHARD
EBS BUSINESS COLUMNIST

What once took weeks to get a response to a letter, now can take seconds. Online communication has many benefits, but it can also consume much of our time.

The modern expectation of an instantaneous response affects how and with whom we communicate. We're inundated with emails to our private and business accounts; texts; voicemails; and messages on LinkedIn, Facebook and Skype, among others.

Clients and friends ask me how to prevent becoming overwhelmed with modern communication – since I'm disciplined about prioritizing and processing incoming messages, I've developed some tips:

Eliminate unwanted incoming communications.

Make sure you have effective anti-spam software on your computer to decrease, and ideally eliminate, the volume of inappropriate emails in your inbox. Only accept connections on social media from people you'd like to hear from, and manage notifications on all your profiles to limit

what comes through email. Be selective about which profiles include your contact information and manage privacy settings to determine who can see them. Take time to unsubscribe from every mailing list you no longer wish to be on.

Prioritize communications. Schedule 30-60 minutes at the beginning of the day exclusively for email, then allow for short check-ins at set times the rest of the day. Otherwise, email can wind up eating away your entire workday. Attend first to business emails and inbound messages on LinkedIn. If applicable, check your preset mailboxes for new messages, then attend to personal email. Acknowledge and/or respond to everything that warrants immediate action; delete messages without relevancy; categorize what requires your attention within 24-48 hours; and file what must be archived where you can find it.

Filter incoming messages. Inbound email messages can be automatically directed to mailboxes for contacts with whom you frequently interact and receive a great volume of emails. Also, appropriately labeling subjects of your email communication makes an enormous difference in time spent on incoming responses.

Discipline yourself. Email is distracting and makes it harder to focus and be present. Close your computer and ignore your phone when possible. If you can't be totally disconnected, move devices away from your desk so you can focus on what you must do. Set an alarm or timer and don't get distracted until it rings. I often advise people to consider adopting the Pomodoro Technique, which is one of the simplest techniques to effectively break your work down into short, timed intervals. It is important to manage your time by learning to work in short cycles, to sustain your attention span and concentration.

Take a last look. Before you retire for the day, check your inbox for emails that might impact your schedule the next day, such as a meeting cancellation or change; an urgent request for a new meeting; a new Skype conversation; or a deadline status. Anything that can wait until the next business day, should.

Modern communication should not lead our lives, we just need to manage it as one aspect of our day. It's important to streamline how we communicate via email so we're not constantly reacting to endless communication. Also, know when it's time to pick up the phone and minimize wasted time or misunderstandings that can result from too many emails.

Locals Fishing Report from Gallatin River Guides

Brought to you by Jimmy Armijo-Grover, General Manager



I think it's safe to say we're over the hump of spring runoff! From here on out the Gallatin, Madison and tributaries will continue to drop and clear at a pretty steady rate, which means we'll be fishing the Gallatin any day now (a few already are) and the Yellowstone isn't too far away.

That being said there is lots of great fishing to take advantage of now and insect hatches should start to really blow up in the coming days. Any day now we can expect Salmonflies followed by Golden Stones on the lower Madison and Firehole River and we already are seeing a variety of caddis, Yellow Sallies and more.

The Firehole has been a big hit with White Miller Caddis, baetis and some PMDs coming off. Dry fly fisherman will find several hours of consistent dry fly fishing on most days and swinging soft hackles or caddis patterns just below the surface seems to consistently produce fish on this river. The Madison in the park will fish similarly, but insect activity has been a little lighter than on the Firehole. Keep your eye out for baetis and PMDs. Salmonflies will probably be in full swing on the Madison and Firehole in the park by the time you read this!!!

The walk wade section of the Madison around Raynold, 3 Dollar, etc. has been a great option for those in search of consistently big fish. Nymphing with a variety of nymphs like Green Machines, Soft Hackle Pheasant Tails, Zebra Midges, Pat's Rubber Legs, Flashback Hare's Ears, and more. On an overcast day you can still have good dry fly action with baetis and midges and now caddis are starting to come off in bigger numbers. The West Fork is still pumping in quite a bit of mud, so fishing from there to Ennis has been a mixed bag.

For those wanting a good option closer to Bozeman the lower Madison is still fishing pretty fair, but mostly subsurface now. Rubber Legs, Clouser Crayfish, Lightning Bugs, Green Machines, Worms and more have been producing good numbers of fish. Salmonflies any day now...

Happy fishing!

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Amuse-bouche

Amuse-bouche refers to an appetizer, and by French translation means, “to entertain the mouth.” It offers a glimpse into what you should expect from a meal. Also it’s free, compliments of the chef.

Isn’t all food farm-to-table?



BY SCOTT MECHURA
EBS FOOD COLUMNIST

An elite catchphrase, “farm-to-table” was once reserved for a small group of pioneering chefs and restaurants to describe the short path

premium produce, dairy and meats took from dirt to linen.

But the phrase has evolved in the U.S. into the latest mainstream idiom as we constantly reinvent hip dining in America.

My friend’s father-in-law affirmed my questioning of this colloquialism a couple years ago on the coast of France. “What peculiar marketing in your country,” he mused. “I see this phrase, farm-to-table, in American publications more and more. What does it mean? Isn’t all food grown on a farm, and isn’t all food served on a table?”

When I heard the words aloud, I took pause; shouldn’t that be a silly question to ask? Apparently not.

We say we are ready for farm-to-table. We think we are. But we’re in a time when we see healthy, vibrant lettuce sent back in a restaurant because

the leaves have tiny holes from bugs for lack of pesticides.

The research and development organization Florida Tomato Committee prevents one of the juiciest, most flavorful tomatoes, the UglyRipe, from ever seeing the open market because they are, well, ugly. Instead, perfectly spherical green orbs morph en route in a tempered truck to your local grocery store.

The majority of grocers from any geographic region of the U.S. sell primarily the same produce because it’s simply the most colorful and the prettiest, but not necessarily the most nutritious. I wonder if the short road from farm to table has taken a detour and lost us in an unfamiliar neighborhood.

Along with other organizations, the Chefs Collaborative, a nonprofit dedicated to building a sustainable national food system, estimates the average plate of food we eat has traveled approximately 1,500 miles.

This seems like a long way to me. Why does a food’s journey have to be so complicated? It’s interesting that as a nation we rediscovered ourselves in the way we eat by declaring that, get ready, some restaurants actually get much or all of their product directly from a farmer or rancher. Brilliant!

I suspect that not too long ago a conversation about farm-to-table foods would never happen because that’s simply the way it was. It was simply the way we ate and the way we handled our food.

On a recent fieldtrip, a handful of the Buck’s T-4 team visited a few local ranchers and farmers to see where some of our proteins and produce begins. It wasn’t that far away. And it was affirming to see people genuinely interested in not only where their food comes from, but also that despite the size of our state, the road from farm to table can be shorter than we realize.

We came to know the farmers and ranchers on a personal level. We saw first-hand the “re-freshingly short journey some of our partners’ products took to get to us, as well as how good it made them feel in the process.

Here in Big Sky we don’t exactly live in a climate rich with produce and full of livestock. But every purchase we make of a homegrown steak, head of lettuce, beet, or radish, will help small and local farms thrive in getting these goods directly to your table.

Scott Mechura has spent a life in the hospitality industry. He is a former certified beer judge and currently the Executive Chef at Buck’s T-4 Lodge in Big Sky.

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Miner girls' soccer takes bronze at states

BY PETER MANKA
EBS CONTRIBUTOR

KALISPELL – The Big Sky Football Club U12 girls' soccer team played its inaugural season in the Montana Youth Soccer Association traveling league this spring. The season culminated June 6-7 with the State Showcase Tournament in Kalispell, where the Miner girls took third place.

The season that began in late April posed significant challenges with rain or snow at nearly every practice and game. The team traveled throughout western Montana playing a 16-game schedule, including two tournaments.

At the state tournament, the Miner girls' first game in group play pit them against Missoula's Ravalli United, a team that matched them well in two previous games earlier in the season, with each squad winning a game. The Miners dominated ball possession with tight passing and organization, and took twice as many shots as Ravalli. Despite controlling much of the game, the match ended in a 1-1 draw.

Big Sky played Helena's Arsenal Gold team in the second group play game. The Miners again controlled possession and finally broke through with a scoring barrage at the end of the first half. They continued the pressure in the second half en route to a 4-1 victory.

At the end of group play, the Miners were tied with Ravalli United in record, goal differential, and all subsequent tie-breaking categories. This set up a penalty shootout at high noon on Sunday, with a spot in the championship game on the line. The teams met on the pitch under the blazing northwest Montana sun, trading bullets at the opposing keepers, but Ravalli United emerged victorious by one goal.

Despite the setback, the Miner's performance in group play earned them a spot in the third place match. They faced an inspired Helena Arsenal side that landed the initial blow with a quick strike from inside the box. The Miners regained their composure and reasserted their passing game, soon tying the game and taking a 1-1 draw into halftime.

In the second half, the Miners' continued pressure created numerous opportunities resulting in several quick goals. The defense

was unwavering in the second half as they shut out the Arsenal attack, cementing a 7-1 victory and the bronze medal at the State Showcase Tournament.

The Miner boys' team went 1-1 in group play during the tournament, and ultimately were bounced by Livingston FC in the semifinals.

"[The Miner boys] have improved in huge strides this year, from the beginning of the season to where they finished this year," said Head Coach Koy Hoover, noting they brought home a silver medal from the Missoula Memorial Cup earlier this spring.

In their first season as an all-girls team, the lady Miners made a strong showing for the Big Sky Football Club. Krisy Hammond, Katie Alvin, and Michelle Horning managed the team coached by Jaci Clack, and the Yellowstone Club Community Foundation supported the team with tournament and league expenses, as well as providing new regulation-sized goals for the Big Sky Community Park fields.

Peter Manka is an assistant coach for the Big Sky Football Club U12 girls' soccer team.



