

Explore

Life and land from the heart of the Yellowstone Region

FREE

Big Sky

Aug. 21 - Sept. 3, 2015
Volume 6 // Issue #17

Wildfires scorching Northern Rockies

**'Golden Bear' opens
Moonlight front nine**

Local trails groups
score sought after grants

***Battle of the chefs:
Inside Vine and Dine's Pairsine***

A 'Groovin' wrap-up



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ON THE COVER: Dillon Delahunt had been fighting the Eustis Fire, south of Toston, Mont., for more than 10 hours when this portrait was taken on Aug. 14.
PHOTO BY JEFF KROGSTAD

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Wildfires scorching Northern Rockies



Battle of the chefs:
Inside Vine and Dine's Pairsine



BACK 40:
The dog days of summer

Explore

Big Sky



What is this publication?

Explore Big Sky is the local paper for Big Sky, Montana, and a news and lifestyle journal for the Greater Yellowstone Region.



Frequency:

26x/year

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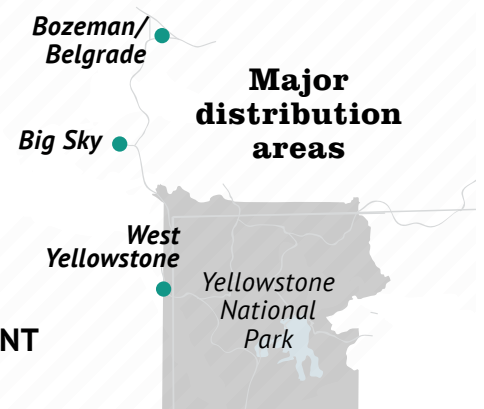
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“It’s not what you look at that matters, it’s what you see”

- Henry David Thoreau



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Martha has been in real estate in Big Sky, Montana for approximately 20 years and she's been a full time resident since 1988! She's an entrepreneurial spirit and is Founder, Broker and Owner of Montana Living ~ Big Sky Real Estate – the top luxury boutique real estate firm in Big Sky, Montana. Her experience includes brokering the sales, marketing and launch of resort, residential, commercial and ranch sporting properties. Call Martha now and utilize her grass roots knowledge of Big Sky for purchasing or selling your real estate.



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Offered for \$39,900,000

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ANCENEY RANCH

Offered for \$6,900,000

An original homestead in Big Sky and one of the finest sporting properties available in Montana, Anceney Ranch sits on 83 prime acres of forest, springs and meadows. With almost a mile of the legendary Gallatin River frontage and multiple spring-fed trout ponds, this is the ideal place for the fishing enthusiast. The land is surrounded on three sides by the Gallatin National Forest. Anceney Ranch has 7 total bedrooms and 6 total baths with a main house, guest cabin and a caretakers' home along with a horse barn. There aren't enough adjectives to describe how incredible this property is!

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News from our publisher, Outlaw Partners

Outlaw teams up with Construction Equipment Company

BY TYLER ALLEN
EBS SENIOR EDITOR

Tualitin, Ore.’s Construction Equipment Company was founded in 1981 and they’ve recently brought Outlaw Partners on board to give the rock crushing and screening equipment business a new sheen.

“We determined that CEC’s core focus needs to remain on re-educating and providing resources to their dealers, since [the dealers] are largely the key to sales,” said Outlaw Partners’ Director of Sales E.J. Daws. “We found that CEC is at a critical time to re-brand and re-launch its image promoting a new, renewed leadership and industry-leading, quality products.”

Outlaw identified and suggested six main components to help elevate the CEC brand and differentiate their products and services from the competition. A core focus of Outlaw’s marketing campaign will be to increase dealer trust and educate the client through a variety of multimedia channels so they have renewed confidence in selling the CEC brand.

“For a company with their history, it’s important not to wipe the slate clean, but to bring new light to the quality work that they’ve been doing since 1981,” Daws said.

The first step was to redesign the company’s brand.

“In redesigning CEC’s logo, Outlaw’s design team focused on modern simplicity and sophistication to showcase the company’s innovation but not abandon its history,” said Outlaw Partners’ Creative Director Kelsey Dzintars.

The new logo incorporates an orange stripe – a trademark element on all of CEC’s machines. The design department then used geometric, forward-slanting text in the CEC logotype as a reflection of the company’s commitment to “always moving forward,” according to the company’s website.

“And more literally, as a nod to the forward-moving conveyor belts in their Screen-It equipment,” Dzintars said.

Email ej@outlawpartners for consultation about rebranding your business.



before



after



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Opinion

Bozeman High should evaluate effects of suspending school lunch program

BY CARMEN BYKER SHANKS

BOZEMAN – The Bozeman School Board voted on July 13 to suspend the National School Lunch Program at the high school level. Given the significance of this change, there is reason to review the potential impact for Bozeman high school students and the greater community.

To fully understand today's federal NSLP requires a brief review of school lunch history. The Department of Agriculture in 1946 established the NSLP through Congress's approval of the National School Lunch Act.

The program was designed as a measure of national security to provide stable funding for nutritious foods that promote student health, learning and academic achievement. Created in the aftermath of the Great Depression and two world wars, the NSLP established only minimum nutrient requirements, as excess consumption was not a concern at the time.

In response to the upward weight trends among youth since the mid 1970s, the 2010 Healthy Hunger-Free Kids Act required updates to the meal patterns and nutrition standards for the NSLP and the School Breakfast Program to "... enhance the diet and health of school children, and help mitigate the childhood obesity trend."

Citing lower participation rates and a drop in revenue as evidence, Bozeman is among the few schools nationwide to drop the federal program. Moving forward, the school district and the community should require careful oversight and reporting about several important issues outlined below.

Focusing on quality nutrition is important given that NSLP participants – i.e., high school students – consume approximately 40 percent of their actual caloric intake at lunch.

The NSLP provides critical nutrition to limited-resource students through free or reduced meal prices for qualifying students. More information about the application process under the new meal program, including measures to avoid stigmatization, is necessary to ensure that the 18 percent of students in Bozeman High School that qualify for free or reduced meals are reached.

With the Bozeman School Board's vote, \$117,000 dollars in federal subsidies are being turned down. According to recent self-reported figures, Bozeman High School lost \$200,000 in revenue since February. Reports from other schools around the nation show that repealing the NSLP results in bigger budget deficits as a result of decreased access to opportunities provided by the federal program. For example, NSLP kitchens have access to over 100 bulk foods provided by the USDA to schools at low or no cost.

Data from the Montana Office of Public Instruction website shows that participation in the NSLP at Bozeman High School has remained steady and this starkly contradicts media reports suggesting a decrease in participation. Research also shows that decreases in school lunch participation nationwide began in 2008 – before the new nutrition standards – and national participation has been rising since March 2014.

Montana schools have faced changes due to the new nutrition standards and are managing to maintain, or work toward, financially viable foodservice operations while accommodating student food preferences. The Bozeman School District has an outstanding foodservice infrastructure – especially in light of the recent \$4.5 million kitchen renovations, opened in August 2014 – capable of meeting the NSLP nutrition standards that are being met by school districts across Montana.

Bozeman High School is an open campus school. To a high school student, the freedom to take a

break from school during the lunch hour may always outweigh the allure of any on-campus food options. The off-campus migration of students resulting from an open campus policy must not only be expected, but accounted for within any financial forecasting.

Pre- and post-consumer food waste has been one concern about the new nutrition standards that the media has highlighted. The validity of these claims, however, is disputed in an article published in 2014 in the American Journal of Preventative Medicine. What we do know is that steps can be taken to reduce food waste in all areas of foodservice in order to reduce food costs and increase nutrient consumption. These well-researched best practices should be tested at Bozeman High School.

Bozeman High School foodservice plans to implement strategies to improve participation and financial prosperity including using more local food; increase marketing of lunches; using customer satisfaction surveys; and implementing a menu app for smart phones. Other districts have successfully implemented these ideas under the NSLP to increase participation and improve the appeal of foods offered.

Time and results will determine if this decision was an act of foresight or folly. For school lunch programs, the bottom line is about much more than revenue. Decision-makers must understand that at its core, NSLP seeks to ensure that all high school students receive proper nutrition to grow and learn.

Carmen Byker Shanks, PhD is an assistant professor of Food and Nutrition and Sustainable Food Systems at Montana State University. She is the Principle Investigator of the Behavioral Nutrition Research Group at The Food and Health Lab at MSU.



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Head-on collision results in Big Sky fatality

BY TYLER ALLEN
EBS SENIOR EDITOR

BIG SKY – At approximately 1:30 p.m. on Aug. 17, a motor vehicle accident occurred on a sweeping curve at mile marker 1 on Lone Mountain Trail in Big Sky, resulting in the fatality of a 23-year-old Colorado woman.

The woman’s late model Jeep Grand Cherokee, traveling in the westbound lane, crossed the centerline and struck a dump truck towing a trailer head on in the eastbound lane. The vehicles came to rest in the westbound ditch, and the driver of the Jeep was pronounced dead at the scene. Both occupants were wearing seat belts.

The name of the deceased had not been released as of EBS press time on Aug. 19, pending notification of the family.

The driver of the dump truck – which was severely damaged – did not sustain “incapacitating injuries,” according to Montana Highway Patrol Sgt. Patrick McLaughlin, but was transported by MHP to Bozeman Deaconess Hospital.

Montana state law requires that drivers involved in accidents resulting in severe injury or death must be given an isolated interview by the authorities and a blood draw to determine if there were any intoxicating substances involved.

The accident was being investigated by Montana Highway Patrol, and the Gallatin County Sheriff’s and Coroner’s offices, as of press time.

Lone Mountain Trail was reduced to one lane of traffic for approximately five hours, according to Sgt. McLaughlin, and reopened once the vehicles were removed from the ditch, hydraulic fluid from the dump truck was cleaned off the road, and MHP finished diagramming the accident.

This collision occurred on the same bend in the road where a propane truck overturned on Jan. 27 after the driver swerved to avoid hitting a bighorn sheep.



The driver of a Jeep Cherokee was killed on Big Sky’s Lone Mountain Trail Aug. 17 after a head-on collision with a dump truck hauling a trailer. PHOTO BY TYLER ALLEN

Candidate filing closed for Resort Tax Board positions

BY MARIA WYLLIE
EBS ASSOCIATE EDITOR

BIG SKY – Candidate filing for three of the five seats on the Big Sky Resort Area District Board of Directors closed on Thursday, Aug. 20 ahead of the general election on Nov. 3.

The Resort Tax Board serves on a voluntary basis and oversees all aspects of collection and appropriation of Big Sky’s local 3 percent sales tax. The board meets regularly and reviews applications and appropriates funding each June.

As of EBS press time on Aug. 19, Big Sky resident Grace Young and returning board members Jamey Kabisch and Mike Scholz had submitted petitions for nomination.

Board members Jamey Kabisch, Mike Scholz and Jeff Strickler are concluding their first, four-year terms. Ginna Herman and Heather Budd won’t be up for re-election until May of 2018, since election dates are moving to May after this November’s election.

The Montana Legislature in January passed House Bill 84, which determines new guidelines for special purpose district elections, like RTB’s, and requires elections to be conducted on the same day as school trustee elections.

This means winning candidates will serve an additional six months, with

terms expiring in May 2020. A May election date followed by appropriations in June gives the newly elected member little time to become acquainted with the process, according to Budd.

“If I had walked into appropriations right after being elected, it would have been very difficult,” Budd said at the Aug. 12 board meeting.

The board agreed that regardless of whether a new member is elected in November or May, he or she would likely feel a bit lost during the appropriations meeting. Herman suggested the board make the orientation process more comprehensive to help newly elected RTB members become comfortable with the process.

Also during the Aug. 12 meeting, members made small changes to the appropriation application, which will include instructions to help avoid confusion and make it easier for someone new applying.

Dates for the next Q-and-A session and appropriations were set for June 6 and June 20, 2016, with applications due May 1, 2016.

The 2015-2016 Resort Tax Board meeting dates were also discussed at length. The board agreed to set monthly meetings for July, August, November, January, and March, as well as two meetings in June.



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LOCAL

Big Sky Discovery Academy launches additional programming

EBS STAFF

BIG SKY – Big Sky Discovery Academy, the only local Montessori school, is moving to a new space and expanding its programming for the 2015-2016 school year.

Formerly located above American Bank on Lone Mountain Trail, the Montessori school, which opened last year, previously offered grades one through six. The school is temporarily moving to Big Sky Town Center to accommodate the new programming, which will include pre-k and kindergarten; a junior high with grades seven and eight; winter sports training; and single classes for high-school aged kids focusing on individual needs.

“Big Sky is a growing community and it is only a natural fit to have a Montessori option for all kids of every age,” said BSDA board member Kene Sperry. “Montessori is a program that gives the child the ability to follow his/her inner passions and grow.”

Construction is almost finished in the new space, which is located off Aspen Leaf Drive, on the second floor of the building that sits between the fire station and the Hungry Moose Market and Deli.

The school’s calendar is the same as the public schools’, meaning classes start on Aug. 31, and all holidays are in alignment with Ophir School.

BSDA CEO Tom Yahraes and Executive Director Brenda Yahraes both worked at Lone Peak High School during the 2014-2015 school year, as the assistant superintendent and program coordinator, respectively.

“[We’re] taking the one through six Montessori model to the next level to be a fully comprehensive, premier private school,” Tom said. “The goal is to do this in five years.”

The five-year plan covers three phases.

Phase one begins this year, as the school moves to a larger space and adds more programming. Phase two is building enrollment – filling in and refining the junior high and high school portion of the programming, and building a stronger partnership with skiing opportunities.

“Leaping ahead to phrase three means we will obtain an environmentally connected facility for our Montessori base, our middle and high school students, and access to training and trails for local and seasonal students,” Tom said, adding they might add a boarding option for students.

Laura MacPherson, former lead teacher and owner of Mountain Kids Montessori in Big Sky has merged her preschool with BSDA and is joining the team as the early childhood teacher, where she will instruct pre-k and kindergarten classes.

“We can now offer an array of programming such as Kindermusik, Spanish, and seamless transitions into higher levels of Montessori education,” she said.

Other staff additions include Nicole Scheibel as MacPherson’s team teacher, taking on kindergarten and lower elementary, and Hannah Victory, teaching elementary and middle school with Brenda Yahraes.



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Town Center recently banned food trucks except during Wednesday night Farmers Markets and Thursday night concerts, since food trucks don't pay TCOA dues like other restaurants. Should food trucks be allowed in Town Center at all times? Why or why not?



Tim Pagast, Gallatin Gateway, Mont.
Owner, Adaptation Food Truck

“In front of the Hungry Moose, no. But if we’re invited in, then yes. If the business paying rent wants you in front of them, then why not? But I totally respect that the businesses have a high overhead and that’s their spot. I would never set up in front of another restaurant.”



Jake Heckman, Horseshoe Hills, Mont.
Metal Sculptor

“Heck yeah! If I could have one in my front yard, I’d invite them every day. Personally, if I walk past a food truck and I smell something good, I’m going to eat it. It’s more convenient than going to a restaurant. Those guys are working just as hard as the rest of us to make a living. They have faster service and better pricing.”



Mark Sinclair, Belgrade, Mont.
Owner, Sinclair’s Bakery

“I don’t sell as a normal food truck since it’s stuff I prepare way in advance ... I [also] have a regular retail license and a wholesale license. I just do the Big Sky Farmers Market and the Saturday Farmers Market in Bozeman ... I actually would be upset if I owned a restaurant and a food truck set up outside of it, so I can see that reasoning.

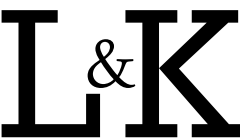
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BSCC Gala exceeds fundraising goal, highlights power of community

BY JOSEPH T. O'CONNOR
EBS MANAGING EDITOR

BIG SKY – Rain and thunderstorms can be regular party crashers in a southwest Montana summer, but they steered clear of Big Sky Community Corp.'s largest fundraiser of the year.

Clear skies greeted guests attending BSCC's fifth annual Parks and Trails Gala, held under a big-top tent at the community park on the evening of Aug. 15. The event drew a crowd ranging from local residents to out-of-town visitors, all aiming to celebrate the parks, recreation and trails this community holds close to its heart.

"It was a wonderful representation of just how well BSCC is received in the community," said newly appointed Executive Director Ciara Wolfe. "There wasn't a single person in that tent who doesn't utilize what BSCC offers on a regular basis."

Guests mingled among silent auction items and Bozeman chef Ryan LaFoley catered a dinner before Wolfe introduced herself to the nearly 200 attendees.



BSCC Executive Director Ciara Wolfe addresses the fifth annual Parks and Trails Gala on Aug. 15.
PHOTO BY EMILY O'CONNOR

The organization's new director began with BSCC in late July after moving to the area from Bozeman with her husband Mike and their two children.

Addressing the crowd, Wolfe spoke about the importance of recreation in the community, and included an anecdote recalling a family who named Ousel Falls Trail their favorite hike in the area.

Wolfe also presented the first annual Krista Mach Volunteer of the Year award to local Barbara Rowley for her longstanding

commitment to BSCC and the Big Sky community as a whole. The award honors the organization's most dedicated volunteer of the year, and is named after Mach for her years of work with BSCC.

Silent and live auctions raised nearly \$40,000, and included, among others, art and gift baskets as well as trips to Bali and to a worldwide destination of the bidder's choice.

Before the gala began, BSCC received \$7,500 in donations from those who were unable to attend. Between sponsorships, donations, ticket sales, and auction items, the nonprofit raised approximately \$105,000 toward continuing its community efforts.

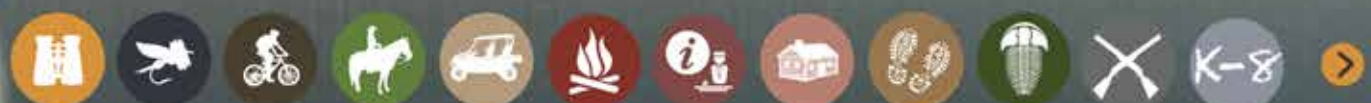
For Wolfe, the event provided an opportunity to express to attendees that BSCC's work reaches beyond starting new parks and trails projects.

"Folks recognized that their contributions were also going toward stewarding the incredible assets we already have [in Big Sky], so that they're around for generations to come."



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The Reserve at Moonlight Basin opens with ‘Golden’ drive

STORY AND PHOTOS BY TYLER ALLEN
EBS SENIOR EDITOR

BIG SKY – The long awaited front nine of Moonlight Basin’s private mountain-ringed, 8,000-yard golf course was celebrated on Aug. 6 as one of the game’s legends, and also the



Jack Nicklaus watches his ceremonial first tee shot sail into the alpine air at the Grand Opening of The Reserve at Moonlight Basin on Aug. 6.

course designer, ripped a perfect drive through a bluebird Montana sky.

Jack Nicklaus’ ceremonial first tee shot appeared destined to clear the Spanish Peaks and end up in Gallatin Valley before gravity took hold and it bounced onto the first hole’s fairway, 252 feet below the tee box.

“It was absolutely perfect,” said Mike Wilcynski of Nicklaus’ drive. The Reserve at Moonlight Basin’s director of club operations and membership, Wilcynski has been involved with the construction and development of the Jack Nicklaus Signature Golf Course since 2005.

The back nine holes of The Reserve opened in 2008, but the last decade’s economic downturn and subsequent bankruptcy of Moonlight Basin kept the front nine from opening to golfers until late July this year.

“I’m pretty proud of the fact that we’re all done with [the course],” Wilcynski said. “[The project] is pretty near and dear to my heart.”

Moonlight Basin also opened The Reserve’s clubhouse on Aug. 1, a sprawling log structure at 6,600 square feet including the lower-level cart storage. On the morning of Aug. 6, a giant white tent stood west of the clubhouse where the Golf Channel’s Steve Sands moderated a member Q-and-A session with Nicklaus.

“There hasn’t been a central gathering place [at Moonlight Basin] before now, and there’s starting to be,” said Moonlight Basin member Kate Williams, as she walked toward the tent past trays of fresh fruit and breakfast sandwiches. “There’s a real Moonlight community emerging up here. We can leave our condos and houses and have a place to go.”

Inside the tent Nicklaus, a record 18-time major championship winner, spoke about the course, its design challenges and his legendary career.

“I think it’s the most scenic golf course I’ve ever seen,” Nicklaus said. “It’s also the hardest blasted golf course I’ve ever seen!”

He talked about the hazards of golf-course construction in his home state of Florida – namely alligators and snakes – and compared it to the difficulties The Reserve mountain course presents.

“Here you try to find the golf course,” Nicklaus said. “We moved less dirt here than 90 percent of the golf courses [we’ve designed] in Florida. What are you going to do, move it 200 yards uphill?”

He described the placement of each hole on the front nine and joked he did

the same for the back nine “about 23 years ago ... but I’m not sure if any of you remember it,” eliciting laughter from the crowd.

Nicklaus discussed how the game of golf has changed with evolving technology, and that his course designs have evolved accordingly with longer holes. Later he spoke of how the contemporary technology has created an era where professionals can hit the ball straight at the flagsticks, instead of being “shot makers” like most elite golfers were forced to be by the equipment available during his prime.

“I could never hit [the ball] straight,” Nicklaus said, before adding that he thinks some of the young pros like Rory McIlroy, Jordan Spieth and Dustin Johnson are exceptional golfers, as well as shot makers.

Nicklaus remained on the stage after the Q-and-A as 20-30 fans lined up for autographs and pictures with the “Golden Bear.” The rest of the

crowd walked across the driving range to the first tee where Nicklaus was shuttled by an all-terrain vehicle.

Club members and photographers ringed the tee box when Kevin Germain of Lone Mountain Land Co. – the developer of the Club at Moonlight Basin – dedicated a plaque to one of the resort’s original owners and visionary, the late Lee Poole.

“I know Lee is looking down on us with his smiling eyes,” Germain said. “He can see all 18 holes, while we can’t.”

Nicklaus took the microphone and told the crowd how much he enjoyed working with Poole designing the course, before stepping up and lacing his drive to the fairway, just right of the left bunker.

“I think Lee was sort of a scapegoat for the economy, which was just ridiculous ‘cause he was the only one that really knew what was going on here,” Nicklaus told me after his ceremonial tee shot. “I felt so bad about that because he was such a good guy.

“Mike has done a great job with putting the whole [course] together,” he added.

Nicklaus said he’d return to see how the course matures and possibly to ski when the course is covered in snow.

“[The last time] I skied was here about four years ago,” he said. “I took it up at age 35. I said I wasn’t going to take it up until after I was done with golf.”

Nicklaus retired from professional golf at age 65, and began his course-designing career in earnest.



The driving range at The Reserve, where golfers use Fan Mountain as a target.

BSCC, GVLТ receive state trails grants

BY MARIA WYLLIE
EBS ASSOCIATE EDITOR

HELENA— On July 16, the Montana State Park’s Recreational Trails Program awarded \$1.5 million to 60 of 89 applicants across the state to help fund development and maintenance of recreational trails, as well as trail-related facilities for both winter and summer use. Eligible applicants can include federal, state, county or municipal agencies, private associations and clubs.

Top ranking project proposals this year, according to Montana RTP Manager Beth Shumate, included those submitted by Gallatin Valley Land Trust, a trails and conservation nonprofit in Bozeman, as well as the parks and trails organization Big Sky Community Corp.

“I think BSCC’s project rose to the top since the RTP funds would help create both transportation and recreational funds for all ages and abilities,” Shumate said.

BSCC received a \$20,000 grant to help complete Phase 2 of the Community Center Trails Project. Phase 2 will see the completion of the connector trail linking the Uplands and Ousel Falls trails, according to BSCC Project Manager Emily O’Connor. Grant funds will be used to pay for construction contracts and staff time needed for the project, O’Connor said.

“The major thing is that this grant is supporting the expansion of trails that will actually connect two of our highest used trails, and therefore take some of the traffic off of those trails,” said BSCC Executive Director Ciara Wolfe.

GVLТ was awarded \$30,000 to help with two projects that are a part of a larger Main-Street-to-Mountains trail system.

Half the money will fund a vault toilet, expand parking with handicap spaces, and add bike racks and a gate, as well as landscaping at Snowfill Park, a 37-acre off-leash dog park located north of downtown.

The beloved park sees thousands of users, including kids who come to sled there in the winter, yet it currently has no amenities for people.

“These improvements were really necessary,” said GVLТ Executive Director Penelope Pierce, adding that the nonprofit also raised private funds to make the project happen.

GVLТ will use the remaining \$15,000 from the RTP grant for a new entrance at Bozeman’s Peets Hill/Burke Park, which is celebrating its 25th anniversary this year.

The current entry way is a narrow, unsafe culvert faced with erosion issues, according to Pierce.

With RTP and privately raised funds, GLVT hopes to break ground in September to replace the culvert with a bridge that users can cross to enter what Pierce calls the “crown jewel of Bozeman’s downtown parks and trails system.”

“We are excited about both of these [projects] because they are both important, central, iconic community parks,” Pierce said. “The impact will be widely felt and widely appreciated.”

A plethora of volunteers, partnerships, and a variety of funding sources has helped GVLТ accomplish its long-term vision and allowed it to fair well in the application process, according to Shumate.

“We want to put money toward something that is long lasting and accessible and sustainable, and not just going to go away in five years,” Shumate said.



Kyla Simonson riding singletrack on Garnet Mountain, located in Gallatin Canyon. PHOTO BY TANYA SIMONSON

RTP awarded grants for various sized projects on three cost levels: under \$20,000; \$20,000-\$45,000; and one at \$90,000.

“We try to keep award amounts smaller so that we can award more projects across the state,” said Shumate, adding that some states will opt to fund fewer, more expensive projects.

“It creates a whole lot more work, but we feel the benefits are big,” she said of the rationale behind smaller awards. “It allows for more diversification of projects that we are funding.”

Prior to allocating funds, Shumate assesses each proposal with the Montana State Trails Advisory Committee, which currently consists of 10 diverse trails users from around the state.

Shumate says projects that do well engage the entire community through partnerships, have long-term vision and goals, and strong maintenance plans.

Since Shumate started as RTP manager six years ago, she’s noticed more applications coming in from central and eastern Montana.

As the only trail-maintenance funding source, RTP receives numerous maintenance requests. However, since asphalt requires more maintenance, Shumate says applicants are realizing that building accessible trail systems with natural surface types are more likely to be funded.

RTP funds are available through Moving Ahead for Progress, a two-year transportation bill providing funding for federal highway, transit, alternative transportation and safety programs that was slated to expire in 2014. Congress extended the program through May of this year.

Until Congress is able to find a funding solution for transportation systems, RTP funding through

the Highway Trust Fund remains uncertain, but Shumate is anticipating another year of extensions, she said.

Since RTP has operated on a yearly basis since its formation in 1992, Montana State Parks will proceed as if the money will be there, Shumate says.

“It’s always come through because we feel there’s so much support from both motorized and non-motorized user groups all the way up to the congressional level,” she said.

Reiterating that RTP is the only funding source available for trail maintenance needs, Shumate says it would be detrimental to Montana recreationalists if the program were to fold.

“You can build a trail, but if you can’t maintain it then you are going to have major issues down the road,” she said.



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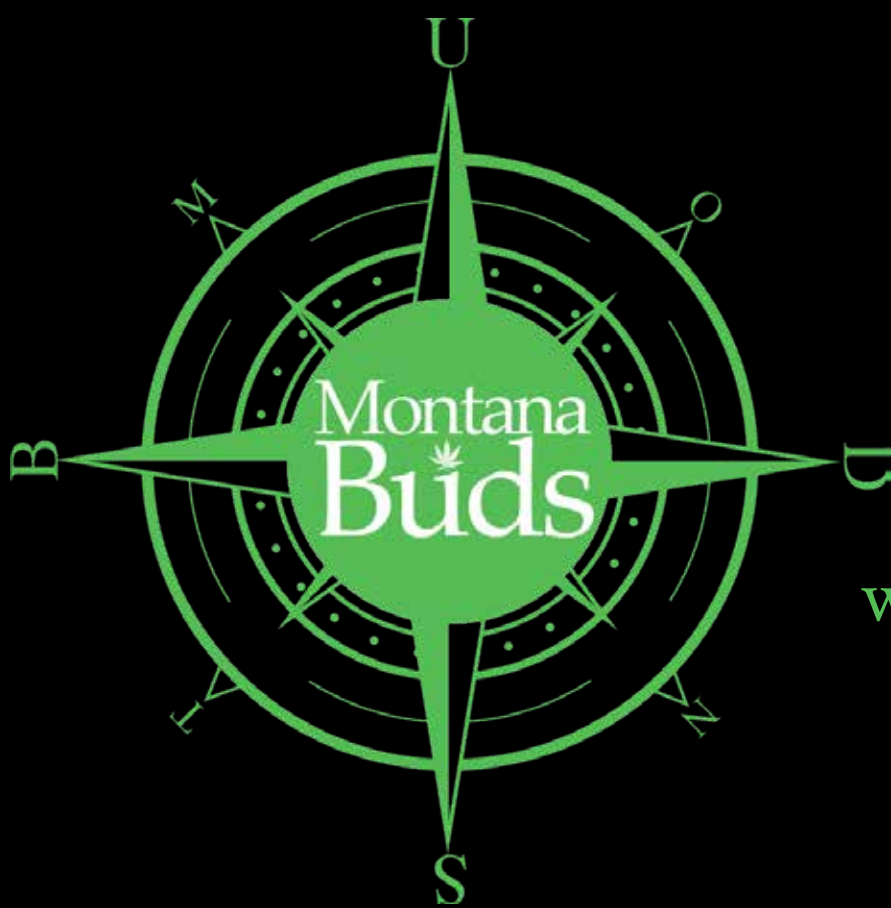
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Montana commerce director selected as CSG Toll fellow

COUNCIL OF STATE GOVERNMENTS

LEXINGTON, Ky. – Meg O’Leary, director of the Montana Department of Commerce, is one of 48 state policymakers from across the country selected as a Council of State Governments’ Henry Toll Fellow for the Class of 2015.

The class of 2015 Toll fellows represents 33 states and Puerto Rico, with 35 serving in the legislative branch, four in the judiciary, and nine hailing from the executive. A nine-member committee of state leaders, many who are Toll fellows themselves, reviewed a record number of applications to select the class.