The Miner girls' U12 soccer team sporting their bronze medals on June 7 after the State Showcase Tournament in Kalispell. PHOTO BY MICHELLE HORNING



Big Sky's Miles Hoover tackling a ball away from a Missoula striker, during the Miner boys' campaign at the state tournament in Kalispell. PHOTO BY KATIE ALVIN



Riley Becker drives a free kick during league play in Big Sky earlier this spring. PHOTO BY STEFAN ZWAHLEN

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League games take place each Monday through Wednesday at the Big Sky Community Park softball fields. PHOTO BY KELSEY DZINTARS

Big Sky Softball League 2015

The Big Sky Softball League kicked off its 16th season of official league play on June 8. The 16 teams are competing for the titles of league and tournament champions. Three new squads consisting of both old and new players, as well as new sponsors, joined this year: The Cave, Jarvis Custom Builders, and Lone Mountain Land Company.

“It looks to be another competitive season,” said League Commissioner Lee Horning, who plays for the Hillbilly Huckers and took over this season for former commissioner Eric Ladd.

“It’s taken many volunteers to get the league where it is and to get the fields built and maintained,” Horning said. “It’s quite an undertaking for a relatively new, but unincorporated [community] of our small size.”

Horning added that he hopes the league will continue to serve as a fun gathering for the community to enjoy a sport that people of all athletic abilities can play.

Games take place each week, Monday through Wednesday, at the Big Sky Community Park softball fields. The end-of-season tournament is scheduled for Aug. 28-30. – M.W.



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2015 BIG SKY SOFTBALL LEAGUE SCHEDULE

		FIELD 1					FIELD 2				
		Away		Home	Umpire	Away		Home	Umpire		
Monday	June 8, 2015	6:00pm	3	v	16	4	6:00pm	5	v	15	7
		7:15pm	16	v	4	3	7:15pm	15	v	7	5
Tuesday	June 9, 2015	6:00pm	13	v	6	8	6:00pm	9	v	12	1
		7:15pm	8	v	13	6	7:15pm	12	v	1	9
Wednesday	June 10, 2015	6:00pm	2	v	11	14	6:00pm	4	v	10	6
		7:15pm	11	v	14	2	7:15pm	6	v	10	4
Monday	June 15, 2015	6:00pm	3	v	10	11	6:00pm	4	v	8	9
		7:15pm	3	v	11	10	7:15pm	4	v	9	8
Tuesday	June 16, 2015	6:00pm	5	v	12	13	6:00pm	15	v	6	16
		7:15pm	5	v	13	12	7:15pm	16	v	6	15
Wednesday	June 17, 2015	6:00pm	14	v	1	2	6:00pm	7	v	10	11
		7:15pm	2	v	14	1	7:15pm	7	v	11	10
Monday	June 22, 2015	6:00pm	6	v	7	8	6:00pm	9	v	10	11
		7:15pm	6	v	8	7	7:15pm	9	v	11	10
Tuesday	June 23, 2015	6:00pm	12	v	13	14	6:00pm	15	v	16	1
		7:15pm	12	v	14	13	7:15pm	15	v	1	16
Wednesday	June 24, 2015	6:00pm	5	v	2	6	6:00pm	7	v	3	4
		7:15pm	6	v	2	5	7:15pm	4	v	7	3
Monday	June 29, 2015	6:00pm	1	v	2	3	6:00pm	4	v	5	6
		7:15pm	1	v	3	2	7:15pm	4	v	6	5
Tuesday	June 30, 2015	6:00pm	7	v	8	9	6:00pm	10	v	11	12
		7:15pm	7	v	9	8	7:15pm	10	v	12	11
Wednesday	July 1, 2015	6:00pm	13	v	14	15	6:00pm	16	v	1	2
		7:15pm	13	v	15	14	7:15pm	2	v	16	1
Monday	July 13, 2015	6:00pm	3	v	2	4	6:00pm	6	v	5	7
		7:15pm	4	v	2	3	7:15pm	7	v	5	6
Tuesday	July 14, 2015	6:00pm	8	v	9	10	6:00pm	11	v	12	13
		7:15pm	8	v	10	9	7:15pm	11	v	13	12
Wednesday	July 15, 2015	6:00pm	14	v	15	16	6:00pm	1	v	4	5
		7:15pm	14	v	16	15	7:15pm	1	v	5	4
Monday	July 20, 2015	6:00pm	rain out				6:00pm	rain out			
		7:15pm	rain out				7:15pm	rain out			
Tuesday	July 21, 2015	6:00pm	4	v	3	5	6:00pm	8	v	11	12
		7:15pm	5	v	3	4	7:15pm	8	v	12	11
Wednesday	July 22, 2015	6:00pm	9	v	13	14	6:00pm	1	v	6	7
		7:15pm	14	v	9	13	7:15pm	1	v	7	6
Monday	July 27, 2015	6:00pm	7	v	2	13	6:00pm	3	v	14	15
		7:15pm	2	v	13	7	7:15pm	3	v	15	14
Tuesday	July 28, 2015	6:00pm	11	v	4	12	6:00pm	9	v	5	10
		7:15pm	12	v	4	11	7:15pm	10	v	5	9
Wednesday	July 29, 2015	6:00pm	14	v	6	3	6:00pm	1	v	8	16
		7:15pm	6	v	3	14	7:15pm	16	v	8	1
Monday	August 3, 2015	6:00pm	rain out				6:00pm	rain out			
		7:15pm	rain out				7:15pm	rain out			
Tuesday	August 4, 2015	6:00pm	9	v	2	1	6:00pm	10	v	13	14
		7:15pm	9	v	1	2	7:15pm	10	v	14	13
Wednesday	August 5, 2015	6:00pm	11	v	5	6	6:00pm	12	v	7	15
		7:15pm	11	v	6	5	7:15pm	12	v	15	7
Monday	August 10, 2015	6:00pm	13	v	7	1	6:00pm	14	v	8	5
		7:15pm	13	v	4	7	7:15pm	5	v	14	8
Tuesday	August 11, 2015	6:00pm	2	v	15	11	6:00pm	16	v	9	10
		7:15pm	11	v	15	2	7:15pm	10	v	16	9
Wednesday	August 12, 2015	6:00pm	12	v	6	3	6:00pm	10	v	1	2
		7:15pm	3	v	12	6	7:15pm	2	v	10	1
Monday	August 17, 2015	6:00pm	11	v	1	13	6:00pm	8	v	2	12
		7:15pm	13	v	1	11	7:15pm	2	v	12	8
Tuesday	August 18, 2015	6:00pm	14	v	4	15	6:00pm	9	v	3	5
		7:15pm	15	v	4	14	7:15pm	5	v	16	9
Wednesday	August 19, 2015	6:00pm	10	v	15	6	6:00pm	14	v	7	16
		7:15pm	6	v	9	10	7:15pm	16	v	7	14
Monday	August 24, 2015	6:00pm	8	v	3	5	6:00pm	16	v	11	12
		7:15pm	8	v	5	3	7:15pm	16	v	12	11
Tuesday	August 25, 2015	6:00pm	15	v	8	9	6:00pm	13	v	16	3
		7:15pm	15	v	9	8	7:15pm	3	v	13	16
Wednesday	August 26, 2015	6:00pm	rain out				6:15pm	League Championship Game			
		7:15pm	rain out								
Friday	August 28, 2015	TOURNAMENT					TOURNAMENT				
Saturday	August 29, 2015	TOURNAMENT					TOURNAMENT				
Sunday	August 30, 2015	TOURNAMENT					TOURNAMENT				

TEAMS

- 1
- Black Bear
- 2
- Yeti Dogs
- 3
- Hillbilly Huckers
- 4
- Scissorbills
- 5
- Riverhouse
- 6
- Yellowstone Club
- 7
- Blue Mooners
- 8
- Cab Lizards
- 9
- Broken Spoke
- 10
- Milkie's
- 11
- Montucky Moonshiners
- 12
- Country Market
- 13
- The Cave
- 14
- Lone Mountain Land Co.
- 15
- Jarvis Custom Builders
- 16
- Big Sky Beavers

STANDINGS: Wins-Losses

Country Market	2-0
The Cave	1-1
Riverhouse	1-0
Yellowstone Club	1-0
Blue Mooners	1-0
Black Bear	0-1
Cab Lizards	0-1
Broken Spoke	0-1
Jarvis Custom Builders	0-2
Yeti Dogs	0-0
Hillbilly Huckers	0-0
Scissorbills	0-0
Milkie's	0-0
Montucky Moonshiners	0-0
Lone Mountain Land Co.	0-0
Big Sky Beavers	0-0

*Standings as of June 9



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This exhibition was supported, in part, by the National Science Foundation. *Chocolate* and its national tour were developed by The Field Museum, Chicago.

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HEALTH & WELLNESS

Headaches: a pain in the neck

BY AMY PAKULA
EBS CONTRIBUTOR

A splitting headache is not the way to begin or end a long day of work or play. Headache treatment can be a challenge for both patients and healthcare providers – several types of headaches exist and, considering that individuals may suffer from more than one type, diagnosis can be difficult.

The three most common headache types are tension, migraine, and cervicogenic, which originate in the joints or muscles of the neck. In other words, you are suffering from a “neck headache.”

Effective treatments exist for almost every type of headache. A physical therapist can alleviate cervicogenic headache symptoms with joint stretching and simple exercises. The key to determining the most appropriate treatment is diagnosis. Here are some ways to know if you’re suffering from a cervicogenic headache, based on the International Headache Society guidelines:

- Neck pain is present before or during the headache. Patients often report, “My neck starts getting sore and then the headache comes on.”
- The headache often begins at the base of the head and spreads to the front of the head or temples.
- Neck stiffness is present. Patients with cervicogenic headaches often have decreased neck mobility and commonly report difficulty and/or pain when turning their head side-to-side or tipping it back.
- Neck movements or sustained neck positions trigger headaches. Patients with jobs that require long periods of working at a computer or holding their neck for prolonged periods in awkward positions – such as slightly to the side or looking up – like carpenters or electricians, often have cervicogenic headaches.
- The pain tends to be worse on one side of the head. Normally the side that hurts is constant and the pain does not switch sides.