Named for CSG founder Henry Wolcott Toll, the Toll Fellowship program is one of the nation’s premier leadership development programs for

“I want to be involved with a community of rising and energetic leaders all focused on improving the lives of others through smart governing and savvy government.”

state government officials. Each year, the program brings 48 of the nation’s top officials from all three branches of state government to Lexington, Ky., for an intensive six-day, five-night intellectual boot camp.

“I want to be involved with a community of rising and energetic leaders all focused on improving the lives of others through smart governing and savvy government,” O’Leary said. “An additional benefit is the opportunity to engage with a group of individuals focused on furthering their own personal growth and development.”

The program’s agenda includes a lineup of dynamic speakers and sessions designed to stimulate personal assessment and growth, while providing priceless networking and relationship-building opportunities.

“The Toll Fellowship remains the oldest and most prestigious of all leadership development programs for elected officials,” said David Adkins, CSG’s executive director and CEO. “Its impact is profound and its quality is renowned. As a Toll fellow from 1993, I know firsthand the impact the program has on elected officials.”

O’Leary said leadership programs like the Toll Fellowship help state leaders become better stewards of state resources.

“State officials are responsible to direct, invest and protect the extremely valuable resources of the state,” she said. “As a country, we must trust those assets to focused and strategic leadership so future generations can enjoy these assets.”

This year’s program will be held Aug. 28 - Sept. 2 in Lexington.

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Fire activity increases in Northern Rockies

Bullock declares state of emergency

BY JOSEPH T. O'CONNOR
EBS MANAGING EDITOR

While fires raged across California, Washington and Oregon over the past few months, states in the Northern Rockies were experiencing a relatively average fire year. Then, during the week of Aug. 10, widespread and intense thunderstorms walloped the area.

Hundreds of new fires were reported in the Northern Rockies geographic area, which includes Montana, North Dakota, and northern Idaho, Yellowstone National Park, and a portion of South Dakota. The blazes that escaped initial attack quickly grew into large incidents, according to a press release from the Northern Rockies Coordinating Group.

The Northern Rockies Coordination Center, at EBS press time Aug. 19, reported 30 large fires, many of which are multi-fire complexes with incident management teams regulating multiple incidents. The Thompson Fire in Glacier National Park was deemed the largest single fire at 13,932 acres.

In southwest Montana, the Eustis Fire near Toston was reported on the morning of Aug. 14, approximately 50 miles northwest of Bozeman. Within 72 hours and fanned by erratic winds, the blaze had exploded to more than 8,000 acres burning grass and brush and causing a 24-hour power outage.

The rapid increase in fire activity prompted Montana Gov. Steve Bullock to issue a state of emergency on Aug. 16, and make resources available from Canada as well as the Montana Air National Guard.

Resources responding to smaller fires in their respective locales combined with overtaxed national resources battling fires across the West are contributing to a challenging position for fire managers.

"There's a lot of fire on the landscape, not only here, but in California, Washington, Oregon, Colorado and elsewhere," said NRCG Chair Ken Schmid. "Resources are stretched thin with needs everywhere, but we're working hard to find ways to meet the need."

The challenge, according the press release, will be allocating resources – aircraft, crews, engines and heavy equipment – to existing fires, and still maintain capacity to quickly respond to new fires.

The NRCG is also tasked with prioritizing incident needs and allocating a limited number of resources – requests for which exceed what's currently available, Schmid said.



Smoke billows from the Eustis Fire south of Toston, Mont., on Aug. 14. The blaze grew to 8,721 acres before firefighters fully contained the fire on Aug. 19. PHOTOS BY JEFF KROGSTAD

"Our teams understand the situation and they are planning accordingly," he said. "We are in constant communication with them to talk about resource needs [and] availability, and configuring the resources they do have for maximum benefit."

A few small fires have been reported in Big Sky this summer but nothing that's been out of control thus far, according to Big Sky Fire Department Chief Bill Farhat. He warns, though, that warm temperatures and little rain of late have contributed to a growing danger.

"Our fuels are getting dryer as we speak," Farhat said, adding that Stage 1 fire restrictions are in place in Madison County, and in the Big Sky Fire District portion of Gallatin County.

"If we have anything that looks like smoke up here, we get 10 phone calls and we're trying to avoid that," Farhat said. "Only recreational fires are allowed in Gallatin County – nothing larger than 36 inches in diameter."

Depleted wildland firefighting resources are another reason these restrictions are in place, Farhat added. "Everybody's tapped out right now."

Farhat's fire safety tips

- This time of year, eliminate any outside fires if possible until we get significant rains again.
- Register your cell phone with Gallatin County at "ready-gallatin.com" Click on "Community Resources, then go to "Public Warning," then "Emergency Preparedness Notification System." Your phone will get emergency messages whether you're in Big Sky or not.
- Don't allow high grasses near your home.
- Don't pile wood or other materials that can burn near your home.
- Use common sense in disposal of any smoking material.
- Make sure any fire or smoking material is completely out. It must be cool to the touch before you leave a fire or dispose of smoking material.



A helicopter brings water at sunset to the Eustis Fire.

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HEALTH, BUSINESS, DINING,
AND SPORTS



The Corner Office: New business essentials p. 19



Recipe: Serviceberry ice cream p. 23



The Rut adds 25K option p.25

MEDITATION | IMPROVING WELLNESS

BY JESSICA WIESE

Developed largely alongside religious and spiritual traditions over the millennia, meditation has many proven health benefits.

A regular practice can increase calmness and physical relaxation, improve psychological balance, help a person cope with illness, boost focus and attention, and enhance overall health and wellbeing, according to the National Center for Complementary and Alternative Medicine.

Dr. Chopra cites marked results on brain scan indicators, among other things, and the Scripps Institute recently conducted a groundbreaking study showing changes in the autonomic nervous system – which regulates the functions of our internal organs such as the heart, stomach and intestines – as the result of meditating for a week.

During my time at the Chopra Center, our meditations varied in length from 20 minutes at the start of the week, to nearly two hours in one sitting by the end.

During each session, we repeated our mantras, practiced breathing exercises called pranayama, and repeated sutras, which are a sound or vibration that when repeated put you in a deeper state of consciousness.

On a good day, this dropped me into a deeply relaxed state; on harder days, I felt anxious, thinking, “Why can’t I do this right?” This is all part of the practice, according to davidji, a seasoned teacher at the Chopra Center who taught many of my classes.

“Meditation is not about stopping your thoughts, or having some special experience while meditating,” he told our class. “It is about having a moment of stillness that helps carry you through your day.”

davidji recommends the RPM method of meditation – Rise, Pee, Meditate – which, when practiced each morning, can keep us from going straight into the pre-work autopilot routines so common for many.



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MEDITATION CAN HELP WITH VARIOUS HEALTH PROBLEMS

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- + Pain
- + Depression
- + Stress
- + Insomnia
- + Physical and emotional pain associated with chronic illness.

This information was compiled from the National Center for Complementary and Alternative Medicine, and tm.org, a national nonprofit using research from the National Institute of Health, American Heart Association, American Medical Association and American Psychological Association

A version of this infographic was first published in the summer 2014 edition of Mountain Outlaw magazine.



From Jackie *with love* Making strides toward holistic health



BY JACKIE RAINFORD CORCORAN
EBS HEALTH COLUMNIST

The 17th century was a revolutionary time for medicine and science. In much of Europe, from approximately 1100 to the mid 1600s, the Catholic Church governed the sciences and generally prohibited the dissection of cadavers because it was believed that medicine was witchcraft.

The church also considered the mind, body and spirit as one, and in order to ascend to heaven, the body had to be preserved intact. This thwarted medical and scientific progress.

The French philosopher, mathematician and scientist René Descartes influenced a reversal of dissection restrictions through his writings and teachings. In his treatise, “The Description of the Human Body,” he argued that the body worked like a machine and was separate from the mind and soul. The church was eventually convinced and began allowing the performance of autopsies, paving the way for medical and scientific breakthroughs.

However, this was not all for the best. For the last 300 years, Western doctors have been treating disease with the complete acceptance that body and mind are separate and do not affect each other. This has distorted our understanding of disease causes and treatment, and resulted in pharmaceuticals becoming a very powerful field of medicine.

A 1997 report from the Journal of the American Medical Association listed the causes of heart disease without mention of emotional factors like stress, depression or anxiety.

How can medicine – despite its narrow focus on biological factors and disease control through surgery and drugs – help humans prevent and cure diseases holistically?

A fairly new science called Psychoneuroimmunology, or PNI, studies the effect of the mind on health and resistance to disease. It’s a big word, but when broken down it makes good sense: “psycho”: the mind and emotions; “neuro”: the nervous system; and “immuno”: the immune system.

Medicine and science are advancing, now considering the whole person and how they fit

into the world. A decade after its 1997 report, JAMA published in 2007 another article titled, “Acute Emotional Stress and the Heart.”

Stephen Maier, a professor of psychology at the University of Colorado, explained in a 2001 lecture given at the American Psychological Association convention that, “In a real, true sense, stress makes you physically sick.”

PNI will hopefully help create a tipping point for a new medical and scientific revolution – one that will start treating humans as holistic beings rather than addressing fragmented diseases and disorders that exist in a vacuum.

We now know we have a powerful ability to control our minds and health. We can learn to manage our stress and reduce anxiety; alter lifestyle choices that cause preventable disease; and work with holistic physicians. We must move from disease management to disease prevention swiftly. Our future generations depend on it.

Jackie Rainford Corcoran is an IIN Certified Holistic Health Coach, an NASM Certified Personal Trainer, a public speaker and health activist. Contact her at jackie@thetabealth.com, or find more information at thetabealth.org.

Locals Fishing Report from Gallatin River Guides

Brought to you by Jimmy Armijo-Grover, General Manager



The end of summer vacation is coming to a screeching halt for many and we are experiencing another big shot of hot weather before fall-like weather starts to slowly creep in. Fishing with nymphs and terrestrial patterns like grasshoppers, ants and moths are the name of game this time of year as most hatches of mayflies, caddis and stoneflies have slowed down significantly.

The Spruce Moth hatch is near its end on the Gallatin, but that doesn’t mean the end of dry fly fishing. Some fish may still key in

on moth-like patterns even after they are gone. A good time of year to have faith in the hopper/dropper rig, which is a grasshopper pattern with a small nymph dropper between 1 and 2 feet below. Purple Hazes, ants, beetles, Royal Wulffs, Trudes and a variety of other terrestrials and attractors are all good fly choices right now. For nymphs mostly sticking to smaller patterns like Pheasant Tails, Lightning Bugs, midge patterns and more.

This is a great time to start heading over to the Yellowstone River. Occasional mud from storms in the park can be obstacles at times, but with over 100 miles of river to fish there are usually plenty of options. We’re all about the hopper/dropper or Chubby/dropper rig with the dropper about 3’ below the dry. Pat’s Rubberlegs and little soft hackles are good dropper options. The whitefish bite will be strong for the remainder of the season, which is good when all you’re looking for is a tug on the end of your line!

Similar story for the Upper Madison, but a nymph rig will certainly outperform a hopper/dropper rig for sure. Also, consider dead-drifting or dragging bigger streamer patterns.

Still plenty of time to hit those high mountain lakes and streams. Strap on your bear spray and put on your hiking boots!

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Johanne Bouchard, a former high-tech marketing executive, is a leadership advisor to CEOs, executives and entrepreneurs, as well as an expert in corporate board composition and dynamics. Visit johannebouchard.com to learn more or download her recently published eBooks "Board Composition" and "Board Basics."

New business essentials



BY JOHANNE BOUCHARD
EBS BUSINESS COLUMNIST

Starting and building a new business or a new partnership – or even opening a new location of an established business

– is challenging. Fortunately, there are some essential foundational steps entrepreneurs can take to ensure the success of their ventures. Here are a few to consider:

Know your market. The first step of any successful business owner is recognizing a need for what you're offering, or knowing you're up for the challenge of creating demand. I've seen so many businesses fail because the starry-eyed people behind them went in with great intentions but overlooked this critical step. This step will allow you to adapt to the market before launch, to ensure that your business thrives.

Write a clear business plan. Your business plan should be less a "bible" than a roadmap. The act of drafting a succinct written plan helps you carefully think through what you are trying to achieve.

Your business plan needs to include:

- What/who you are as a business
- The vision of what you intend to become
- Your near- and long-term focus or mission
- The strategy to achieve your vision
- The objectives to achieve your strategy
- Your financing
- Your financial projections, including a sales forecast
- Your anticipated cash flow
- New prospects and customer traction achieved to-date
- Your marketing strategy

Don't underestimate the importance of clearly defining your marketing strategy; whom you'll target as your optimal customers; the competitive business landscape for your region; opportunities and potential threats; your value proposition, which is a clear statement explaining how your product delivers specific benefits and addresses customers' problems; the price of your offering and its associated costs.

Secure sufficient financing. If you don't have the capital you need to open your doors and keep them open for at least a year, you'll need to seek outside funds or push back your launch date. Applying for a business loan and/or a credit line for your capital expenditures while you're solvent may be easier than when things get unpredictable later on.

Involving friends and family as financial supporters has upsides as well as potential risks, and these types of partnerships must be managed with transparency and proper legal procedures. Finding an independent investor is a funding alternative implying shared ownership with additional financial obligations. Weigh your options and understand how to optimally fund the initial stages of the business.

Hire the right team. Every single employee, regardless of their role, needs to be handpicked. Start with the roles that are most important, outline their responsibilities in detail, and interview candidates with clarity of these roles in mind. Employees are often said to be a company's biggest resource, but it's equally true that they can be its biggest liability.

Launch with care. If you've carefully addressed planning, financing and staffing for your sure-to-succeed swimsuit shop, but you open your doors

The first step of any successful business owner is recognizing a need for what you're offering, or knowing you're up for the challenge of creating demand.

in Montana in December, you might not make it to swim season. Make sure that the timing and promotion for your new business are appropriate for the community you're joining. Talking to other business owners, area business leaders and prospects are a few ways to understand your market, allowing you to be proactive with the seasonality of your offerings.

Carefully monitor your business post-launch, and thoughtfully tweak as you go. There are tools and systems you can use to assist with the creation of your business infrastructure, professionals you can engage to help you, and associations you can join for peer support. Planning for the official launch of a new venture can be extremely rigorous and take significant time – don't lose sight of what will happen subsequent to launch.

Make sure monitoring and maintenance are part of your plan from inception, and be flexible once you've collected and analyzed some real-life data on how things are progressing.

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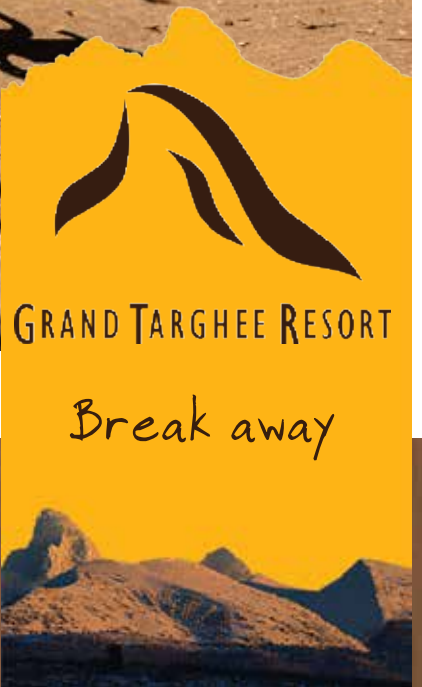


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AMUSE-BOUCHE

Amuse-bouche refers to an appetizer, and by French translation means, “to entertain the mouth.” It offers a glimpse into what you should expect from a meal. Also it’s free, compliments of the chef.

Gee Mr. Chef, can I see the kitchen?



BY SCOTT MECHURA
EBS FOOD COLUMNIST

I recently wrote about how food TV has benefitted us as chefs. Here’s a perfect example:

A few weeks ago, we had a couple of regulars, Bob and Donna Thompson, come in to the Buck’s T-4 restaurant with their grandson, Ian. They called a day or so before their reservation and asked if we could give Ian a tour of the kitchen. Ian is 12 and loves cooking; he also watches cooking shows of all sorts. Shortly after they were seated, I greeted them at the table and invited Ian back for his tour.

We walked through the kitchen door from the old dining room, and Ian looked like he was getting a glimpse of a concert backstage, or a view from the top of a skyscraper.

Mindful of the beehive of activity around us, I began navigating pathways I knew were easiest with young Ian sidled up to me. Sauté pans flipped and clinked. The cooks were all talking at the same time, yet knew what was being said and, more importantly, who was talking to whom. The printers were producing food tickets as fast as the cooks could pull and hang them up.

I pointed out the three separate areas, called lines, where all the food comes out. Ian was mesmerized.

We then visited the first of three walk-in coolers. Ian’s amazement with a refrigerator so big you could actually walk inside it reminded me of the first time I saw the giant propeller of a battleship out of water when I was a boy.

Proceeding to the banquet kitchen, Ian couldn’t comprehend that we have two kitchens that big. I explained that we didn’t always use this kitchen. It was for parties. “So you only use it when someone wants to have a special party so you don’t get in the way of the other kitchen?”

It was a question indicating the keen observation of someone truly interested in learning about this new place. It was also a revelation to the young boy, opening up a world that only moments earlier he never thought existed.

Ian and I then visited the cooler where we store most of our meat. “How many pounds of meat is in here?” he asked. I told him between 400-500 pounds. “That’s a lot of money,” young Ian replied.

“You are going to make a great chef one day,” I told him as we finished our tour. He smiled proudly, but still with a boyish enthusiasm that said he didn’t fully grasp the breadth of my compliment.

Youth will always be fascinated with becoming doctors, lawyers, football players, or even the president. But young boys and girls who aspire to be chefs is a reassuring feeling. It says our craft will continue to thrive and grow.

To show a young culinary fan what it’s like in a restaurant kitchen was as rewarding for me as it was captivating for him.

I told Ian he could come back and visit us again anytime he wanted. His eyes lit up like his favorite sports hero just gave him the game ball.

Scott Mechura has spent a life in the hospitality industry. He is a former certified beer judge and currently the Executive Chef at Buck’s T-4 Lodge in Big Sky.



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Recipe

Serviceberry ice cream

STORY AND PHOTOS BY KATIE COOPER

EBS CONTRIBUTOR

Have you foraged for serviceberries yet? If not, it's time to get out and go. Between the bears and the birds, it seems like the berries are only around for a couple weeks.

The berry has a somewhat dry, grainy texture, a mild sweet flavor, and could be mistaken for a blueberry. Before my friend took me serviceberry picking this summer, I thought the berry was more closely related to the raspberry. Which has me wondering: What was I snacking on last summer while hiking with my brother-in-law?

Where do I find them and what do I make with them? Kelly Canyon, northeast of Bozeman, might be a good place to start looking. After you've picked approximately 2 cups worth of berries, you'll have enough to make one of my personal favorites: homemade serviceberry ice cream with toasted walnuts and dark chocolate chunks. It's late August – the dog days of summer are here and this is a perfect way to cool off.

Not in the mood to dust off the ice cream maker? Eat serviceberries raw in a yogurt parfait, bake them in a pie or muffins, or garnish a salad. They can be used nearly any way you would eat blueberries.

What you'll need (makes 1.5 quarts or six 1-cup servings)

3/4 cup dark chocolate chunks or chips
 1/2 cup walnuts, toasted
 1 3/4 - 2 cups serviceberries
 2 cups whole milk
 2 cups heavy cream
 1/2 cup granulated sugar
 1/2 teaspoon salt
 1 whole vanilla bean
 5 large egg yolks
 1 teaspoon pure vanilla extract

How to make it

Warm a medium saucepan over medium-low heat. Add milk, cream, half of the sugar, salt, and the scraped vanilla bean and pod. Whisk the ingredients together and bring them just to a boil.

While that mixture is heating, whisk the egg yolks and remaining sugar together in a medium mixing bowl until the blend is pale and thick.

Once the milk/cream mixture has come to a boil, whisk about a third of it into the bowl with egg yolks and sugar. Then, whisk another third of the hot mixture into the egg yolk/sugar blend and then pour it into the remaining hot milk/cream mixture and stir constantly over low heat using a wooden spoon.

The custard is done when it's thickened and coats the back of the wooden spoon (hint: If you swipe the back of the wooden spoon with your pinky finger, it should keep its form). This step should only take a minute or two – the mixture must not boil or the yolks will cook. Pour the ingredients through a fine mesh strainer and discard the vanilla bean pod and any bits of egg. Stir in the vanilla extract, bring to room temperature, cover and refrigerate overnight.

The ice cream maker bowl should be frozen. Pour the mixture into the frozen bowl and turn it on. Churn for about 20 minutes. The ice cream will be similar consistency to soft serve. Pour into a large glass-mixing bowl and swirl in chocolate chunks, walnuts and serviceberries. Freeze for about 2 hours if you prefer hard ice cream and remove 15 minutes before serving.


Note: For this recipe, at least a 1.5-quart ice cream maker is needed.

Katie Cooper is a food stylist and photographer who gardens and cooks from her country home outside of Willow Creek. More recipes can be found on her blog pitchforksandpomegranates.com, which aims to inspire others to cook using seasonal ingredients grown in backyard gardens or from local farmers and ranchers we know and trust.



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Rut mountain run adds 25K option at Big Sky Resort

BIG SKY RESORT

BIG SKY – Elite runners from 15 countries and 42 states will descend on Big Sky Resort for the third annual Rut ultrarunning distance races Sept. 4-7.

Organized by Missoula-based running shop the Runner's Edge, and sponsored by Salomon, The Rut is part of the International Skyrunning Federation's 2015 Skyrunner World Series.

New this year is the 25K Sky Race in addition to the popular 50K, 11K, and Vertical Kilometer races.

The Rut 50K course will have a 10,000-foot elevation gain, testing runners with off-trail exposed ridgelines, forested single-track trails, rugged jeep roads and the ascent and traverse of Headwaters ridge. Racers will also ascend Lone Mountain's lofty summit.

The 25K is essentially a shortened version of the 50K – a 16.4-mile race including the same steep and technical sections of the 50K, with a 7,500-foot elevation gain.

The Rut 11K will gain 2,100 vertical feet and loop along singletrack trails on Andesite Mountain, through subalpine pine forests. The Vertical Kilometer is a completely uphill race featuring over 1 km of elevation gain in just 5 km of distance, climbing up 3,200 vertical feet to Lone Mountain's 11,166-foot summit.

Big Sky Resort PR Manager Sheila D'Amico says the new 25K race option was added in response to the growing demand of participants. "It's giving variety to the runner who wants to have the challenge [of a mountain race] but isn't ready for the ultra 50K run," she said.

Since The Rut's inception in 2013, participation has doubled each year. The 50K sold out in a few days at 600 runners and the 25K is sold out at 400 runners. The Lone Peak Vertical Kilometer is also sold out with 200 participants. At EBS press time on Aug. 19, there were 150 spots left in the 11K race, which is capped at 500 racers.

The Rut is the brainchild of race directors and Missoula-based professional ultra-trail runners Mike Foote and Mike Wolfe, both athletes for The North Face's ultrarunning team.


Spectators are welcome and Lone Peak Expedition tours, as well as Swift Current and Ramcharger chairlifts, will be available to get up the mountain to cheer on runners.

Visit bigskyresort.com/rut for more information, race times and course maps.



Scenes from the 11,166-foot summit of Lone Mountain during the 2014 Rut 50K ultramarathon
PHOTOS BY TYLER ALLEN





GOLF TIPS FROM A PRO

Essentials for a successful bunker shot



BY MARK WEHRMAN
EBS CONTRIBUTOR

It’s important to remember that a bunker shot is a controlled “fat” shot wherein the club head should never make contact with the golf ball. It’s also called an “explosion” shot because the sand propels the ball out of the trap.

A bunker is also a hazard, meaning you are not allowed to sole your club at address – or touch the sand with the club head as you ready your shot – and you cannot test the surface before making your attempt to hit the ball.

During setup, follow these steps:

- Establish firm footing that will support the swing by digging in your feet. Longer shots require a wider stance.

- Take an open stance to restrict your backswing length and to steepen the swing.
- Open the clubface to match your address position – the amount you open the clubface should be equivalent to the amount you open your stance so the ball travels straight.
- For right-handed golfers, start with your weight favoring the left side at address for a normal shot.

Swing the club like a full “cut pitch shot,” matching the length of the backswing and follow-through to the force needed for that shot. Strike the sand 2-4 inches behind the ball, although slightly more or less distance can still be useful depending on the situation. Do not let the clubface close – allowing the toe to pass the heel – until after impact.

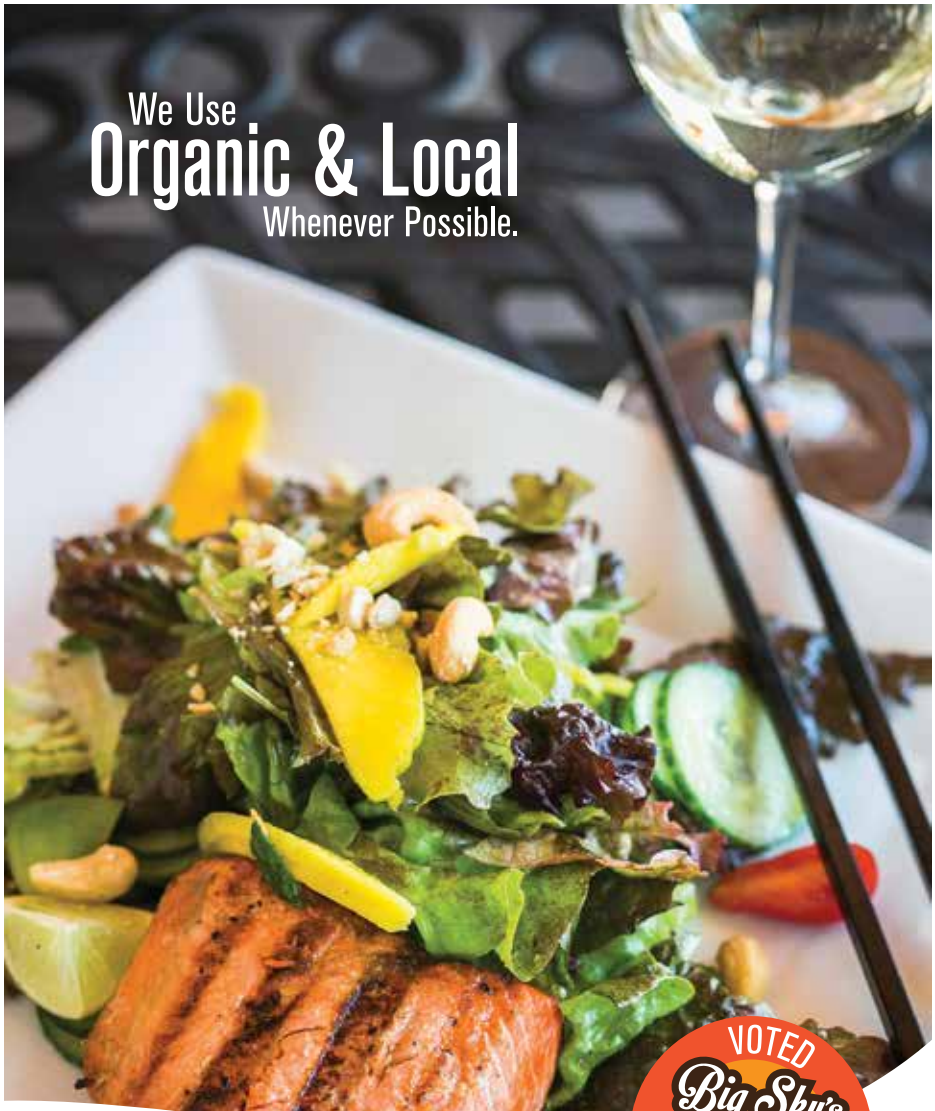
Continue to accelerate through the ball to a natural finish.


Mark Wehrman is the PGA Head Professional at the Big Sky Resort Golf Course.






The guru digs in his golf shoes to demonstrate the essentials of a bunker shot: firm footing, a wider stance for longer shots, and where he'll address the ball – 2-4 inches behind his lie. PHOTO BY TYLER ALLEN


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	FIELD #1	TEAMS	UMP.	FIELD #2	TEAMS	UMP.
Monday, August 24	6:00pm 7:15pm	8 vs. 3 12 vs. 7	5 3	6:00pm 7:15pm	8 vs. 5 12 vs. 15	12 11
Tuesday, August 25	6:00pm 7:15pm	15 vs. 8 11 vs. 5	9 8	6:00pm 7:15pm	15 vs. 9 11 vs. 6	3 16
Wednesday, August 26	6:00pm 7:15pm	RAIN OUT		6:15pm	League Championship Game	

August 28- 30
6:15pm

2015 Big Sky Softball
Championship

TEAMS

1

Black Bear

2

Yeti Dogs

3

Hillbilly Huckers

4

Scissorbills

5

Riverhouse

6

Yellowstone Club

7

Blue Mooners

8

Cab Lizards

9

Broken Spoke

10

Milkie's

11

Montucky Moonshiners

12

Country Market

13

The Cave

14

Lone Mountain Land Co.

15

Jarvis Custom Builders

STANDINGS: Wins-Losses

Hillbilly Huckers

12-2

Country Market

11-2

Yellowstone Club

10-3

Scissorbills

11-4

Broken Spoke

9-4

Montucky Moonshiners

9-4

Black Bear

10-5

The Cave

9-6

Riverhouse

6-7

Blue Mooners

6-7

Jarvis Custom Builders

3-8

Yeti Dogs

4-11

Cab Lizards

3-9

Milkie's

3-9

Lone Mountain Land Co.

3-8

*Standings as of Aug. 19

Big Sky Softball play ramps up for season end

Several teams remain in the hunt

EBS STAFF

With the final summer breezes closing in on the Big Sky softball season, competition is fierce heading into the final week.

As of press time on Aug. 19, Hillbilly Huckers at 12-2 held onto a narrow half-game lead over 11-2 Country Market, while the Yellowstone Club at 10-3 rounded out the top three. Four other teams remain in the hunt for the championship game, set for Wednesday, Aug. 26.

Fans have flocked to the community park ball fields in droves to watch the competitions, which began in early June. New league commissioner Lee Horning, also shortstop for the Huckers, has had his hands full this season but the community bands together to support this summer game.

The Big Sky Community Corp., which oversees and maintains the park, along with scores of volunteers help make softball in Big Sky a continued success.