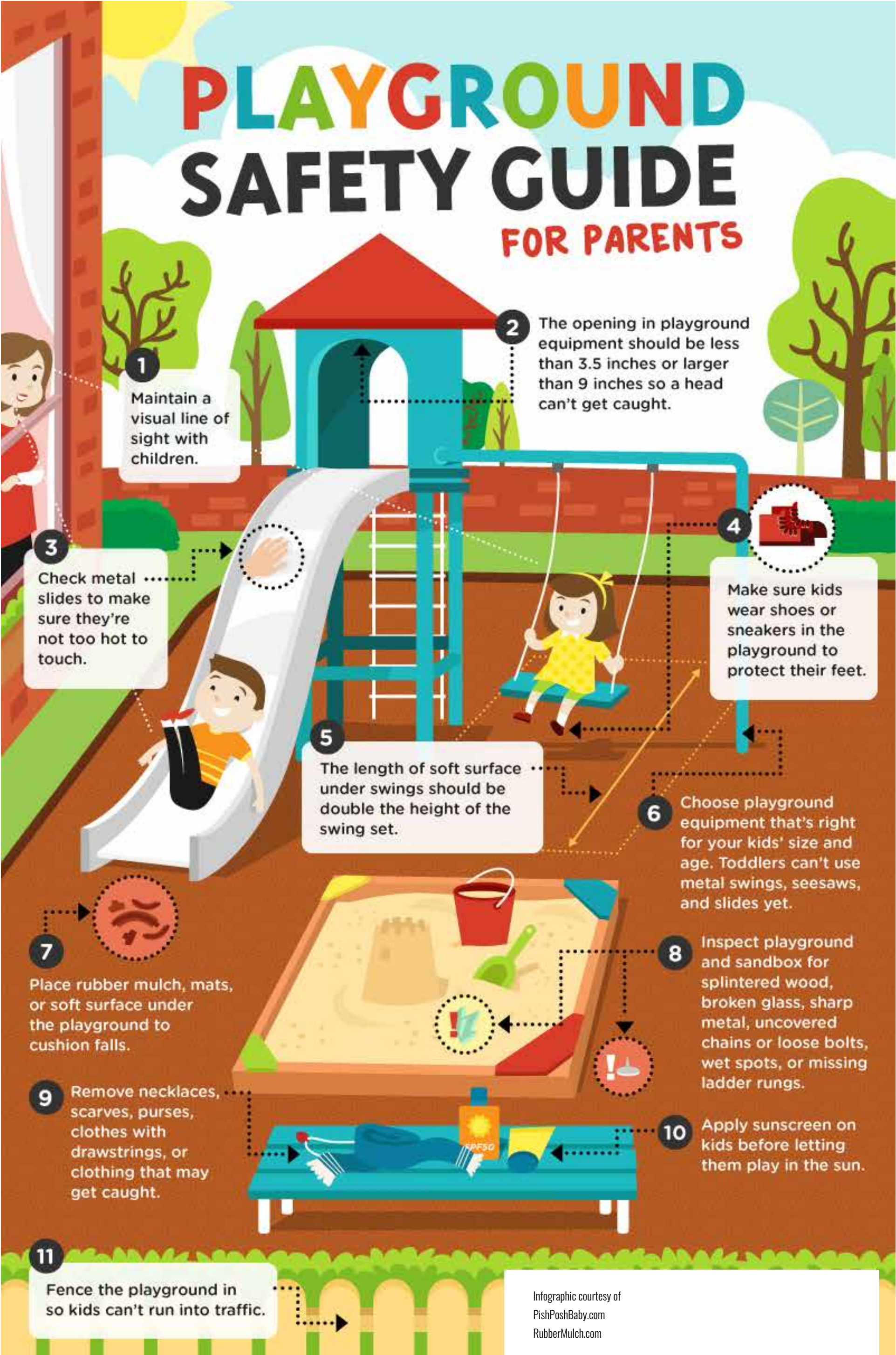
Alternatively, headaches accompanied by significant vision disturbance, sensitivity to light or sound and lack neck pain may be a different type of headache such as a migraine. Over the past several years physical therapists have developed new tests to greatly improve accuracy in diagnosing headache causes.

If your headache is coming from your neck, a physical therapist can alleviate pain by stretching or mobilizing problematic joints and muscles. They can also teach you how to maintain joint mobility and strength to keep them from returning. If your headache is not coming from your neck, a physical therapist can refer you to the proper medical doctor and get you on the pathway to appropriate treatment. If you’re dealing with headaches, don’t ignore them. A few physical therapy treatments are often the simple, safe and affordable solution.

Amy Pakula is a physical therapist that practices at Bozeman’s Momentum Physical Therapy and specializes in treatment of the spine. She’s a board certified specialist in orthopedics and is a fellowship trained orthopedic manual physical therapist. Visit momentumtmt.com for more information.



Physical therapy can be one method to help alleviate headaches that originate in the joints or muscles of the neck. PHOTOS BY DIANA PROEMM



PLAYGROUND SAFETY GUIDE

FOR PARENTS

1 Maintain a visual line of sight with children.

2 The opening in playground equipment should be less than 3.5 inches or larger than 9 inches so a head can't get caught.

3 Check metal slides to make sure they're not too hot to touch.

4 Make sure kids wear shoes or sneakers in the playground to protect their feet.

5 The length of soft surface under swings should be double the height of the swing set.

6 Choose playground equipment that's right for your kids' size and age. Toddlers can't use metal swings, seesaws, and slides yet.

7 Place rubber mulch, mats, or soft surface under the playground to cushion falls.

8 Inspect playground and sandbox for splintered wood, broken glass, sharp metal, uncovered chains or loose bolts, wet spots, or missing ladder rungs.

9 Remove necklaces, scarves, purses, clothes with drawstrings, or clothing that may get caught.

10 Apply sunscreen on kids before letting them play in the sun.

11 Fence the playground in so kids can't run into traffic.

Infographic courtesy of
PishPoshBaby.com
RubberMulch.com



From Jackie *with love*

Three powerful steps to transformation



BY JACKIE RAINFORD CORCORAN
EBS HEALTH COLUMNIST

Changing habits and overcoming cravings can be challenging. It doesn't take a psychologist to know obstacles to success

often begin in the mind. But transformation and growth is possible. Here are three powerful steps to get your mind on board and replace old dysfunctional patterns with new, more useful ones.

Step one: Awareness

It's common to be in denial or unaware of habits that are detrimental to our health. If we're unsure of where unhealthy habits lurk in our lives, we can look to symptoms we're experiencing for greater insight: losing muscle tone; gaining weight; experiencing a low sex drive; getting sick regularly; having digestive issues; not sleeping well; or feeling easily agitated. After bringing awareness to symptoms, list the potential causes. As G.I. Joe said, "Knowing is half the battle."

Step two: Stories

What stories do you tell yourself about your habits and cravings, and are they true? Many of us grew up with sugar as a reward for nearly

everything, so it makes sense that the stories we have about sugar relate to "celebration," "affection" and "connection." But if our waistlines are expanding and our blood sugar rising – which both increase risk of heart disease, the number one killer of Americans, according to the Center for Disease Control and Prevention – what's the real story behind habitually indulging in sugar? Write your stories down to better understand how they might be thwarting your efforts to make lasting change.

Step three: Mindfulness

When we become mindful of our habits they lose power over us. We no longer go through life on autopilot, shocked when we realize we over-ate again, had one too many drinks, or spent the last hour fretting over something completely out of our control. Instead, we become the observer of the craving – poised, curious and observant. Like mindfully watching an itch come and go without reacting to it, we learn to stop impulsively grasping at thoughts and instead appreciate that they are simply passing through and impermanent.

When we're able to bring this kind of awareness to our habits and cravings before we're entangled in them, it's as if something magical happens. An incredible sense of

empowerment comes with this type of transformation. But it takes time, practice and discipline to fully reprogram habits. It's like convincing your brain to travel down a new road when it's used to speeding down a well-known superhighway.

For more, visit YouTube to watch Anderson Cooper's piece titled "Mindfulness" from the "60 Minutes" news show. Also, Time magazine published in its June 1 issue an article titled "The Art of Resilience," which discusses the science behind meditation. And check out Ohio Congressman Tim Ryan's website mindfulnationnetwork.com to see how mindfulness can create healthier schools and stronger communities.

Search for meditation groups in your area to build your own sustainable practice, since a little formal training goes a long way. Watch how bringing acute awareness and mindfulness into your own life positively affects the lives of others.

I would love to hear about your experiences with habits, cravings and meditation. Email me to share your story.

Jackie Rainford Corcoran is an IIN Certified Holistic Health Coach, an NASM Certified Personal Trainer, a public speaker and health activist. Contact her at jackie@tбетahealth.org, or find more information at tбетahealth.org.

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Section 3:
ENTERTAINMENT, EVENTS,
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Diwas Gurung comes to LMR p. 36



Eddy Line: Float-fishing season p.41



Back 40: Learning the golf set-up pg. 48

Big Sky PBR joins BlueDEF Velocity Tour

BY MARIA WYLLIE
EBS ASSOCIATE EDITOR

BIG SKY – The idea to bring bull riding to Big Sky was born at the 2002 Professional Bull Riders World Finals in Las Vegas.

Eric Ladd, CEO of Outlaw Partners (and publisher of EBS) and Andy Watson of Freestone Productions were in attendance discussing how bringing “the toughest sport on dirt” would impact the small mountain community of Big Sky.

Shortly thereafter, Jim Murphy, owner of Continental Construction, saw his first bull-riding event in Bozeman and was immediately hooked on the sport.

Outlaw and Continental partnered as event producers, and hired Freestone Productions – which specializes in organizing western-style events – to host the first Big Sky PBR in 2011.

“Through our vision, and through the initial support of people like Sam Byrne, Loren Bough, and Bill Simkins, we made the first event happen,” Ladd said.

Returning as title sponsors this year are the Yellowstone Club, Spanish Peaks Mountain Club, Moonlight Basin, and Big Sky Resort.

“[We are] excited to be a sponsor of this dynamic and fun event,” said Brandon Bang, Sales and Marketing Director for Big Sky Resort, which is also the lodging sponsor. “PBR brings the community together as well as out of town visitors, and we all look forward to it every year.”

In the first four years, the event raised more than \$100,000 for area nonprofits including the Gallatin River Task Force, Big Sky Community Corp., Yellowstone Park Foundation, the Big Sky Food Bank, and Gallant Chance Ranch.

The 2015 Big Sky PBR has grown into a three-day festival with bull riding and free after-party music scheduled for July 30-31, as well as a multi-act concert headlined by Robert Earl Keen on Aug. 1.

The event also moves up a notch from the Touring Pro Division to the BlueDEF Velocity Tour this year. BlueDEF events allow riders more opportunities to acquire points needed to qualify for the PBR Built Ford Tough Series and ultimately the PBR World Finals.

The Big Sky PBR’s invitation to join the BlueDEF ranks comes after winning Touring Pro Division Event of the Year in 2013 and 2014.

“After a successful launch in 2014, the BlueDEF Velocity Tour is positioned to be everything we intended it to be,” said PBR COO Sean Gleason. “The tour will showcase the top bull-riding talent in the world and be the definitive path to the Built Ford Tough Series.”

Winners of each BlueDEF event in 2015 are guaranteed at least one chance to compete at a BFTS regular season event to rank among the top 35 bull riders in the world and earn a spot on the elite tour.


BlueDEF events will also award increased prize money this year, with total purses starting at \$20,000 for each tour stop.

continued on pg.35




The 2015 Big Sky PBR has grown into a three-day festival with bull riding and free after-party music scheduled for July 30-31, as well as a multi-act concert featuring headliner Robert Earl Keen on Aug. 1. PHOTO BY NICK DIAMOND

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7-9 DINNER
9-MIDNIGHT LIVE MUSIC & DANCING

- * SILENT AND LIVE AUCTION
- * COMPLIMENTARY WINE & BEER
- * CASH BAR
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This year's event moves up a notch from the Touring Pro Division to the BlueDEF Velocity Tour, which allows riders more opportunities to acquire the points needed to qualify for the PBR Built Ford Tough Series and the PBR World Finals. PHOTO BY NICK DIAMOND

continued from pg.33

Winning first place at this year's event is also an incentive for 4X PBR Stock Contractor of the Year Chad Berger and 4-5 of his colleagues, who are providing the bulls. Through Lone Mountain Ranch's new stock sponsorship, the contractor with the winning bull will take home a \$2,000 bonus.

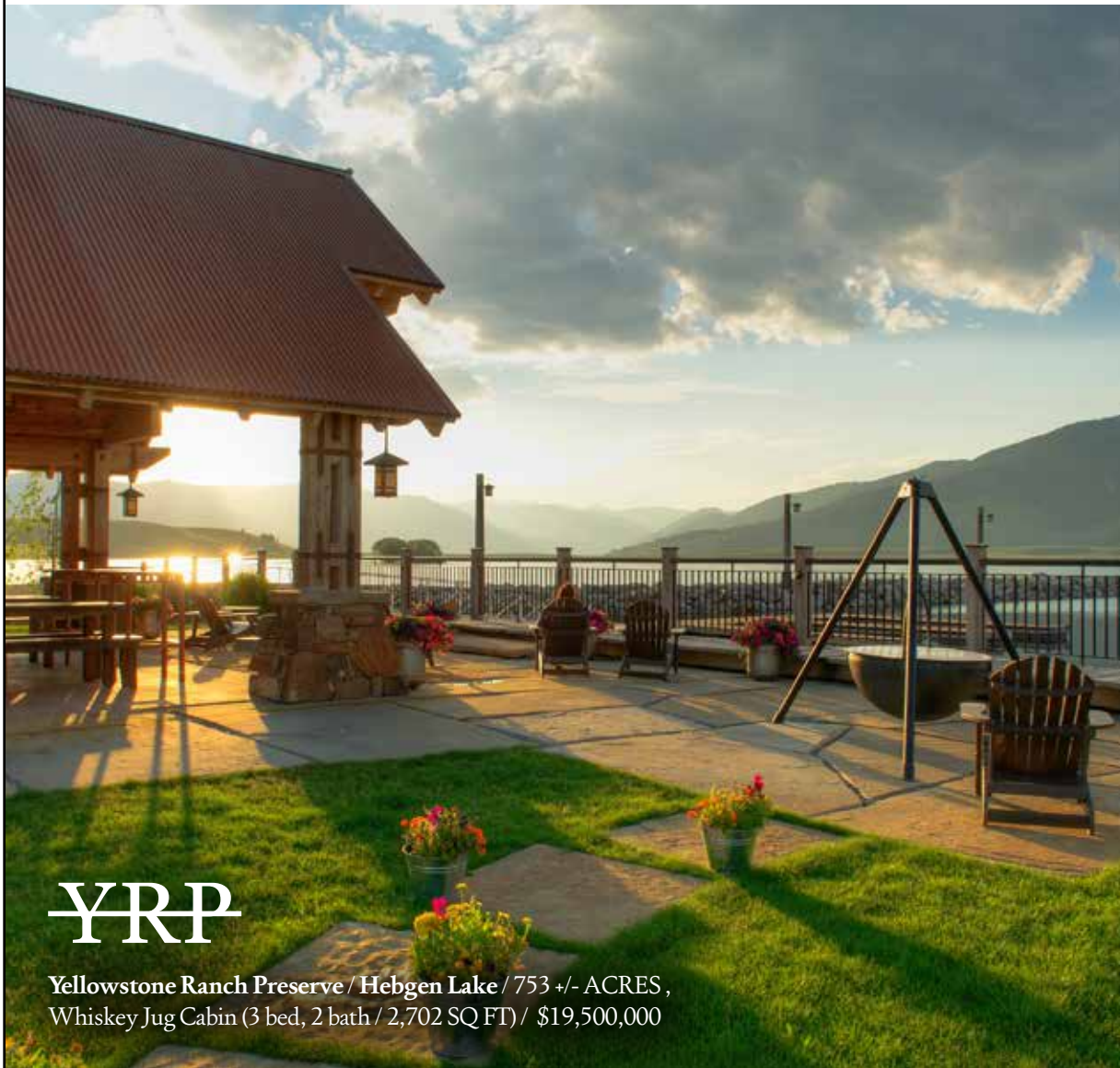
"Rodeo captures the spirit of the American West, and we feel that Lone Mountain Ranch does as well, so it's a natural fit," said Paul Robertson, LMR's General Manager. Robertson added that he looks forward to celebrating the ranch's centennial with the rest of the community, as their 100-year birthday commercial flashes across the arena's big screen.

"We think the PBR is hands down the best event of the summer, not just in Big Sky, but in all of Gallatin County," Robertson said. "It is an honor for us to be a part of it."

Tickets are still available for all three nights and can be purchased online at bigskypbr.com.

"We think the PBR is hands down the best event of the summer, not just in Big Sky, but in all of Gallatin County"

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Nepali guitarist to play earthquake fundraiser June 14

BY TYLER ALLEN
EBS SENIOR EDITOR

BIG SKY – Guitarist Diwas Gurung will perform at Big Sky’s Lone Mountain Ranch on June 14, as part of a fundraiser to benefit humanitarian efforts in Nepal.

On April 25, the country was shaken by a 7.8-magnitude earthquake, which was followed by hundreds of aftershocks including a 7.3 tremor on May 12. The collective destruction left more than 8,500 people dead and destroyed nearly 500,000 homes.

“My stomach sinks with each new update about the earthquake in Nepal,” Gurung wrote on his artist Facebook page on April 25. The 33-year-old lives in New York City and grew up in Katmandu, Nepal’s capital. “So many lives lost and so much of our history erased. Let us do what we can to weather this terrible moment so we may rebuild.”

The fundraiser is an attempt to assist that rebuilding, and LMR partnered with Montana State University’s Nepalese Student Association and Tsering’s Fund to host a live and silent auction, as well as presentations from southwest Montana residents who participated in the relief effort.

Dr. Peter Schmieding, a dentist who practices in Big Sky, Four Corners and Ennis, co-founded the nonprofit Tsering’s Fund to pay for the education of Nepali girls through private donations. After the April earthquake struck, Tsering’s Fund changed its focus as Schmieding traveled to Nepal to assist in the humanitarian effort. Proceeds from the June 14 fundraiser will be donated to the organization’s continued relief work in the stricken country.

Gurung moved to the U.S. when he was 20, and began performing with the band Ayurveda in 2005. When the group split in 2011, he formed Photoreal with Ayurveda band mate Dan Halperin.

Photoreal, along with more than 7,000 other bands, entered National Public Radio’s Tiny Desk Concert Contest this winter. They didn’t win, but were highlighted on its web page as a featured entrant in late January, gaining them national acclaim.

Gurung will perform at the fundraiser with Montana drummer Brett Goodell and Gurung’s wife Mandy, with whom he has a band called The Rungs. EBS interviewed Gurung by phone on June 5, prior to his first trip to Montana.

Explore Big Sky: When did you learn to play the guitar?

Diwas Gurung: I tried learning it a bunch of times ... I was about 16 [years old] when I really started playing it seriously. I was a late bloomer [laughs].



Guitarist Diwas Gurung at Ithaca, N.Y.’s Pyramid Sound Studios in May. PHOTO BY MANDY GURUNG

EBS: What are your biggest musical influences?

DG: When I was growing up I listened to a lot of western bands – The Beatles, the Rolling Stones, and bands of the ‘90s like Nirvana [and] Metallica.

When I moved to the U.S. I started listening to a lot of Nepali folk music; I started getting a different perspective on it. The past couple of years I’ve been listening to a lot of contemporary Indy pop/rock, electronic, and world music [like] African guitar music.

EBS: Describe your guitar style.

DG: When I started playing, I was really obsessed with playing super fast. My style now is more like rhythm, a mix between African guitar music like Ali “Farka” Touré, with the style of bands like Pearl Jam.

EBS: What type of musical experience can attendees expect at the June 14 fundraiser?

DG: Predominantly solo songs. I’ll be playing with a drummer, but it will be ... mostly old Nepali folk songs that I’ve stylized my own way, and then some Nepali songs that I’ve written. And some songs that [Mandy] wrote – those will be in English.

EBS: How did you get connected with LMR’s General Manager Paul Robertson?

DG: I checked my artist Facebook page and had a message from him. I’ve been playing a lot of benefit shows for people affected by the Nepali earthquake[s], mostly in New York. I heard

there was a Nepali community [in Bozeman] and about the beauty of Montana.

EBS: Was your family affected by the April/May earthquakes?

DG: Most of my family lives in Katmandu [and] after the earthquake they were sleeping outside in tents. My grandmother, who still lives in a village, her house was badly damaged. Luckily, all the villagers were working in the field [during the April earthquake], but all of their houses were damaged.

EBS: The rebuilding of Nepal will likely take years. What is the most important thing Westerners can do to help the country?