Come out and support your teams over the next week and during the league tournament, scheduled for Aug. 28-30. Play ball!



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‘Slamdog Millionaire’ Bozeman roller derby league faces Billings

GALLATIN ROLLER GIRLZ

BOZEMAN – Bollywood is coming to Bozeman, roller derby style. On Saturday, Aug. 22, the Gallatin Roller Girlz are hosting “SlamDog Millionaire,” the second to last bout of the 2015 home season.

Beginning at 7:30 p.m. at the Gallatin County Fairgrounds’ Haynes Pavilion, SlamDog Millionaire pits GRG’s Mountain Mayhem team against the Magic City Rollers from Billings. This Montana showdown promises to have all the color and zeal of an Indian Bazaar.

Henna, bangles, saris and bindis are encouraged for this Bollywood-themed event. Costumed attendees aged 18-years-old and up get first crack at limited trackside seating, and a prize will be awarded to the best-dressed individual during halftime.



PHOTOS COURTESY OF GALLATIN ROLLER GIRLZ



This bout marks the third time the Gallatin Roller Girlz have faced off against the Magic City Rollers, and it’s the only home bout hosted against another Montana-based league.

The family-friendly event features food, drinks, raffles, games and prizes. Chicks with Sticks – Bozeman’s own bucket drum corps – are providing half-time entertainment, and DJ Chachi is bringing the music. Bar IX on Main Street will host the afterparty immediately following the bout.

A portion of the proceeds from this event will benefit Eagle Mount-Bozeman, a nonprofit which provides therapeutic recreational activities for people with disabilities and children with cancer.

Tickets are available at the door and in advance at Cactus Records and Gifts, at Tart in the Emerson and online at grgderby.com. Kids ages 10 and under enter for free.



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Section 3:EVENTS & ENTERTAINMENT,
OUTDOORS

Battle of the chefs

Inside Big Sky's first annual Pairsine

STORY AND PHOTOS BY
JOSEPH T. O'CONNOR
EBS MANAGING EDITOR

BIG SKY – As a golden August sun balanced above the northern flank of Lone Mountain, Montana Skies' Jennifer Adams thumped her cello while her husband Jonathan fingerpicked a Spanish acoustic. The easy ambiance on the terrace at Big Sky Resort's Peaks Restaurant didn't suggest a battle was underway.

Wielding Shun knives and hot woks, and geared for a fight in chef coats and aprons, 10 southwest Montana culinary artists seared, flipped, rolled and stuffed specialty dishes for the Pairsine Fine Wine and Food Pairing Competition, the event to open the resort's second annual, four-day Vine and Dine Festival.

More than 200 guests on Aug. 13 took in the sunset and the contemporary instrumentals of Montana Skies, while tasting delicacies from some of the region's finest chefs as they paired dishes with wines from around the world. Attendees floated between 30 tables set up on the Peaks terrace, sampling food and wine pairings at their leisure.

The Pairsine, pronounced "pair-zeen," is a signature event of Wine Country Network, a Denver, Colo.-based media and event company dedicated to all things vino, cuisine and travel. WCN has been holding pairsines since the inaugural 2004 event at the Denver International Wine Festival. The name derives from a combination of "pairing" and "cuisine," and the spirit is in competition, according to WCN founder and CEO Christopher J. Davies.

"I tell people it's Iron Chef meets wine," said Davies, sipping from a glass of Brooks 2014 Rosé. "The hard part – the stress – for the chefs is that they don't get wines until eight days before the event."



The competing chefs bask in the fading sunlight after the event.

Once organizers identified the wineries that would be featured at Vine and Dine, they reviewed rankings and assigned each chef a red

Dickson who paired breaded and fried head cheese tacos with an Elk Cove Winery Willamette Pinot Gris.

Other chefs outside of the resort included Alex Hoeksema, owner and chef at local Asian and Thai restaurant Lotus Pad; Lone Mountain Ranch Executive Chef Nick Steen; Rainbow Ranch Executive Chef Jake Irwin; and Executive Chef for Bozeman's 14 North, Mason Zeglen.

"The chefs really hit it out of the park," Davies said.

Chef Andres Titus of Big Sky Resort's Peaks Restaurant said he appreciated zoning in on the flavor profile of the "Big Sky" Natalie's Estate Pinot Noir to pair it with a succulent braised pork cheek. While guests took their time savoring the landslide of different flavors during the Pairsine, the chefs focused on the task at hand.

"It was the shortest three hours of my life," Titus said after the event.

The full spread lay like a veritable maze, savory smells wafting above the crowd donning colorful polo shirts or skirts, and sunglasses. Locals milled with visitors from across the country, strolling between the tables displaying the broad array of culinary options.

continued on pg. 34

**"I tell people
it's Iron Chef
meets wine."**

and a white bottle of the highest rated wines. Along with a panel of expert judges, attendees also had a say in which chefs would be standing after the competition.

Guests received ballots to vote on the taste, compatibility with wine, and appearance of dishes prepared by their favorite chef. Some of the industry's heaviest hitters made up the judging panel, including master sommeliers Fred Dame and Jay Fletcher; sommelier Colleen Helm, owner of Bozeman's Vino per Tutti; Master of Cheese Kent Torrey; and Google's Global Program Chef Scott Giambastiani.

Big Sky Resort boasted five of the 10 chefs competing in the Pairsine, the other five representing restaurants and ranches in Big Sky and Bozeman, save local personal chef Anna

continued from pg. 33

“We love to cook so I’ll keep one of these [ballot] sheets to know the different foods and learn about new wines,” said Steve Young, who moved with his wife from Dayton, Ohio to Big Sky in 2012. “[The Pairsine] was beyond our expectations.”

Margaret Krome of Madison, Wisc., hiked into Beehive Basin with her Bozeman friend Elizabeth Bird before attending the event. “The grass-fed lamb and gnocchi was phenomenal,” Krome said, referring to Zeglen’s braised lamb and handmade gnocchi paired with a Reiniger Winery Seven Hills Carmenère.



Jocelyn Kent of 14 North Restaurant rolls handmade parsnip-potato gnocchi during the Vine and Dine Pairsine competition.

At 8 p.m., Davies took the microphone to announce the three winners of the 2015 Pairsine competition. When the smoke cleared, Davies declared the “People’s Choice Award” would go to Chef Wilson Wieggel of Big Sky Resort’s Summit Hotel. Along with a foie gras and fig dish, Wieggel prepared a “seared n’ spiced elk” with wild mushroom and huckleberry, paired with a Klinker Brick Old Ghost Zinfandel.

The judging panel chose the two final winners. Chef Eric Holup of the resort’s Huntley Lodge took home the “Best Chef” award for his dishes. Holup paired bacon-wrapped prawn with a Raptor Ridge Pinot Gris, and a sous vide duck breast with Arcadian Fiddlestix Pinot Noir.

The “Most Creative” award went to Jake Irwin of Rainbow Ranch. First matching an oak cervena venison dish with a Pepper Bridge Winery Merlot, Irwin also paired el mar Mediterraneo trio Spanish pulpo with an Amavi Cellars Semillon.

“I feel great,” Irwin said after the Pairsine, adding that this was one of the biggest competitions he’s been in. “Being creative is part of being a good chef, and there were a lot of good chefs up there.”

After the event, Davies read judges’ comments and awarded LMR’s Steen honorary mention for his creations, which included a “bacon and eggs” dish with pork belly and egg yolk. “The master sommeliers really thought Nick was second place for most creative,” Davies said.

Those who missed the Pairsine at the Vine and Dine Festival this year have a chance to redeem themselves in 2016. The competition will return next Aug. 11 and the chefs will be ready for round two.



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Stockgrowers foundation hosts Big Sky gala

MONTANA STOCKGROWERS FOUNDATION

BIG SKY – Leaders from Montana’s ranching and business communities are invited to gather for a round of golf and networking Aug. 27-28, during the T-Bone Classic Gala Dinner and Golf Tournament at Big Sky Resort. The annual event benefits the Montana Stockgrowers Association’s Research and Education Endowment Foundation.

“The T-Bone Classic is organized to address the need for stronger relationships between leadership from Montana’s business and ranching communities; both essential parts of our state’s leading economies,” said John Grande, chair of the stockgrowers foundation. “The Classic provides the opportunity to network in the atmosphere of a gala dinner event and friendly golf tournament at one of the best locations in Big Sky Country.”

Events at the T-Bone Classic will include a fundraiser gala dinner and auction at Huntley Lodge on Thursday evening. Starting early Friday morning, attendees are invited to a brunch followed by a friendly round of golf on the Big Sky Resort Golf

Course. An awards banquet with announcement of winners will close out the event Friday afternoon.

MSGA’s Research and Education Endowment Foundation is a 501(c)(3) nonprofit organization established to ensure the future of Montana’s livestock community and businesses through producer and public education. REEF works to educate future generations on the importance of values, work ethic, leadership, innovation, respect, collaboration and optimism.

With these essential elements, the foundation can continue to work towards MSGA’s vision, “to be the premier institution that exemplifies leading global beef innovation while preserving Montana’s complex natural landscape, history, economy, ethics and social values,” according to the MSGA website.

Visit mtbeef.org to purchase tickets for the T-Bone Classic. Tournament teams will consist of four players and individual tickets are available for the gala dinner event. For more information, contact the Montana Stockgrowers Association at (406) 442-3420.



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Eufórquestra closes out summer concert series with groove jams

ARTS COUNCIL OF BIG SKY

BIG SKY – The Arts Council of Big Sky is hosting its last free concert of the summer season on Thursday, Aug. 27, when Eufórquestra brings its world music jams to Center Stage at Town Center Park in Big Sky.

Eufórquestra – think euphoria plus orchestra – is energy and rhythm personified. They have an ever-evolving sound influenced by music from around the world with an emphasis on funk, pocket and groove.



PHOTO COURTESY OF ARTS COUNCIL OF BIG SKY

For over a decade, the band has been igniting dance floors nationwide, blending the roots of funk, soul, afrobeat, reggae and dub.

“Fire,” the group’s fifth full-length record, was produced by Kyle Hollingsworth of the String Cheese Incident, and over the course of 14 tracks, the band takes you on an hour-long adventure that will keep your fingers and toes tapping.

A handful of special guests including Elliot Martin of John Brown’s Body; Gabriel Mervine and Kim Dawson of The Motet; and Hollingsworth himself, are featured on the album, putting their own touches on the band’s already cohesive sound that Chicago Jam Scene describes as, “tight and engineered to a fine, funky precision.” The result is a record that is distinctly modern, maintaining one foot in the future and firmly planting in the musical roots traditions of the past.

Eufórquestra has performed nearly 1,000 live shows, and a perpetually heavy tour schedule keeps both the musicians and fans happy. As noted in a show review by Grateful Web, “the boys seem to play like the apocalypse will happen at any second and they want to die doing what they do best.”

Admission is free and suitable for all ages. The park opens at 6 p.m., with music typically starting at 7 p.m. No glass containers or pets are allowed in the park during concerts.

Bozeman plays host to ‘Meru’ film

BOZEMAN FILM SOCIETY

BOZEMAN – The Alex Lowe Foundation and Bozeman Film Society on Saturday, Aug. 29 will present the Montana premiere of “Meru” in Bozeman. Winner of the 2015 Sundance Film Festival Audience Award for Documentary, “Meru” will be shown at the Ellen Theatre during two screenings at 3 p.m. and 7:30 p.m.

Co-directed by producer Elizabeth Chai Vasarhelyi and cinematographer/climber Jimmy Chin, “Meru” is a unique blend of riveting personal storytelling and jaw-dropping cinematography recorded by three climbers during their journey to summit Mount Meru in northern India.

In the high-stakes pursuit of big-wall climbing, the Shark’s Fin on Mount Meru may be the ultimate prize. Sitting 21,000 feet above the sacred Ganges River, the mountain’s obstacles make it both a nightmare and an irresistible calling for some of the world’s toughest climbers.

In October 2008, renowned alpinists Conrad Anker, Jimmy Chin and Renan Ozturk arrived in India to tackle the Shark’s Fin. Their planned seven-day trip quickly devolved into a 20-day odyssey in sub-zero temperatures with depleting food rations. Within 100 meters of the summit, their journey – like all previous attempts on the route – fell short.

In September 2011, Anker convinced his team to reunite and undertake the Shark’s Fin once more. “Meru” is the story of that journey – an expedition through nature’s harshest elements and one’s complicated inner demons.

Bozeman residents and chairpersons of the Alex Lowe Charitable Foundation, Jennifer Lowe-Anker and her husband Conrad will be in attendance and hold a post-film discussion.

Proceeds from each screening will benefit the ALCF, which is dedicated to preserving late climber Alex Lowe’s legacy by providing direction and financial support to sustainable, community-based humanitarian programs throughout remote regions of the world.

This foundation carries on the legendary Bozeman climber’s spirit of adventure and has supported such programs as the Nepal Earthquake Relief Fund, The Khumbu Climbing Center, Magic Yeti Childrens’ Libraries, the Widows Relief Fund in Nepal, and the National Park Exchange.



PHOTO COURTESY OF BOZEMAN FILM SOCIETY

An official film selection in 11 film festivals and a likely submission for the 2016 Academy Awards, Newsweek magazine called “Meru,” “A thoughtful meditation on life, death and everything in between, which is likely part of the reason it snagged this year’s Sundance Documentaries Audience Award.” Outside magazine described the film as “The best climbing movie of the year!”

Screening in high resolution at the Ellen Theatre, tickets for this screening and fundraiser are available by calling the box office at (406) 585-5885, at theel-lentheatre.com, or by visiting the Ellen’s box office Wednesday through Saturday between 1-3 p.m.

Groovin' festival hits stride in year five

BY MARIA WYLLIE
EBS ASSOCIATE EDITOR

BIG SKY – Every August a hodgepodge of new and old friends meets at the Cinnamon Lodge south of Big Sky for a weekend of music and outdoor activities.

Gathered along the banks of the Gallatin River, a few hundred people can forget about their daily worries as they celebrate music in a natural setting during the annual Groovin' on the Gallatin festival.

The fifth annual festival took place Aug. 14-16 and the verdict is in: It was the best one yet.

Festival co-founder Jason Meyers says everything was better, from both a music and production standpoint.

Montana bands including the Lil' Smokies, Kitchen Dwellers, M.O.T.H., and Cure for the Common performed this year, and featuring local acts has been a focus since the beginning, according to Meyers.

"We have to let people know that there's lots and lots of good bands right in front of their faces," said the Bozeman-based festival organizer.

This was the first year the Lil' Smokies, a bluegrass band from Missoula, played the event, but the Kitchen Dwellers and Cure for the Common returned for the third time, and M.O.T.H. has been playing since the inaugural festival in 2011.

"It's neat to see the progression of all these bands that I've been watching for so many years – to see where they started and where they've come," Meyers said.

With attendance at an all-time high this year, festival organizers are exploring other venue options for 2016. The Cinnamon Lodge grounds can hold approximately 500 people, a number they nearly reached on Friday night, and surpassed on Saturday. About 150 festivalgoers stayed for Sunday, a third day of music that was added this year.

"We love the Cinnamon Lodge. It's just tough to control, and we've maxed it out," Meyers said, referencing the difficulty in checking tickets given the venue's layout.

Going forward, Meyers says he envisions a place with a second stage for smaller, local acts and to allow more time for bigger bands performing on the main stage.