DG: At this point, I feel like there are a couple of things. Monetary donations, [since] there’s a lot of people on the ground working with nonprofits. [Also] tourism is Nepal’s biggest source of income ... Going to visit is one of the best things people can do.

EBS: Is there anything else you’d like to share with our readers?

DG: I’m really excited to come to Montana and play for everyone there. I think it’s going to be a great time.

Call Lone Mountain Ranch at (406) 995-4644 for tickets and more information about the June 14 fundraiser. Visit tseringsfund.com if you cannot attend the fundraiser but wish to donate to Tsering’s Fund earthquake relief.

Bozeman Film Society summer season begins June 13

BOZEMAN FILM SOCIETY

BOZEMAN – The Bozeman Film Society is holding its Sizzling Summer Film Series from June through August at the historic Ellen Theatre, which is home to a new DCP digital projection system.

The summer season begins Saturday, June 13 at 7:30 p.m. with hipster comedy “While We’re Young.” Directed by Noah Baumbach, the film showcases an exploration of aging, ambition and success. “While We’re Young” stars Ben Stiller and Naomi Watts as a middle-aged couple whose career and marriage are overturned when a disarming younger couple enters their lives. Chicago Sun-Times’ Richard Roeper said it was “one of the most exhilarating times I’ve had at the movies in many a month. It plays like razor-sharp Woody Allen in his prime.”

Next in the series is the locally produced, science fiction sensation “Cowboys vs. Dinosaurs” on Saturday, June 20 at 7:30 p.m. This “B” flavored flick from local special effects artist-turned-director Ari Novak was shot entirely in Paradise Valley, and features a cast of familiar faces and rampaging prehistoric beasts. The event also includes guest appearances by Montana’s Film Commissioner Deny Staggs and actors from the production.

The July 21 and Aug. 22 films were still undetermined at EBS press time on June 10.

The summer series wraps up Friday, Aug. 28 with the return of “Story Under the Stars.” BFS and the Friends of Story Mansion are partnering to bring this free outdoor family classic to the lush, green space of Story Mansion Park.

Tickets to Bozeman Film Society screenings at The Ellen Theatre may be purchased online, phone, or by visiting The Ellen’s box office Wednesday – Saturday from 1-3 p.m., or two hours before the screening.

Gallatin River Guides

SATURDAY
JUNE 27



1:00 PM
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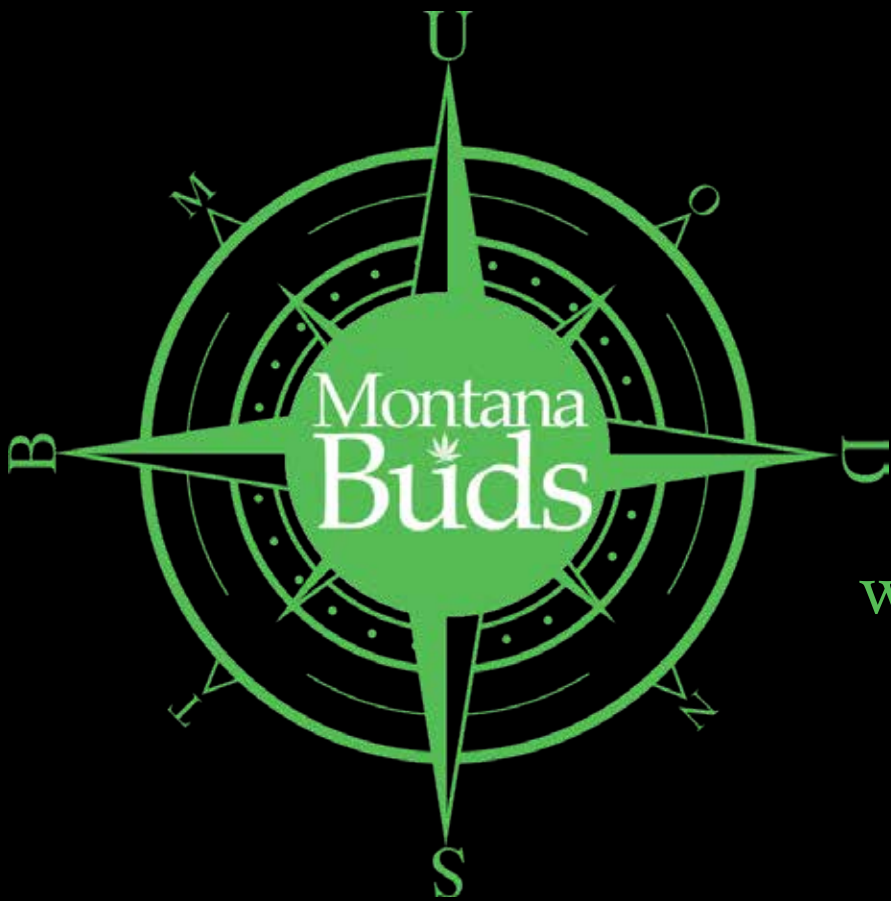
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EVENTS CALENDAR

PLANNING AN EVENT? LET US KNOW! EMAIL MARIA@THEOUTLAWPARTNERS.COM, AND WE'LL SPREAD THE WORD.

FRIDAY, JUNE 12 –
THURSDAY, JUNE 25

***If your event falls between
June 26 and July 10 please
submit it by Friday, June 19.**

Big Sky
FRIDAY, JUNE 12
Jurassic World
Lone Peak Cinema, 5 & 7:45 p.m.

Trivia Night
Lone Peak Cinema, 8 p.m.

Live Music
Ousel & Spur, 9-11 p.m.

SATURDAY, JUNE 13
Gallatin River Cleanup & Weed
Pull
Murdoch's in 4 Corners, 9 a.m.
Portal Creek Flats in Big Sky,
10 a.m.

2 Player Spring Draw
BSR Golf Course, 10 a.m.

Young Life/Wyldlife Carwash
Fire Pit Park, 10 a.m.

One Leaf Clover
Broken Spoke, 10 p.m.

SUNDAY, JUNE 14
Nepal Fundraiser
Lone Mountain Ranch, 5 p.m.

MONDAY, JUNE 15
Pig Roast
320 Ranch, 5 p.m.

TUESDAY, JUNE 16
Cooking Class: Student's
Choice
Gourmet Gals, 6-8 p.m.

Bingo Night
Riverhouse, 7 p.m.

WEDNESDAY, JUNE 17
Yoga
Town Center Park, 11 a.m.

Awareness Wednesday
Discover the Secrets of the
Jade Egg
Women Only
Santosha Wellness Center, 7 p.m.

Karaoke
Broken Spoke, 9 p.m.

THURSDAY, JUNE 18
Business After Hours
Gallatin River Guides, 5 p.m.

FRIDAY, JUNE 19
Artist's Reception:
Lori Lagerbloom
Gallatin River Gallery, 6-8 p.m.

Trivia Night
Lone Peak Cinema, 8 p.m.

Live Music
Ousel & Spur, 9-11 p.m.

SUNDAY, JUNE 21

**Summer Solstice
Celebration:
108 Sun Salutations
Bring yoga mat or towel
and water
Hosted by Yoga Stone & Big
Sky Fitness Fusion
Town Center Stage, 9 a.m.**

Head Shaving Event to Support
Eagle Mount
Fire Station #1, 9 a.m.

MONDAY, JUNE 22
GCWC: Big Sky Kids Field Day
& Picnic
Community Park, 12:15 p.m.

Pig Roast
320 Ranch, 5 p.m.

TUESDAY, JUNE 23
HR Workshop: Orientations
First Security Bank, 11:50 a.m.

Community Weed Pull & BBQ
Community Park, 4:30 p.m.

Bingo Night
Riverhouse, 7 p.m.

WEDNESDAY, JUNE 24
GCWC: Big Sky Kids Breakfast
Taylor Fork, 7 a.m.

Yoga
Town Center Park, 11 a.m.

Big Sky Farmer's Market
Fire Pit Park, 5 p.m.

Big Sky Chamber Annual
Awards
Huntley Dining Room, 6 p.m.

THURSDAY, JUNE 25

**Music in the Mountains
Midnight River Choir
Town Center Park, 7 p.m.**

Bozeman
FRIDAY, JUNE 12
Historic Tour of Bozeman
Museum of Rockies, 8:45 a.m.

Art of the Prairie:
MT's Historic Grain Elevators
The Emerson, 5 p.m.

MT Liquor Fest
Rockin' R Bar, 5 p.m.

Art Walk
Downtown Bozeman, 6 p.m.

Montana Manouche + Ann
Dickensheets
Wild Joe's, 7 p.m.

Kayla Ray
Live From the Divide, 8 p.m.

Don't Close Your Eyes:
Live Radio Theatre
The Verge, 8 p.m.

The Special Consensus
The Ellen, 8 p.m.

Groovewax
Eagles, 9 p.m.

Ted Ness & Rusty Nails +
Hollowtops
Filling Station, 9 p.m.

Coolzey & J. Rawles
The Zebra, 9 p.m.

SATURDAY, JUNE 13

**GVLТ Discovery Walk:
Intro to Trails for
Families
Drinking Horse trailhead,
10 a.m.**

Energy Awareness Hands-On
Class
The MAC, 10 a.m.

High Winds Youth Rodeo
Gallatin Co. Fairgrounds, 10 a.m.

**Western Rendezvous
Kids carnival, dinner &
music by Rocky Mountain
Pearls
Eagle Mt. Indoor Riding
Arena
6901 Goldenstein Ln, 4 p.m.**

Matt Campbell
Wild Joe's, 7 p.m.

Return of the Jammer
Roller Derby Bout
Haynes Pavillion, 7 p.m.

While We're Young
The Ellen, 7:30 p.m.

Don't Close Your Eyes:
Live Radio Theatre
The Verge, 8 p.m.

Groovewax
Eagles, 9 p.m.

McTuff
The Zebra, 9 p.m.

SUNDAY, JUNE 14
Big Sky MX Challenge
High Winds Youth Rodeo
Gallatin Co. Fairgrounds, 10 a.m.

Climate Change: The Public
Health Challenge of Our Time
Bozeman Public Library, 2 p.m.

Bridger Mountain Big Band
Eagles, 7 p.m.

Jami Lynn
Lockhorn Cider House, 8 p.m.