"Right now, we just don't have time over the course of the weekend to show everyone off," he said.

Although the location of Groovin' on the Gallatin 2016 isn't yet decided, it was made clear this year that these guys are just getting started.

Dates for the music festival are already set for Aug. 12-14 of next year.



The Bozeman-grown Kitchen Dwellers took the stage after Three Eared Dog on Aug. 14. This was the four-man bluegrass band's third time playing Groovin' on the Gallatin. PHOTO BY RYAN RICHARDS



A diverse fan base gathered at this year's Groovin' Festival, including Big Sky and Bozeman locals, as well as visitors from around the region. Approximately 425 fans danced to the music on Friday night; 525 on Saturday night; and 150 on Sunday afternoon. Here, a man and child relish in the good vibes. PHOTO BY DAVID KERN



Friday night headliner Scott Pemberton Trio plays what Meyers called the show of the weekend. Pemberton and his band rocked the Cinnamon Lodge grounds until 3:30 a.m. during a mind-blowing performance. PHOTO BY DAVID KERN



Formed in 2008, the Lil' Smokies are a progressive bluegrass band out of Missoula that recently won the band competition at Telluride Bluegrass Festival in Colorado. On Friday night, Groovin' fans saw why. PHOTO BY DAVID KERN

EVENTS CALENDAR

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**FRIDAY, AUG. 21 –
THURSDAY, SEPT. 3**

***If your event falls between
Sept. 4 and Sept. 17, please
submit it by Friday, Aug. 28.**

Big Sky

FRIDAY, AUG. 21
Pickleball
Community Tennis Courts,
8:30 a.m.

2nd Annual Ice House Open
BSR Golf Course, 12 p.m.

Brass Flask
Riverhouse, 8 p.m.

Trivia Night
Lone Peak Cinema, 8 p.m.

SATURDAY, AUG. 22
Rocky Mountain Pearls
Riverhouse, 7:30 p.m.

Johnny Bango
Choppers, 8 p.m.

SUNDAY, AUG. 23
LPHS Booster Club Fundraiser
4 on 4 Adult Grass Volleyball Tourn.
Town Center Park, 8 a.m.

Rev. Stephen Schmidt
Soldier's Chapel, 11 a.m.

Historic Small Cabin Exhibits
Crail Ranch, 4 p.m.

**Chuck Hinz Jazz Band
The Corral, 5 p.m.**

Texas Hold-Em
Riverhouse, 6 p.m.

Johnny Dango
Riverhouse, 7 p.m.

MONDAY, AUG. 24
Pickleball
Community Tennis Courts,
8:30 a.m.

TUESDAY, AUG. 25
Tuesday Talks: Late Season
Pruning
Big Sky Landscaping, 5:30 p.m.

WEDNESDAY, AUG. 26
Pickleball
Community Tennis Courts,
8:30 a.m.

Community Yoga
Town Center Park, 11 a.m.

GCWC 88th Annual Luncheon
Rainbow Ranch, 11:30 a.m.

Big Sky Farmers Market
Fire Pit Park, 5 p.m.

Kent Johnson
Choppers, 7 p.m.

Kelly Nicholson
Ousel & Spur, 8 p.m.

THURSDAY, AUG. 27
**Music in the Mountains:
Euforquestra
Town Center Park, 7 p.m.**

Nobody
Choppers, 9 p.m.

FRIDAY, AUG. 28
Pickleball
Community Tennis Courts,
8:30 a.m.

Kids Adventure Games
Big Sky Resort, 12 p.m.

Jill Cohn
Riverhouse, 7 p.m.

Trivia Night
Lone Peak Cinema, 8 p.m.

SATURDAY, AUG. 29
Kids Adventure Games
Big Sky Resort, 8 a.m.

Driftwood Grinners
Riverhouse, 8 p.m.

SUNDAY, AUG. 30
Rev. Roxanne Klinginsmith
Soldier's Chapel, 11 a.m.

Book Party w/Jacqueline Rieder
Hud
Creighton Block Gallery, 1 p.m.

Texas Hold-Em
Riverhouse, 6 p.m.

MONDAY, AUG. 31
Pickleball
Community Tennis Courts,
8:30 a.m.



**GRTF Upper Gallatin
River Clean Up
Free dinner, BBQ & beer
to follow
Community Park
Pavilion, 2 p.m.**

Wyatt Hurts
Riverhouse, 7 p.m.

TUESDAY, SEPT. 1
Plant to Plate: Harvest Themed
Cooking Class
Big Sky Landscaping, 5:30 p.m.

WEDNESDAY, SEPT. 2
Pickleball
Community Tennis Courts,
8:30 a.m.

Big Sky Farmers Market
Fire Pit Park, 5 p.m.

THURSDAY, SEPT. 3
Health Screening Day
Bozeman Deaconess Pharmacy,
8 a.m.

Brian Stumpf
Riverhouse, 7 p.m.

Bozeman

FRIDAY, AUG. 21
Paranormal Fair
Gallatin Valley Mall, 10 a.m.

Catapalooza
MSU SUB, 10 a.m.

MSU Community Cat Walk
Main Street, 11 a.m.

Christy Hays & Luke Mitchem
Wild Joe's, 7 p.m.

Fin & Fur Films: Unbranded
The Ellen, 7:30 p.m.

Kevin & Dustin Welch
Live From the Divide, 9 p.m.

Sweetbacks, Johnny Dango,
Sweet Gravy
Filling Station, 9 p.m.

SATURDAY, AUG. 22
Sweet Pea Run
Downtown Bozeman, 7:15 a.m.

Gallatin Valley Farmer's Market
Haynes Pavilion, 9 a.m.

Paranormal Fair
Gallatin Valley Mall, 10 a.m.

Bloom Dayfest
Gallatin Co. Fairgrounds, 10 a.m.

Release Party: The Day the
Crayons Came Home
Country Bookshelf, 1 p.m.

BFS Presents: Me & Earl & The
Dying Girl
The Ellen, 7:30 p.m.

**Gallatin Roller Girlz Bout
Haynes Pavilion, 7:30 p.m.**

Gas House Gorillas
The Zebra, 9 p.m.

SUNDAY, AUG. 23
Ghosts of Bozeman's Past
Sunset Hills Cemetery, 2 p.m.

Hooligans
Bozeman Public Library, 4 p.m.

Bridger Mountain Big Band
Eagles, 7 p.m.

Open Mic
Haufbrau, 10:30 p.m.

MONDAY, AUG. 24
Pints w/Purpose:
Gallatin Roller Girlz
Bridger Brewing, 5 p.m.

Jazz & More w/Kelly Roberti
Bozeman Public Library, 7 p.m.

Open Mic
Haufbrau, 10:30 p.m.

TUESDAY, AUG. 25
Bogert Farmer's Market
Bogert Park, 5 p.m.

Hops & History
Museum of the Rockies,
5:30 p.m.

Music Tuesdays
Red Tractor Pizza, 6:30 p.m.

Quick & Easy Boys
Filling Station, 9 p.m.

WEDNESDAY, AUG. 26
Lunch on the Lawn
The Emerson, 11:30 a.m.

Open Mic
Haufbrau, 10:30 p.m.

Pickin' in the Parks
Story Mansion, 6:30 p.m.

Film: The Good, The Bad & The
Ugly
The Ellen, 7:30 p.m.

Susan Gibson
Live From the Divide, 9 p.m.

Open Mic
Haufbrau, 10:30 p.m.

THURSDAY, AUG. 27
Campus Farm Stand
MSU SUB, 3 p.m.

Jeremy Morton
14 North, 8 p.m.

Karaoke
Eagles, 8:30 p.m.

FRIDAY, AUG. 28
Human Foosball Tourn.
The Emerson, 4 p.m.

Summer Harvest Party
Redbrain Studio, 6 p.m.

Story Under The Stars:
Born Free
Story Mansion, 7 p.m.

Teahouse Tango
Townshend Teahouse, 7:30 p.m.

**Back to School
Block Party
Pinky & The Floyd
Bridger Brewing
Parking Lot, 7 p.m.**

The Black Lilies
The Ellen, 8 p.m.

Crystal Bowersox
Live From the Divide, 9 p.m.

Ginstrings
The Zebra, 9 p.m.

SATURDAY, AUG. 29
5th Annual Digger Days
Lehrkind Gravel Pit, 9 a.m.

Gallatin Valley Farmers Market
Haynes Pavilion, 9 a.m.

TwoFly Family Fishing Day
Museum of the Rockies, 10 a.m.

Discovery Walk:
History of the Valley
Peets Hill, 10 a.m.

Open Mic
Townshend's Teahouse, 7:30 p.m.

Film: Meru
The Ellen, 8 p.m.

SUNDAY, AUG. 30
Sunday Summer Markets
The Baxter, 11 a.m.

Boeing Boeing
The Ellen, 3 p.m.

Bridger Mountain Big Band
Eagles, 7 p.m.

Open Mic
Haufbrau, 10:30 p.m.

MONDAY, AUG. 31
Pints w/Purpose:
Gallatin Valley Relay for Life
Bridger Brewing, 5 p.m.

Open Mic
Haufbrau, 10:30 p.m.

TUESDAY, SEPT. 1
Bogert Farmer’s Market
Bogert Park, 5 p.m.

WEDNESDAY, SEPT. 2
Pickin’ in the Parks
Story Mansion, 6:30 p.m.

Author Event w/Charles Curtin
Country Bookshelf, 7 p.m.

Film: Rio Bravo
The Ellen, 7 p.m.

**Elephant Revival
Faultline North, 8 p.m.**

Steve Earle & The Dukes
The Emerson, 8 p.m.

Open Mic
Haufbrau, 10:30 p.m.

THURSDAY, SEPT. 3
Bozeman Writers Group Open
Mic
Country Bookshelf, 6 p.m.

Jerry Joseph & The Jackmormons
Faultline North, 8 p.m.

Jeremy Morton
14 North, 8 p.m.

Karaoke
Eagles, 8:30 p.m.

Live From the Divide, 9 p.m.

Livingston & Paradise Valley

FRIDAY, AUG. 21
6th & Lewis
Neptune’s Brewery, 5:30 p.m.

Country Showdown
Music Ranch Montana, 7:30 p.m.

Blackjack, Blondes & Booze
Murder Mystery
The Buckhorn, 8:01 p.m.

Phil Friendly Trio
Murray Bar, 9 p.m.

Blackwater
Chico Saloon, 9:30 p.m.

SATURDAY, AUG. 22
**Trails RX Run
Northside Park & Soccer Fields, 7:30 a.m.**

Jamboree
Music Ranch Montana, 4 p.m.

Arran Buzzas
Neptune’s Brewery, 5:30 p.m.

Some Day Miss Pray
Katabatic, 5:30 p.m.

Spotlight Gala
The Shane, 6:30 p.m.

Blackjack, Blondes & Booze
Murder Mystery
The Buckhorn, 8:01 p.m.
Local Yokel
Murray Bar, 9 p.m.

Blackwater
Chico Saloon, 9:30 p.m.

SUNDAY, AUG. 23
**Bark in the Park
Stafford Animal Shelter
Fundraiser
Miles Park, 10:30 a.m.**

Sam Densmore w/Pretty Gritty
Chico Saloon, 7:30 p.m.

Jeremiah & The Red Eye
Murray Bar, 8:30 p.m.

MONDAY, AUG. 24
Tim Fast
Neptune’s Brewery, 5:30 p.m.

Sam Densmore w/Pretty Gritty
Murray Bar, 5 p.m.

Bluegrass Jam
Katabatic, 5:30 p.m.

TUESDAY, AUG. 25
Beer for a Cause:
Tiny Tails Canine Rescue
Katabatic, 4 p.m.

WEDNESDAY, AUG. 26
Farmers Market
Miles Park, 4:30 p.m.

Dan Dubuque
Katabatic, 5:30 p.m.

THURSDAY, AUG. 27
Business After Hours
Treasure Lanes, 5:30 p.m.

Ginstrings
Murray Bar, 8:30 p.m.

FRIDAY, AUG. 28
Art Walk
Downtown, 5:30 p.m.

Quenby & WOW Band
Neptune’s Brewery, 5:30 p.m.

Blackjack, Blondes & Booze
Murder Mystery
The Buckhorn, 8:01 p.m.

One Leaf Clover
Murray Bar, 9 p.m.
Last Rodeo
Chico Saloon, 9:30 p.m.

SATURDAY, AUG. 29
Old Settlers Days
Clyde Park, 7 a.m.

UIL: The Mane Event
Feat. Open Range, Cold Hard Cash
Park Co. Fairgrounds, 5 p.m.

John Floridis
Katabatic, 5:30 p.m.

Neal Lewing
Neptune’s Brewery, 5:30 p.m.

Blackjack, Blondes & Booze
Murder Mystery
The Buckhorn, 8:01 p.m.

Big Ol’
Murray Bar, 9 p.m.

Last Rodeo
Chico Saloon, 9:30 p.m.

SUNDAY, AUG. 30
Old Settlers Days
Clyde Park, 10:30 a.m.

Hawthorne Roots Trio
Murray Bar, 8:30 p.m.

MONDAY, AUG. 31
Shelly & Tony
Neptune’s Brewery, 5:30 p.m.

Bluegrass Jam
Katabatic, 5:30 p.m.

Dan Dubuque
Chico Saloon, 7:30 p.m.

Jimmy Smith
Murray Bar, 8 p.m.

TUESDAY, SEPT. 1
Beer for a Cause:
Night Owl Run
Katabatic, 4 p.m.

WEDNESDAY, SEPT. 2
Farmers Market
Miles Park, 4:30 p.m.

Chad Okrusch
Katabatic, 5:30 p.m.

Kalyn Beasley
Murray Bar, 8:30 p.m.

THURSDAY, SEPT. 3
Walcrick
Murray Bar, 8:30 p.m.

West Yellowstone

FRIDAY, AUG. 21
The Shambles
Wild West Saloon, 9 p.m.

MONDAY, AUG. 24
Yoga for Everyone
Povah Community Center,
6:15 p.m.

TUESDAY, AUG. 25
**National Parks Aug.
Free Fee Days
Yellowstone National
Park, all day**

Community Frisbee Football
Community Park, 6 p.m.

Pick Up Ping Pong
Community Protestant Church,
7 p.m.

WEDNESDAY, AUG. 26
Community Painting Class
Povah Community Center,
6:30 p.m.

Live DJ
Wild West Saloon, 10:30 p.m.

THURSDAY, AUG. 27
Free Youth Tennis
Electric St. Tennis Courts, 4 p.m.

Knit Night
Send It Home, 6 p.m.

Yoga for Everyone
Povah Community Center,
6:15 p.m.

Adult Co-Ed Volleyball
W. Yellowstone School Gym, 7 p.m.

Dan Dubuque
Wild West Pizza, 9 p.m.

FRIDAY, AUG. 28
Milton Menasco & The Big Fiasco
Wild West Pizza, 8:30 p.m.

SATURDAY, AUG. 29
One Leaf Clover
Wild West Pizza, 9 p.m.

SUNDAY, AUG. 30
Yoga for Everyone
Povah Community Center,
6:15 p.m.

Karaoke Night
Wild West Saloon, 8:30 p.m.

MONDAY, AUG. 31
Yoga for Everyone
Povah Community Center, 6:15 p.m.

TUESDAY, SEPT. 1
Community Frisbee Football
Community Park, 6 p.m.