Open Mic
Haufbrau, 10:30 p.m.

MONDAY, JUNE 15
Pints w/Purpose:
Forward Montana
Bridger Brewing, 5 p.m.

Open Mic
Haufbrau, 10:30 p.m.

TUESDAY, JUNE 16
GVLТ Discovery Walk:
Outdoor Photography-Wild-
flowers
Drinking Horse trailhead, 7 a.m.

Bogert Farmer's Market
Bogert Park, 5 p.m.

Music Tuesdays
Red Tractor Pizza, 6:30 p.m.

Quick & Easy Boys
Filling Station, 9 p.m.

WEDNESDAY, JUNE 17
GVLТ Discovery Walk:
Biz Walk-Networking on the
Trails
E. Gallatin Rec. Area or South
Side Trails, 12 p.m.

Aaron Williams
Flying C, 5 p.m.

Shakespeare in the Parks:
Taming of the Shrew
MSU Duck Pond, 8 p.m.

Open Mic
Haufbrau, 10:30 p.m.

THURSDAY, JUNE 18
Deborahpalooza
Bogert Park, 4 p.m.

GVLТ Discovery Walk:
Wildflower Identification
Drinking Horse Mountain,
5:30 p.m.

Adult Chess
Bozeman Public Library, 6 p.m.

Extreme History Lecture
Blood on the Marias: The Baker
Massacre
Museum of the Rockies, 6 p.m.

Shakespeare in the Parks:
Taming of the Shrew
MSU Duck Pond, 8 p.m.

In Walks Bud
Lockhorn Cider House, 8 p.m.

Karaoke
Eagles, 8:30 p.m.

The Salamanders, Stranded by
Choice, Battle Stations
The Zebra, 9 p.m.

FRIDAY, JUNE 19
Megan Makeever
Wild Joe's, 7 p.m.

The Wild Bunch
The Ellen, 7 p.m.

NY Organist: Nigel Potts
Holy Rosary Church, 7:30 p.m.

Shakespeare in the Parks:
Taming of the Shrew
MSU Duck Pond, 8 p.m.

Don't Close Your Eyes:
Live Radio Theatre
The Verge, 8 p.m.

Sim-Bitti
Filling Station, 9 p.m.

Bent Bones
The Zebra, 9 p.m.

Electric Sunday
Eagles Lodge, 9 p.m.

SATURDAY, JUNE 20

**Longest Day of Trails
Guided Bike Rides
Main St. to the
Mountains, all day**

Gallatin Valley Farmers Market
Haynes Pavilion, 9 a.m.

GVLТ Discovery Walk:
Railroad History
Gallagator Trail, 10 a.m.

Aran Buzzas
Wild Joe's, 7 p.m.

Cowboys vs. Dinosaurs
The Ellen, 7:30 p.m.

Shakespeare in the Parks:
Taming of the Shrew
MSU Duck Pond, 8 p.m.

Don't Close Your Eyes:
Live Radio Theatre
The Verge, 8 p.m.

Bus Driver Tour
Eagles Lodge, 9 p.m.

Modern Sons
The Zebra, 9 p.m.

SUNDAY, JUNE 21
Bridger Mountain Big Band
Eagles, 7 p.m.

Open Mic
Haufbrau, 10:30 p.m.

MONDAY, JUNE 22
Pints w/Purpose:
MT Ballet Company
Bridger Brewing, 5 p.m.

Open Mic
Haufbrau, 10:30 p.m.

TUESDAY, JUNE 23
Bogert Farmer's Market
Bogert Park, 5 p.m.

GVLDiscovery Walk:
Intro to Bouldering
Story Mill Spur Trail, 5:30 p.m.

Music Tuesdays
Red Tractor Pizza, 6:30 p.m.

Sean Devine w/Bill Payne
Live From the Divide, 9 p.m.

WEDNESDAY, JUNE 24
GVLDiscovery Walk:
Polite Trail Skills for Dog Owner
Cherry River Fishing Access,
8 a.m.

Neil Filo Beddow
Flying C, 5 p.m.

Music & Mussels w/Bridger
Creek Boys
Bridger Brewing, 5:30 p.m.

Shakespeare in the Parks:
Cyrano de Bergerac
MSU Duck Pond, 8 p.m.

Grace Askew
Live From the Divide, 9 p.m.

Mike G & Left Brain of Odd
Futures
Filling Station, 9 p.m.

Open Mic
Haufbrau, 10:30 p.m.

THURSDAY, JUNE 25
Symphony of Wine Fundraising
Event
Story Mansion, 5 p.m.

GVLDiscovery Walk:
Trail Read for Kids
Bozeman Public Library,
5:30 p.m.

Adult Chess
Bozeman Public Library, 6 p.m.

Music on Main: The Clintons
Downtown Bozeman, 6:30 p.m.

Shakespeare in the Parks:
Cyrano de Bergerac
MSU Duck Pond, 8 p.m.

IndepenDANCE
Filling Station, 8 p.m.

Milton Menasco & The Big
Fiasco
Eagles Lodge, 9 p.m.

Blue Jack
American Legion, 9 p.m.

Livingston & Paradise Valley

FRIDAY, JUNE 12
Artful Bites at the Danforth
Culinary Competition & Art
Exhibition
Danforth Gallery, 5:45 p.m.

Spaghetti Dinner Fundraiser
Elks Lodge, 6 p.m.

Virginia Wolf
Blue Slipper Theatre, 7:30 p.m.

One Leaf Clover
Murray Bar, 9 p.m.

DJ Doggie Tom
The Mint, 9 p.m.

Under the Bleachers
Chico Saloon, 9:30 p.m.

SATURDAY, JUNE 13
Jam Session & Potluck
Senior Center, 1 p.m.

Smokestack & The Foothill Fury
Katabatic, 5:30 p.m.

Virginia Wolf
Blue Slipper Theatre, 7:30 p.m.

Ticket Sauce
Murray Bar, 9 p.m.

Strangeways
The Mint, 9 p.m.

Under the Bleachers
Chico Saloon, 9:30 p.m.

SUNDAY, JUNE 14
Virginia Wolf
Blue Slipper Theatre, 3 p.m.

Vegan Potluck
Liv. Food Resource Center,
4:30 p.m.

Charlie Dennison
Chico Saloon, 7 p.m.

MONDAY, JUNE 15
Book Signing w/Craig Johnson
Elk River Books, lunch hour

Bluegrass Jam
Katabatic, 5:30 p.m.

Jami Lynn
Murray Bar, 8:30 p.m.

TUESDAY, JUNE 16
Beer for a Cause: Sister City
Katabatic, 4 p.m.

Sundae + Mr. Goessl
Murray Bar, 8:30 p.m.

WEDNESDAY, JUNE 17
Farmers Market
Music by Matthias
Miles Band Shell Park,
4:30 p.m.

Someday Miss Pray
Katabatic, 5:30 p.m.

Matt Campbell
Murray Bar, 8:30 p.m.

THURSDAY, JUNE 18
Mathias
Murray Bar, 8:30 p.m.

FRIDAY, JUNE 19
Virginia Wolf
Blue Slipper Theatre, 7:30 p.m.

Big 'Ol
Murray Bar, 9 p.m.

Someday Miss Pray
The Mint, 9 p.m.

Honky Tonk Heroes
Chico Saloon, 9:30 p.m.

SATURDAY, JUNE 20
Scott Evje
Katabatic, 5:30 p.m.

Virginia Wolf
Blue Slipper Theatre, 7:30 p.m.

Vaudeville Etiquette Murray
Bar, 9 p.m.

Strangeways
The Mint, 9 p.m.

Honky Tonk Heroes
Chico Saloon, 9:30 p.m.

SUNDAY, JUNE 21

Summer Solstice 5k Fun Run
North 8th Street, 10 a.m.

Virginia Wolf
Blue Slipper Theatre, 3 p.m.

Matt Woods
Murray Bar, 8:30 p.m.

MONDAY, JUNE 22
Bluegrass Jam
Katabatic, 5:30 p.m.

TUESDAY, JUNE 23
Beer for a Cause
Tri-County Network Against
Sexual Violence
Katabatic, 4 p.m.

Reading: Crow Fair by Thomas
McGuane
Elk River Books, 7 p.m.

WEDNESDAY, JUNE 24

Farmers Market
Music by Someday Miss Pray
Miles Band Shell Park,
4:30 p.m.

The Grangers
Katabatic, 5:30 p.m.

Aaron Williams
Murray Bar, 8:30 p.m.

THURSDAY, JUNE 25
Business After Hours
Park Co. Fairgrounds, 5:30 p.m.

Jeremiah & The Red Eyes
Katabatic, 5:30 p.m.

Grace Askew
Murray Bar, 8:30 p.m.

West Yellowstone

FRIDAY, JUNE 12
Early Season Hebgen Lake
Fishing Contest
Kirkwood Resort & Marina
(thru June 15)

Bus Driver Tour
Wild West Saloon, 8 p.m.

SATURDAY, JUNE 13

Yellowstone Half Marathon
Old Airport, 7:45 a.m.

Early Season Hebgen Lake
Fishing Contest
Kirkwood Resort & Marina
(thru June 15)

Tomorrow's Today
Wild West Saloon, 9 p.m.

SUNDAY, JUNE 14
Early Season Hebgen Lake
Fishing Contest
Kirkwood Resort & Marina
(thru June 15)

MONDAY, JUNE 15
Early Season Hebgen Lake
Fishing Contest
Kirkwood Resort & Marina

TUESDAY, JUNE 16
Community Frisbee Football
Community Park, 6 p.m.

WEDNESDAY, JUNE 17
Club Night
Wild West Saloon, 10:30 p.m.

THURSDAY, JUNE 18
Knit Night
Send it Home, 6 p.m.

FRIDAY, JUNE 19
1915-The Twilight of Stage-
coaches in Yellowstone
Holiday Inn, 7:30 a.m.

The Shambles
Wild West Saloon, 9 p.m.

SATURDAY, JUNE 20
1915-The Twilight of Stage-
coaches in Yellowstone
Holiday Inn, 9 a.m.

Flat Busted
Wild West Saloon, 9 p.m.

SUNDAY, JUNE 21
1915-The Twilight of Stage-
coaches in Yellowstone
Holiday Inn, 9 a.m.