Pick Up Ping Pong
Community Protestant Church,
7 p.m.

WEDNESDAY, SEPT. 2
Community Painting Class
Povah Community Center,
6:30 p.m.

Club Night - DJ
Wild West Saloon, 10:30 p.m.

THURSDAY, SEPT. 3
Knit Night
Send It Home, 6 p.m.

Yoga for Everyone
Povah Community Center,
6:15 p.m.

Adult Co-Ed Volleyball
W. Yellowstone School Gym, 7 p.m.

Fish Camp Boys
Wild West Pizza, 8 p.m.

RECURRING EVENTS
Historic Walking Tour
Historic District, self-guided,
daily

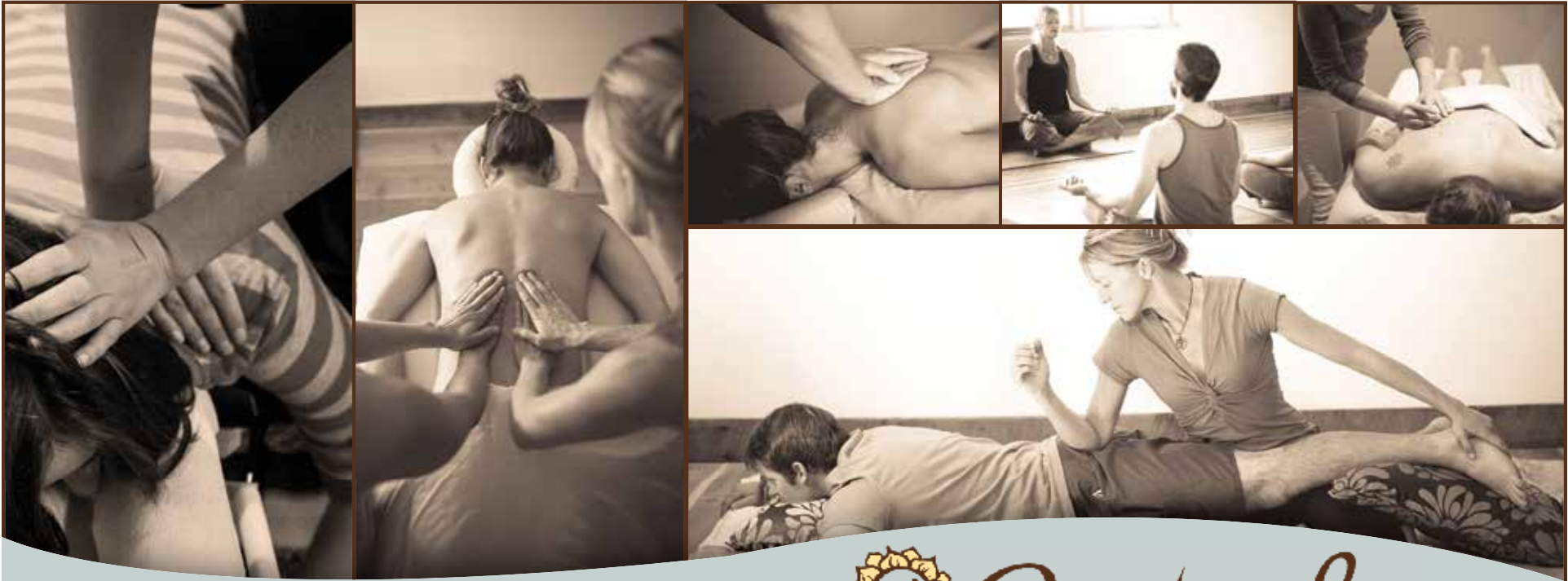
Explore Yellowstone!
With A YNP Ranger
Yellowstone Park, daily

Experiencing Wildlife in
Yellowstone Workshop
30 Yellowstone Ave.,
9 a.m. & 3 p.m. daily

Yellowstone Nature
Connection Programs
Smokejumper Program, 10 a.m.
& 3 p.m. (daily)
Naturalist Program, 1 p.m. (daily)
Reading in Nature, 4:30 p.m.
(Thursdays)
10 Yellowstone Ave.

Wild West Yellowstone Rodeo
Rodeo Arena, 8 p.m., Wed. – Sat.

Live Performances at the
Playmill Theatre
Mon. – Thurs., 6:30 p.m.
Fri. – Sat., 6:30 & 8:30 p.m.



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SUMMER SCHEDULE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6-7:15pm Ebb & Flow (All Levels Yoga)	9-10:15am All Levels Yoga 5:30-7pm All Levels Vinyasa Flow 7:30-9pm Yoga Therapy/ Yoga Nidra	7-8am All Levels Yoga 8:15-9:15am Core Focused Pilates 9:30-10:45am All Levels Yoga 6:30-8pm All Levels Yoga	7:30-8:30am All Levels Yoga 9-10:15am All Levels Yoga 11am-12pm Community Yoga Class (All Levels, Outside in Town Center)	7-8am All Levels Yoga 8:15-9:15am Roll it Out Pilates 9:30-10:45am All Levels Yoga	8:30-9:30am Level II Yoga 10-11:30am All Levels Anusara Yoga 5:30-7:30pm The Practice (1st and 3rd Friday of the month)	9-10:15am Ashtanga Flow



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A sports physical (or pre-participation physical examination) assesses your teen's health and fitness as it relates to a sport; the cost is \$35.

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Check your insurance policy before you specify which examination you want for your child. Some policies may cover a well-child examination, but not a sports physical. Other policies may not cover a well-child check if performed within one year of a previous examination. Most plans have deductibles which must be met before benefits are paid.

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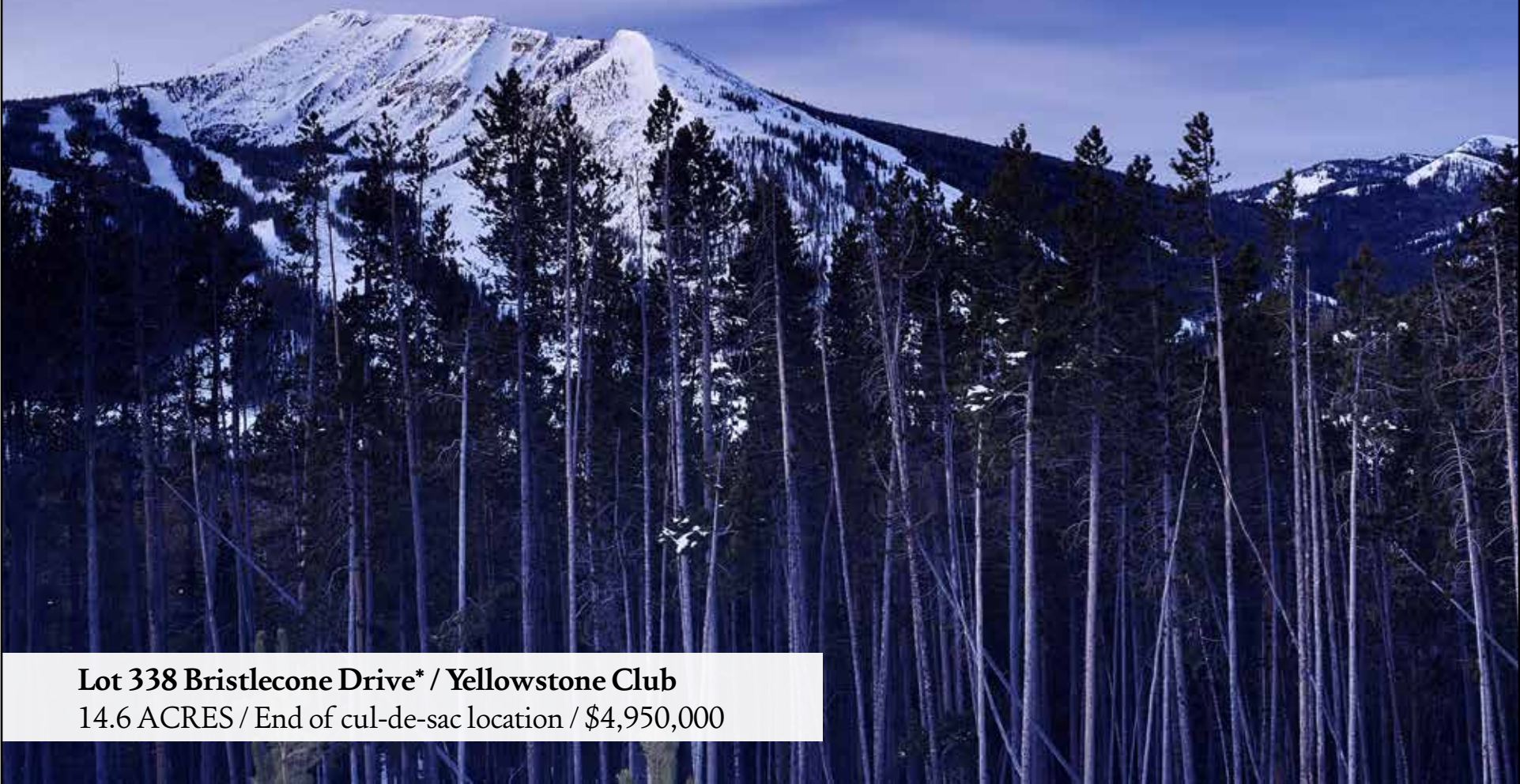
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**Lot 332 Upper Cedarview Dr.*
Yellowstone Club**
4.66 ACRES
Ski access
\$4,400,000



**Lot 36A Copper Court*
Yellowstone Club**
5 ACRES
End of cul-de-sac
\$2,800,000



**Seclusion Point 156*
Spanish Peaks Mountain Club**
3.36 ACRES
End of cul-de-sac
\$545,000

MULTI-FAMILY DEVELOPMENT PROPERTY



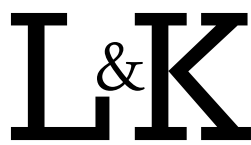
**Mountain Meadows
Gallatin Canyon**
120 ACRES
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**Yellowtail Lot
Big Sky Meadow**
3.71 ACRES / Up to 40 units
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**Spruce Cone Development
Big Sky Meadow**
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Assoc. pool, close by restaurants, shopping



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Loft Hill Condo offers high ceilings, expanded living
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Approx. 3/4 mile of Northfork flows through
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2 parcels comprising 20+/- acres
Both parcels can be further subdivided
Located between Meadow and Mountain
Close to Big Sky and Summer Resort



22 A & B TIMBERLOFT DRIVE

\$425,000 (A) - \$475,000 (B) • Call Don

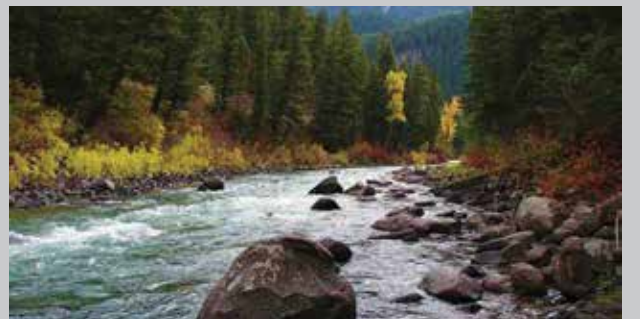
Outstanding, end of the rd, 20 +/- forested parcel(s)
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Accessed via private electronically gated road
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Chuck Suchy and Scott Kirby play WMPAC Aug. 28

ARTS COUNCIL OF BIG SKY

BIG SKY – Warren Miller Performing Arts Center on Aug. 28 will play host to singer-songwriter Chuck Suchy of North Dakota and pianist and visual artist Scott Kirby of Colorado. The two will join forces in Big Sky to present a unique program of music called “Open Spaces: Music of Our Neighbors,” that truly represents the northern Plains region.

Chuck Suchy is one of the foremost musical voices of the American Great Plains. A working farmer, born and raised at home in the blue hills along the Missouri River south of Mandan, N.D., Suchy has a love for making music that goes back to his childhood.

Throughout his youth and young adult life, he found time to perform in the area’s halls, clubs and lounges, singing and playing guitar and accordion. In 1982, an acquaintance gave him a tape of Canadian troubadour Stan Rogers singing his classic “Field Behind The Plow.”

“It was at that moment that I realized that the life I was immersed in was worthy of song,” Suchy said.

He began writing his own ballads and songs, slipping them into his performances and it was soon obvious that he was on to something unique: sensitive and honest portrayals of contemporary American farm life, but from an insider’s point of view.

Suchy has continued to write, sing and record songs evoking and extolling the Great Plains region and lifestyle. His themes have expanded to include human relationships, spirituality, motorcycles, and sailing. The Plains have seen a lot of change over this time, including farm crises, loss of population and a major restructuring of the agricultural economy.

Suchy remains an astute observer of it all, and his songs chronicle not only the events, but also the emotions and feelings that accompany such upheaval and change.

A native of Ohio, Scott Kirby began his study of music at the age of 6, and continued formal piano instruction for 17 years. After obtaining an English degree from Ohio State University, Kirby moved to New Orleans and began his professional music career as a street performer. In the following four years, he recorded the complete rags of Scott Joplin, and made his debut at all of the major ragtime festivals in the U.S., as well as festivals in Belgium, France, Norway, New Zealand and Hungary.

Kirby has served as Musical Director of the Scott Joplin Ragtime Festival in Sedalia, Mo., and of the Rocky Mountain Ragtime and American Music Festival in Boulder, Colo., as well as director of the San Juan Islands Ragtime Institute.



PHOTO COURTESY OF WARREN MILLER PERFORMING ARTS CENTER

Kirby’s artistic passion grew to include to visual art, and in 2005, while living in France, he completed 75 paintings and 28 piano compositions, including “The Prairie Devotionals.” The paintings and the new musical works set the groundwork for his new multimedia project “Main Street Souvenirs.” Kirby now lives in Boulder, Colo. and divides his time between composing, painting, performing and teaching.

Tickets for the 7 p.m. show are available at warrenmillerpac.org.