MONDAY, JUNE 22

TUESDAY, JUNE 23
Community Frisbee Football
Community Park, 6 p.m.

WEDNESDAY, JUNE 24
Club Night
Wild West Saloon, 10:30 p.m.

THURSDAY, JUNE 25
W. Yellowstone Foundation
2nd Annual Garage Sale
W. Yellowstone School, 8 a.m.

Knit Night
Send it Home, 6 p.m.

ONGOING EVENTS

Mary Poppins
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Mon. – Sat.

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Historic District, self-
guided, daily

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With A YNP Ranger
Yellowstone Park, daily

Experiencing Wildlife in
Yellowstone Workshop
30 Yellowstone Ave., 9 a.m.
& 3 p.m. daily

Yellowstone Nature
Connection Programs
Smokejumper Program, 10
a.m. & 3 p.m. (daily)
Naturalist Program, 1 p.m.
(daily)
Reading in Nature, 4:30
p.m. (Thursdays)
10 Yellowstone Ave.

Wild West Yellowstone
Rodeo
Rodeo Arena, 8 p.m.,
Wed. – Sat.



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Float-fishing season



BY PATRICK STRAUB
EBS FISHING COLUMNIST

The phone call came late at night. An aspiring fishing guide was looking to get on the Upper Madison and needed an angler to fish while he rowed.

“You want to row all day and I get to fish?” I asked. He agreed and despite marginal fishing reports, we rendezvoused at takeout and I loaded my gear into his rig. Minutes later I was in the front of his boat casting to sweet spot after sweet spot. This is what you call a “win-win.”

The best fishing to be had in early June often requires a boat. Due to higher flows and fish holding in lies near the banks, a boat offers a distinct advantage. Here are some helpful tips to take advantage of the plethora of float fishing opportunities in our area.

Boat choice. Choosing the best type of boat is essential. A raft is ideal for lower water conditions, whitewater sections, and ease of access. But a raft is more maintenance than a hard-sided boat. You should keep it covered to protect it from the sun when not in use, and you need a rowing and fishing frame.

A higher profile, Mackenzie-style drift boat has plenty of room, can bust through big waves, and is safe during high flows. But a big drift boat is easily blown around on a windy day; during low water it might be limited to certain stretches or rivers; and a larger boat is more work to row. Lately, the skiff-styled boats have gained popularity. These low-sided drift boats cut through the wind better and are ideal for low water conditions, but are best saved for experienced boat-handlers.

Safety first. Choosing the right boat is important for safety concerns as well, because bad things can happen fast during high flows. Always be sure to have a personal floatation device for everyone on board. Any craft longer than 16 feet must also have a throwable PFD. Make sure your spare oar is functional and easily accessible and always anchor in a safe place and ensure you’re not dragging the anchor. Err on the side of safety – if an eddy looks too swirly or the water is too deep to anchor, stay clear.

Pick the right boat mates. You will spend several hours in a small space together. One bad attitude can spoil a day on the water, and getting away from life’s responsibilities for a few hours is one reason we go fishing. Consider your own fishing style and goals for the day when deciding whom to invite. It helps to have an experienced rower aboard, but have patience if you hand the oars over to a beginner – the only way they’ll learn is by doing it.

Learn a reach cast. When clients step into my boat for a day of float fishing, after the safety talk comes learning the reach cast. This specialized cast takes practice to master. It consists of a normal forward cast into your presentation, but as your fly line is coming forward you move the rod tip into a mending position and lay the fly line onto the water in a mend before it lands on the water. Think of it as an extended follow-through on your forward cast or a pre-mend before the fly line lands on the water. This cast is essential for getting a good drift while fishing from a boat and for fishing dry flies or dry-dropper rigs. Learn a reach cast and catch more fish.

Do the “bow and go.” This technique is best used for fishing streamers or large baitfish patterns, and on rivers like the Lower Madison, anglers are finding success while fishing crayfish and worm patterns. It’s simple: Cast at a slightly upstream angle as close to the bank as possible while floating. Put a small downstream mend in your fly line and let the pace of the boat pull the fly off the bank. The movement of the large fly pattern through the water helps to attract fish. It sounds bizarre, but it works.

Floating our larger local rivers has gained in popularity the past several years. Four quality boat manufactures exist within a two-hour drive of Big Sky. If that doesn’t convince you of the joys of float fishing, I know a rookie guide who’s ready for the big leagues.

Pat Straub is the author of six books, including “The Frugal Fly Fisher,” “Montana On The Fly,” and “Everything You Always Wanted to Know About Fly Fishing.” He and his wife own Gallatin River Guides in Big Sky and co-owns a guide service on the Missouri River.



The next few weeks offer up ideal conditions for fishing from a boat. Choose your boat, and your boat mates, wisely. PHOTO BY TYLER BUSBY

Gallatin Whitewater Festival returns June 27

WAVE TRAIN KAYAK TEAM

BOZEMAN – The Gallatin River flows through the Big Sky and Bozeman areas to the Missouri River, and provides abundant recreational opportunities along the way. This year’s Gallatin Whitewater Festival on June 27 seeks to highlight the area’s whitewater resources with a series of events designed to challenge whitewater kayakers, canoers and rafters, as well as provide opportunities for non-paddlers to participate.

The festival has long been a part of the whitewater community in Bozeman with a variety of organizers taking on the challenge of hosting the event since the original Gallatin Get-together in June 1978. After a several-year hiatus, Wave Train Kayak Team in partnership with the Gallatin National Forest brought the festival back in 2013. Enthusiasm for the event is growing quickly – competitor attendance nearly doubled from 2013 to 103 competitors in 2014.

This year, Wave Train is teaming up with a number of local

businesses to bring back this fun event as a fundraiser for Wave Train Kayak Team’s nonprofit youth whitewater kayaking program. Wave Train was founded 15 years ago, and has been a big part of promoting the river community in the Gallatin Valley.

The events for this year’s festival will provide exciting whitewater action with some of the area’s top boaters vying for bragging rights and a boatload of great prizes. Inexperienced paddlers can also join the action during the Community Raft Slalom, an event that pairs teams of five or six with a local raft guide and boat.

Registration and events will be based at the Gallatin River Trailhead, the large pullout across the river from the Lava Lake Trail, just upstream of the 35 mph Bridge.

Wave Train Kayak Team offers affordable and safe river experiences for kids between the ages of 10-18. Contact Dave Zinn with Wave Train at davidzinnkayaks@gmail.com or (406) 539-4333, or visit gallatinwhitewaterfestival.com for more information about the event.

2015 Gallatin Whitewater Festival schedule:

- 9-10 a.m. – Registration
- 10 a.m. – Mandatory competitor meeting for all events except Community Raft Slalom
- 10:30 a.m. – Gallatin River Downriver Race: a timed, two-mile down river race that takes competitors through the Mad Mile
- 12:30 p.m. – House Rock Boatercross: a mass start sprint race from the Gallatin River Trailhead through House Rock Rapids
- 2 p.m. – Community Raft Slalom: check-in is at 1 p.m. and pre-registration is required. Teams of five to six people put together by local businesses and groups of friends, with local river guides at the helm. The teams will power their boats through a series of gates on their way down river competing for glory, trophies and prizes.
- 3:30 p.m. – 35 MPH Slalom: a race that requires competitors to navigate gates on their way downstream from the Gallatin River Trailhead access
- 5:30 p.m. – Award ceremony at the Gallatin River Trailhead



Kayakers race down the Gallatin River during the 2014 Gallatin Whitewater Festival. PHOTO COURTESY OF WAVE TRAIN KAYAK SCHOOL

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GEAR REVIEWS

Patagonia Women’s Spring River Waders

Developed by women in the fly-fishing industry, these waders are specific to female anglers’ needs in fit, form and function. With spring conditions ranging from sunny, 60-F bliss, to cold, blowing snow, the Madison was the perfect river for the test.

At 5-feet, 10-inches tall, I’m always concerned about women’s-specific gear fitting well. I was happy to see Patagonia offers their Women’s Spring River Waders in petite, regular and full sizes. The feminine cut makes for a streamlined fit with plenty of room for layering, and they look good too.

The four-layer, fabric construction also increases breathability and abrasion resistance, moves moisture away from the body, and decreases weight. Along with a single leg-seam, the overall construction ensures these waders will last for years.

The quick-release suspension system confirms these waders were indeed designed by women. The bib is easy to unbuckle in the back when nature calls, and the two front straps unclip to convert to waist-high waders on warmer days.

The wool-lined, 3 mm neoprene booties are a godsend. I haven’t thought about cold feet once, which means the booties are doing their job. I also love the fleece-lined kangaroo pocket that quickly warms the hands, along with the large, waterproof internal pouch to hold my valuables.

Well done Patagonia, for responding to fly-fishing’s fastest growing demographic. \$399 – *Kelsey Dzintars*



Kelsey Dzintars tests her Patagonia Women’s Spring River Waders and Foot Tractor Wading Boots on the Madison River in May. PHOTOS BY TYLER BUSBY

Patagonia Foot Tractor Wading Boots

I admit, I’m a bit of a klutz and use a fair amount of concentration staying upright in the river. Patagonia’s Foot Tractor Wading Boots allow me to focus more on slaying trout, and less on soaking wet clothes.

The multi-directional aluminum bar technology is made of the softest aluminum available, so it grips everything from slippery rocks to muddy trails without collecting snow or ice. The bars are embedded between the insole and outsole so you won’t lose a bar to the river, but they’re easy to change when they wear out. And you can even wear them in a boat.

Weighing 4-pounds, 3.2 ounces, the Foot Tractor’s Clarino synthetic leather upper provides lightweight durability, while the Venergy monofilament mesh drains water quickly. The Texon trimaliminate toe box and heel are comfortable and protective.

Awarded Fly Fisherman magazine’s Best New Wading Boot in 2014, the Patagonia Foot Tractors work just as well for fly fisherwomen, and have helped me feel more stable and confident navigating the river. \$279 – *K.D.*





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GEAR REVIEWS

The world's best river shoe

Five Ten Canyoneer 3

The title of the famed Paul Simon song, "Slip Slidin' Away" best describes typical river shoes. But look out boating world: The solution to your footwear needs is here in the Five Ten Canyoneer 3 shoe.