Vootie Presents: **Steve Earle & The Dukes**

with special guests

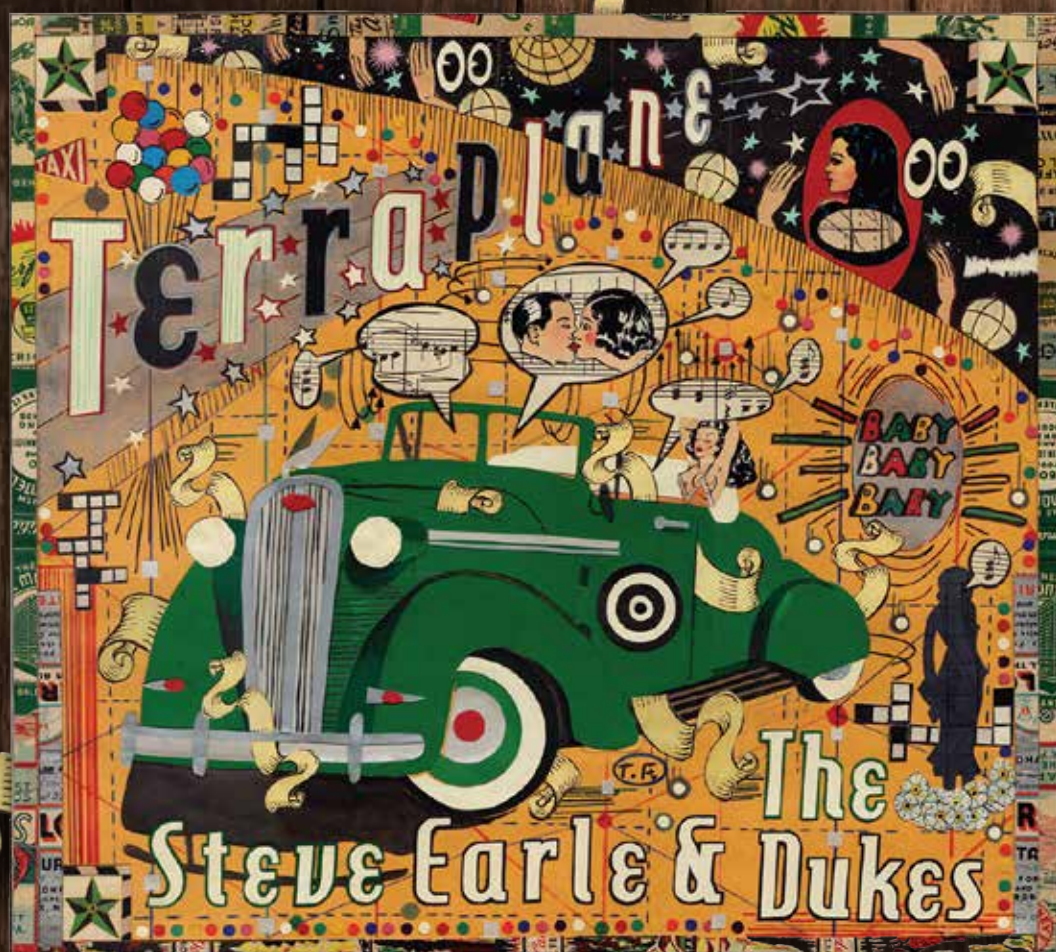
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Emerson Center - Bozeman

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Designer Abby Hetherington has opened a retail space that showcases the breadth and energy of her inimitable design aesthetic. Abby's eponymous design firm is connected to The Architect's Wife, giving customers the option to tap into her signature style. Design services are available through Abby Hetherington Interiors. 406.404.1330 | abbyhetheringtoninteriors.com



THE EDDY Line

Rise to the top

Choose the best dry fly for the situation



BY PATRICK STRAUB
EBS FISHING COLUMNIST

One of my guiding mentors, nicknamed “Rio” by his peers, used to carry his dry flies in a Mason jar. Why a Mason jar?

Because they were

size 2 split-wing patterns and a fly box would have mashed the wings and tail. Seeing these flies on the river’s surface was easy – imagine a live chicken bobbing along in the current. Even better was when a large brown trout gulped the 2-inch-tall fly.

Most anglers relish in trout eating dry flies, and despite the lower water conditions prevalent in southwest Montana this summer, the opportunities to fish them are more abundant than one might think. However, choosing the right fly is crucial, so here is some help deciphering what makes a good dry fly.

Visibility for the angler. If you can’t see the fly, you can’t see if it’s drifting correctly, and you won’t be able to detect a strike either. The addition of parachute posts on dry flies increases your ability to see them tremendously. Taking the parachute concept one step further, many flies now have contrasting colors tied into the parachute. The contrast is often more visible than a solid color in low light conditions.

Contrasting colors aren’t reserved just for parachute patterns: The Moorish Hopper has pink foam atop its gray body; and high-riding dry flies such as Chubby Chernobyls and Neversink Caddis often have two-colored wings. They’re ideal if you’re fishing faster water or targeting riffles, or if one fly isn’t enough and you want to fish a dropper.

Visibility for the fish. When a hatch is thick, food is readily available for trout. But as hatches dwindle in late summer, trout become more opportunistic and it’s important that a fish sees your fly. Therefore, choose a fly large enough a fish can see it on the surface from several feet deep.



Even during the high summer, fish will still eat dry flies. Choose a fly that is easy to see, such as this double-parachute, purple Parachute Adams. PHOTO BY GREG LEWIS/THREE FORKS PUBLISHING

Odds are slim you’ll entice every fish in the river to rise to the surface, but commit to a large, high-floating dry fly and eventually a trout will go for your offering. Large wings, parachutes, and shucks or tails are all elements of successful patterns this time of year.

Materials matter. The addition of foam to any pattern increases its ability to float longer. Also, most parachute patterns are tied with calf tail or polypropylene yarn – materials that are easy to see and retain little water. They can also be dyed in a variety of colors. Peacock hurl is a time-tested material and is found in some time-tested patterns: Royal Wulffs, Trudes, and H and L Variants.

Another time-tested material and great addition to any dry fly is Cul du Canard, a natural material derived from a duck’s anus. When it contacts water, it holds air well and floats for a long time before getting saturated. It can be dried quickly with a powder such as Fly Duster, Loon Top Ride or Blue Ribbon.

Faith. Since I own a fly shop, you’d think I would know of every hot new pattern on the market. The truth is, young guides come in boasting they “tore it up” on the “Hollaback Girl” or the “Panty Dropper Hopper.” Despite the exciting new names, it’s not essential to fish the latest and greatest pattern. Believe in the fly on the end of your line, and if the fly your fishing has worked well for you in the past, stick with it.

The first time I guided with Rio, he pulled out the Mason jar and I scoffed. Even though I couldn’t legally drink, I knew no self-respecting trout would eat those. But Rio’s clients out-fished mine and I learned that faith – and other good things – can come from a Mason jar.

Pat Straub is the author of six books, including “The Frugal Fly Fisher,” “Montana On The Fly,” and “Everything You Always Wanted to Know About Fly Fishing.” He and his wife own Gallatin River Guides in Big Sky and he co-owns a guide service on the Missouri River.

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Announcements

Toddler Storytime Mon.
8/24 and 8/31 at 10:30 am

hours.

Sunday 1-5p.m.
Monday 10a.m.-6p.m.
(Toddlers Storytime 10:30 a.m.)
Tuesday 4-8p.m.
Wednesday 4-8p.m.
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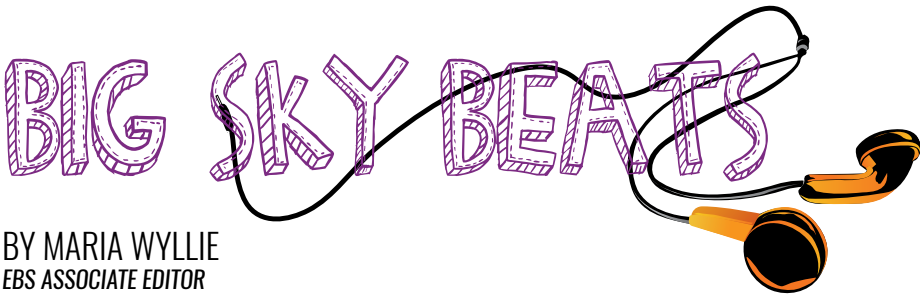
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BY MARIA WYLLIE
EBS ASSOCIATE EDITOR

Find out what tunes we’re bumping! In Big Sky Beats, Explore Big Sky staff and guests offer suggested tracks for your next playlist. Whether you need to freshen up your music library, want to expand your collection, or just need some tunes for the next backyard barbecue, we’ve got you covered.

Sometimes you just need good background music. This can offer a break from the silence with some good mellow tunes that aren’t distracting, and allow you to keep on track with what you’re doing. Instrumentals from musicians you’ve never heard of can be good for that, but it’s also nice to have a solid, easy listening playlist.

The tracks below may be straddling the line of distraction for some, but they work for me. Whether it’s bluegrass or rock, the one thing they have in common is that they all offer some great jams. This musical improvisation makes it easy for my ears to just fall into the groove, creating a nice backdrop to both chill out and put my brain at rest, or put my head down and get ‘er done, at work or at play.

- 1. “All Four,” Greensky Bluegrass
- 2. “New Glock II,” Strangefolk
- 3. “Triple Crossroad Blues,” Jim Lauderdale
- 4. “Terra Firma,” Acoustic Syndicate
- 5. “Best Feeling,” Keller Williams with The String Cheese Incident
- 6. “No Diablo,” Umphrey’s McGee
- 7. “Black Elk Speaks,” Railroad Earth
- 8. “Family Picture,” Donna the Buffalo
- 9. “555,” Phish
- 10. “Sweet Back,” Scott Pemberton

American Life in Poetry: Column 543

BY TED KOOSER, U.S. POET LAUREATE

Having been bitten by a rabid bat I was trying to save from a fire, I’d prefer never again to see bats up close. And here, in this poem by D.R. Goodman, who lives in California, I get to watch them from a safe distance.

Exiting the Night
By D.R. Goodman

By living late, and sleeping late, we miss
the moment when the bats come home to roost—
when crooked shadows flit in jagged loops
that seem to seek the chimney, seem to miss,

then somehow disappear into the eaves;
and they (the bats) tuck wing to fur to wing
in crevices and roof-beam beveling,
doze through our nearly diametric lives,

invisible as brown on brown—until
today, wakened by dreams, I caught a slight,
compelling corner-glimpse in gray first light,

of sudden motion in the mostly still
new dawn; and drawn, I rose to see the flight:
our dark companions exiting the night.

American Life in Poetry does not accept unsolicited submissions, and is made possible by The Poetry Foundation (poetryfoundation.org), publisher of Poetry magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem copyright ©2014 by D.R. Goodman, “Exiting the Night,” from “Greed: A Confession” (Able Muse Press, 2014). Poem reprinted by permission of D.R. Goodman and the publisher. Introduction copyright ©2015 by The Poetry Foundation. The introduction’s author, Ted Kooser, served as United States Poet Laureate Consultant in Poetry to the Library of Congress from 2004-2006.

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	6	4						5
9			8		7			
	7		2				5	
8			5			2	4	1
1				8			7	9
			7	1				
		2						
7	5				4			



CLASSIFIEDS

HELP WANTED

Big Sky School District #72 is seeking an outside source for parking lot, school bus loops and roadway entry/exit snow removal and is accepting bid proposals for a possible contract. To schedule a walk around and for more information, contact Jermy Zier, Facilities & Transportation Director at 406-995-4281 ext. 218.

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Hungry Moose Market & Deli
“The Moose” is a great place to work. We are recruiting now to set up our winter season staff . A couple positions are available to start immediately. Others with a flexible start time between September and November. F/T and P/T. Year-round work available. Competitive wages, tips, good benefits, ski pass, flexible start date and set winter schedule.

Positions available include:
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For more information, contact Jackie Robin at moose@hungrymoose.com

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BACK 40

For Explore Big Sky, the Back 40 is a resource: a place where we can delve into subjects and ask experts to share their knowledge. Topics include regional history, profiles of local artists and musicians, snow and avalanche education, how-to pieces for traditional or outdoor skills, and science.

Noun: wild or rough terrain adjacent to a developed area **Origin:** shortened form of “back 40 acres”

Dog days of summer

Caring for your pooch in the heat

STORY AND PHOTOS BY JENNIFER LADD
EBS CONTRIBUTOR

Summer days filled with swimming, napping, and long hikes in the mountains are my favorite times spent with my dogs. However, it's not without risk from the heat when we venture into the wilderness, pursuing adventures with our pets.

To keep you and your pups safe and happy this summer, I have included below some of my top picks for activities with your pets, cooling treats, and some health warnings to consider during high temps.



Nala and Kaya watching how the author's husband handles a precarious river crossing while backpacking in Washington's North Cascade Mountains. Hiking in forested areas with plenty of water sources is a great way to keep your dogs healthy and happy in the heat of summer.

ADVENTURES

During long summer days filled with sunshine, my favorite dog activity is a hike in the mountains. My husband and I plan all of our hikes around water access, as well as the appropriate climate type for the temperatures. We choose to hike early in the morning, or later in the day to avoid the hottest temps, and forested hikes near streams or lakes where it's likely to be cooler.

I'm not sure who enjoys sleeping under the stars more – my pups or me. Not to mention, sleeping in a tent is a great excuse to snuggle up with your dogs.

Other favorite adventures include paddle boarding, raft trips, and multi-day canoe trips. Our family philosophy is that if we can go, so can our dogs. Although our dogs only use life vest when rafting, it's important to evaluate

your dog's swimming capabilities, and know his or her limitations. Swift water can easily carry a dog away when they're tired, and a life vest can be helpful for both piece of mind, and enjoyment of water sports.

TREATS

Some great ways to beat the heat – and reward your dog at the same time – are frozen treats. Pieces of chicken jerky, or small dog treats frozen in an ice cube tray can make for an enticing reward that will cool them down.

West Paw Designs, located in Bozeman, has a great line of toys called “Zogoflex.” Grab one of their Toppl Treat Toys, fill it with a peanut butter or canned dog food slurry, and pop it in the freezer. Enjoy an ice cream while your pup munches on their treat, or offer it to your pup for hours of entertainment when you leave the house without them.

Fill your dog's water bowl with cold water and ice cubes. Even if they don't get to their bowl in time to bob for ice cubes before they melt, they'll still enjoy cold water on a warm day.

EMERGENCIES

It's important to remember that dogs don't sweat, and a panting tongue is their only way to dissipate heat. A happy pant while exercising is perfectly normal and safe, but a dark

red or purple, dry tongue can be a sign of overexertion and the beginnings of heat stroke.

Keeping your pups hydrated and in the shade can help prevent heat stroke, but once it has begun your best bet is to take them to a veterinarian. A jump in a lake, or spray with a garden hose can offer some relief in the early stages, but a vet is best equipped to lower your dog's core body temperature safely and quickly.

Also, once it's warmer than 75 F outside, it's too hot to leave your dog in a car, even for quick errands. Dr. Ernie Ward, a veterinarian and animal advocate, put himself inside a car and documented the rapid changes in heat and humidity – changes that could quickly kill a healthy pup – in a video you can find on YouTube.

I never leave for an adventure without the following items:

Benadryl - Allergic reactions from an insect or snakebite can all be slowed with the help of



Kaya and the author's husband Daniel enjoying a canoe trip down the south fork of the Nooksack River in Washington.

Benadryl. Given at 1 mg per pound of your animal's weight, you can decrease your pet's immune response to these hazards while increasing the time window to reach a veterinarian.

Super Glue - Paw lacerations can bleed significantly more than expected. Often scary, they are rarely a threat to your pet's overall health. Cleaning the wound thoroughly, and then applying some super glue can decrease sensitivity and bleeding while you make your way back home.

ACE bandage or gauze - Cuts obtained while bounding through the wilderness are pretty common. If you notice a cut, an ACE bandage or roll of gauze can help prevent the wound from getting dirty and control bleeding. Depending on depth and severity of the laceration, your vet may elect to suture it closed or leave it open, but covering it and keeping it clean will help prevent infection.

Tramadol or Rimadyl - Ask your veterinarian for a small supply of the pain reliever Tramadol, or Rimadyl, which is an anti-inflammatory. They're both great for sore muscles, and more painful, traumatic injuries. Aspirin or ibuprofen are not safe alternatives and have risky side effects, so they should be avoided.

Animals are incredibly adaptable and enjoy any opportunity to be with you in the outdoors, whether it's on a paddleboard or napping in a hammock. Summertime is a wonderful time to bond with your pet, fill your days full of adventure, and come home muddy and exhausted.

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