Five Ten has spent 15 years perfecting a shoe built for navigating canyons in steep, slick and harsh conditions. It has durable, welded seams, burly laces, ankle support, and a neon color that would make any 13 year old jealous.

I was recently on a fishing trip to New Zealand when I spotted my Queenstown fishing guide, Ayato Otsubo, lacing up a pair of Canyoneer 3s. "[It's the] best shoe I have ever owned, perfect for a day of wading around rivers fishing," Otsubo said.

I've spent 20 years guiding and running rivers and was unable to find a river shoe or sandal that would give all the elements of traction, support and comfort. Until now.

I tested the shoes in late May, on a six-day trip down Idaho's Middle Fork of the Salmon River. It was a perfect blend of cold water, slick boulders, and rocky shorelines while scouting rapids or rigging a boat.

Bottom line: I've found the perfect river-running shoe! Five Ten's patented STEALTH rubber sole is like glue on the rock, the ankle support is bomber, and the burly construction is a welcome change from my other river shoes that typically had weeklong shelf lives. Long gone are the days of slipping while stepping out of my boat; rolling an ankle while rigging on a rocky shoreline; or sending shoes back for warranty due to faulty craftsmanship.

Next stop? The Gallatin River for some fishing in my Canyoneer 3s to practice that cast Otsubo taught me. — *Eric Ladd*



Eric Ladd tests his Five Ten Canyoneer 3s on Idaho's Middle Fork of the Salmon River. PHOTO BY JUSTIN HOWELLS



Kevin Red Star, "Horse Tipi," Acrylic on Canvas, 60"x48"

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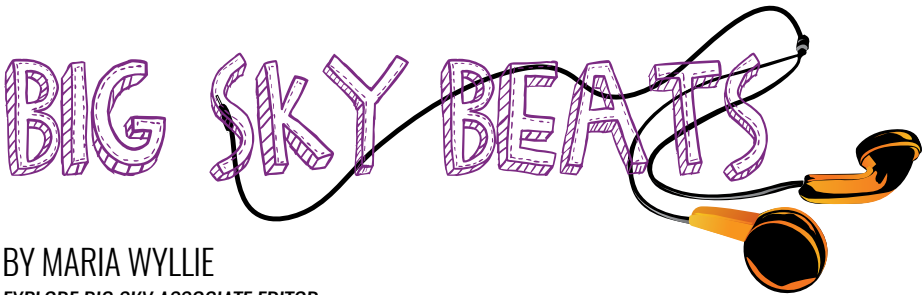
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BY MARIA WYLLIE
EXPLORE BIG SKY ASSOCIATE EDITOR

Find out what tunes we’re bumping! In Big Sky Beats, Explore Big Sky staff and guests offer suggested tracks for your next playlist. Whether you need to freshen up your music library, want to expand your collection, or just need some tunes for the next backyard barbecue, we’ve got you covered.

Living in Big Sky country means music festivals and concerts are often a lengthy drive away. I don’t see as much music now as when I lived in Virginia, where I could easily attend shows up and down the East Coast. However, Montana’s long summer days and big mountains are a good tradeoff. Live music fans must simply be willing to carve out more days for road trips and spend more time getting their playlists in order.

Here are a few songs you can add to your playlist next time you hit the road. It’s an eclectic mix so it should help keep things interesting for you and your companions. We have Ray Wylie Hubbard’s gritty country-rock; Iron Butterfly’s psychedelia; Monophonics’ funky jams; Cake’s alternative sound and lyrics; and the soothing melodies of Sweet Baby James.

- 1. “Oh, Susanna,” James Taylor
- 2. “Count My Blessings,” Ray Wylie Hubbard
- 3. “High Tiding,” Nick Waterhouse
- 4. “Travelling Song,” Quantic & Alice Russell feat. The Combo Barbaro
- 5. “She Blinded Me With Science,” Thomas Dolby
- 6. “In-A-Gadda-Da-Vida,” Iron Butterfly
- 7. “Lying Eyes,” Monophonics
- 8. “Better Off,” Nino Moschella
- 9. “Rollin’ N’ Tumblin,’” Popa Chubby
- 10. “Rock N’ Roll Lifestyle,” Cake

American Life in Poetry: Column 533

BY TED KOOSER, U.S. POET LAUREATE

I once knew an artist who seemed to live on those little envelopes of free sugar that one can find on tables in restaurants. And he took the little “watercolor pans” of jelly, too, stuffing his pockets. Here’s a poem by Ned Balbo, who lives in Baltimore, about another sugar snatcher.

The Sugar Thief
By Ned Balbo

If it was free, you taught, I ought to grab it
as you did: McDonald’s napkins, pens,
and from the school where you were once employed
as one of two night shift custodians,
the metal imitation wood wastebasket
still under my desk. But it was sugar
that you took most often as, annoyed
on leaving Dunkin’ Donuts, pancake house,
and countless diners, I felt implicated
in your pleasure, crime, and poverty.
I have them still, your Ziploc bags of plunder,
yet I find today, among the loose
change in my pockets, packets crushed or faded—
more proof of your lasting legacy.

American Life in Poetry is made possible by The Poetry Foundation (poetryfoundation.org), publisher of Poetry magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem copyright ©2010 by Ned Balbo, “The Sugar Thief,” from “The Trials of Edgar Poe and Other Poems,” (Story Line Press, 2010). Poem reprinted by permission of Ned Balbo and the publisher. Introduction copyright © 2015 by The Poetry Foundation. The introduction’s author, Ted Kooser, served as United States Poet Laureate Consultant in Poetry to the Library of Congress from 2004-2006.

CROSSWORD PUZZLE

ACROSS

1 Beat rapidly

5 Indian music

9 Center (abbr.)

12 N.Z. locust

13 Jewish month

14 Exclamation

15 Occupational Safety and Health Admin. (abbr.)

16 Yesterday (Ital.)

17 Name (Fr.)

18 Licensed practical nurse (abbr.)

20 Follow

22 Clothe

25 Amazon tributary

27 Skin vesicle

28 Bygone days

29 Concentrated (abbr.)

31 Before (Lat.)

34 Turk. title

35 Indian prince

37 Unfavorable

38 Chin. poet (2 words)

40 Pressure (pref.)

41 Legume

42 Egg (pref.)

44 "Faerie Queene" lady

45 Exclamation

46 Ahead

49 Art (Lat.)

51 Fellow

52 Gamin

54 Arabic (abbr.)

58 Gelderland city

59 Half (pref.)

60 Deride

61 The (Ger.)

62 Unfledged hawk

63 Kiln

ANSWER TO PREVIOUS PUZZLE

ROC A K A N B A N D

A B R S E B I E C O N

B E E S E E K W A T E R

T R E F A R A L

Q U O I T B A R D

A N N A O R L E S B E

D U N A D I O S E U R

I S E N E N E G A Y A

A I R E G I G O T

A B C S O E N O

S N A K E L I K E O A F

R A K E A C I S S A I

O G E E D I E T E A N

- DOWN

1 Indo-Chin. language

2 Bronze (Lat.)

3 Ultimate degree

4 S. Afr. language
- 5 Mack theologian

6 "Fables in Slang" author

7 Global Atmospheric Research Program (abbr.)

8 Alexandrian

9 Draft

10 Quaker pronoun

11 City of the Seven Hills

19 Bitter (pref.)

21 Least bit

22 S. Afr. dialect

23 Today (Ital.)

24 Araroba (2 words)

26 Fr. historical provinces

30 Hemp

32 Anchovy sauce

33 King of Israel

36 White with age

39 Eggs

43 Sultan's decree

46 Son of Ruth

47 Bare

48 Squirrel's nest

50 Pudding

53 Candlenut tree

55 Estuary

56 Away (pref.)

57 Gamble

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
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46	47				48		49		50			
51				52		53			54	55	56	57
58				59					60			
61				62					63			

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BACK 40

For Explore Big Sky, the Back 40 is a resource: a place where we can delve into subjects and ask experts to share their knowledge. Topics include regional history, profiles of local artists and musicians, snow and avalanche education, how-to pieces for traditional or outdoor skills, and science.

Noun: wild or rough terrain adjacent to a developed area **Origin:** shortened form of “back 40 acres”

Golf: Learning the ‘setup’

BY MARK WEHRMAN
EBS CONTRIBUTOR

As in life, golf allows for personal preference. I tell nearly all my students: “Just like every person has their own unique signature, every golfer has their own unique swing, and no two swings are the same.” This theory has helped me adapt to my students’ specific needs throughout my professional golf career.

However, this theory only relates to the golf swing, not the fundamentals. In golf, fundamentals consist of what we do before we actually hit the ball, otherwise known as the “setup.” Our setup is crucial to success and relates to four specific elements: grip, posture, ball position and alignment. When you first step up to the golf ball, follow these four steps (descriptions are specific to a right-handed golfer):



PHOTOS BY JOSEPH T. O'CONNOR

Grip

- Make your “V’s” – formed between your right thumb and index finger – point to your right shoulder. When you look down at your left hand you should be able to see two to three knuckles. This step is the most important fundamental in golf because the grip is what controls the clubface. If your grip isn’t correct you won’t have any control over the clubface and overall ball flight.



Alignment

- Aim your clubface at your target.
- Aim your body lines parallel, just to the left of the target – your body lines consist of your feet, knees, hips, shoulders, and eyes. The common mistake is to aim your body at your target, which will cause inconsistencies in your swing.



Posture

- Bend from the hips, not the knees. This will put the top half of your body over the ball allowing you to make a better torso rotation. Too much knee bend will cause your spine angle to be too straight and subsequently cause the path of the club to be too flat in relation to the proper swing plane.
- Place your feet about shoulder-width apart. The longer the club, the wider your stance will be. The shorter the club the more narrow your stance.



Ball position

- For every club, position the ball slightly forward of center in your stance or a couple of inches inside your left heel. As your stance gets wider with longer clubs, the ball position will appear to change, but remains consistent in relation to your left foot.

The setup is the key to your golf success. If you have fundamentals in place when you set up to the golf ball, you have a much better chance to make an efficient swing that repeats itself.

Mark Wehrman is the Professional Golfers’ Association Head Professional at the Big Sky Resort Golf Course. He recently received the 2014 Rocky Mountain Section PGA Horton Smith and Resort Merchandiser of the Year awards.

Watch Wehrman’s YouTube videos on “setup” for further information.