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FALL HUNTING TALES
September success for Big Horn Sports

NPR’s ‘From the Top’ storms into WMPAC

CORRECTION: The cover caption in the Sept. 18 issue of Explore Big Sky misidentified the Lone Peak High School football player as Bridger Babcock. The Big Horn ball carrier photographed was Zach Estes.

“Certain things catch your eye, but pursue only those that capture the heart.”
- Native American Proverb
Bozeman Health fires CEO

Bozeman Health, formerly Bozeman Deaconess Health Services, announced last month its board of trustees had fired President and CEO Kevin Pitzer.

In a Sept. 18 press release, the board said it had “… recently discovered information regarding Mr. Pitzer’s past conduct, which he had not shared with the board during the due diligence process or made known at the time of hiring.”

A letter from Pitzer to the Bozeman Daily Chronicle on the same day confirmed the dismissal was directly related to a “felony theft conviction” when he was 23 years old.

Reports indicate Pitzer was convicted of embezzling $100,000 from an Iowa daycare facility for the handicapped while he kept the books for the organization from 1981-1983.

Bozeman Health CFO Gordon Davidson and CMO David Chen will split the president and CEO duties on an interim basis until the board finds a replacement.

Bozeman Health is currently in the construction phase of the Big Sky Medical Facility, slated for completion in early December.

Aspen restoration south of Big Sky

Forest Service crews have begun phase one of a project to enhance aspen groves east of Big Sky, south of the Pecapine Trail and north of the Twin Cabin Trail. Work will continue into October and no trail closures are expected.

The first phase of restoring aspen trees involves removing some of the conifers that compete with aspen for sunlight and moisture. Aspen must have adequate sunlight and water to reproduce, a disturbance to stimulate a hormone found within the trees, and some initial protection from animal browsing for new shoots.

“Aspen trees play a unique and vital role in this ecosystem, attracting many birds, insects and mammals,” said District Wildlife Biologist Bev Dixon.

“In the past, aspen groves in the area have been declining. This project is designed to enhance new growth in the remaining groves by removing encroaching conifer trees and eventually reintroducing fire to stimulate new growth.”

Contact the Bozeman Ranger District at (406) 522-2520 for more information.

MDT seeks public comment on Big Sky bridge rehab

The Montana Department of Transportation is seeking comments on a proposal to rehabilitate three bridges near Big Sky.

The bridges cross over the West Fork of the Gallatin River at milepost 0.3 and over the Middle Fork of the West Fork at milepost 3.5 on Lone Mountain Trail. The third bridge spans the Gallatin River on Highway 191 at milepost 49.8.

Proposed work includes bridge rail reconstruction, deck milling, overlay or deck replacement, and bridge approach milling. The purpose of the project is to take cost-effective action to extend the service life of the existing bridges and improve the road surface, according to a MDT press release.

For more information, contact Butte District Administrator Jeff Ebert at (406) 494-9625, or Project Design Engineer Nathan Haddick at (406) 444-9400. Written comments may be submitted to the Montana Department of Transportation Butte office at P.O. Box 3068, Butte, MT 59702-3068, or at mdt.mt.gov/mdt/comment form. Specify comments for project UPN 8792000.

Former LPHS girls’ basketball coach sentenced

A former Lone Peak High School girls’ basketball coach charged with unlawful sexual intercourse with two of his players, pleaded guilty in May to one felony count of sexual assault as part of a plea agreement.

Cyle Kokot, 23, was sentenced on Sept. 22 to 20 years with five suspended in the Montana State Prison, and ordered by Gallatin County District Court Judge John Brown to serve 10 years probation following the term.

In August of last year, Kokot was arrested after two players – both minors – came forward accusing their former coach of rape.

Big Sky resort tax elections

Ballots will be mailed out Oct. 16 for candidates vying for three of the five seats on the Big Sky Resort Area District Board of Directors, ahead of the Nov. 3 election.

Big Sky residents Grace Young, Tallie Lancy and Kevin Germain, and returning board members Jamey Kabisch and Mike Scholz submitted petitions for nomination.

Board members Kabisch, Scholz and Jeff Strickler are concluding their first, four-year terms. Ginny Herman and Heather Buildt won’t be up for re-election until May of 2018, since election dates are moving to May after this November’s election.

The Resort Tax Board serves on a voluntary basis and oversees all aspects of collection and appropriation of Big Sky’s local 3 percent sales tax. The board meets regularly and reviews applications and appropriates funding each June.

EBS will publish candidate bios in the Oct. 16 edition.

**NEWS IN BRIEF**

**By EBS Staff**

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Outlaw apparel now available online

BY TAYLOR-ANN SMITH
OUTLAW PARTNERS GRAPHIC DESIGNER

To be an outlaw is far more than straying from the status quo or riding off into the sunset with a smoking gun. It’s about leading from a position of strength, fairness, and passion.

Outlaw Partners is proud to announce a full apparel line now available online, to allow those outside our office to ride for the Outlaw brand. We worked closely with Bozeman’s Lone Mountain Printing – the primary printer for Jackson, Wyo.’s Asymbol Gallery, ski maker Voelkl, and Butte’s Headframe Spirits – to develop a high-quality apparel line that showcases our design with industry-leading print skills.

“We’ve had a lot of demand for apparel items we’ve produced as promotional items in the past, such as sunglasses, belt buckles and trucker hats,” said Outlaw Partners’ Creative Director Kelsey Dzintars. “Outlaw is excited to now offer quality products accessible to all, and share our ethos with our clients, friends and colleagues that have helped make our brand a success.”

The line features full-zip hooded sweatshirts, softshell jackets, T-shirts, flex-fit hats, and trucker hats to fit any style, in both men’s and women’s sizing.

“I love the Outlaw logo and gear,” said Michael Lockwood, founder of Ridgefield, Conn.’s Lock Capital Management, who purchased a softshell at the Big Sky PBR. “[The apparel] totally captures the spirit of the West, and especially Big Sky.”

Keeping comfort and quality in mind, the T-shirts are a sueded cotton, polyester blend that prevents shrinking and creates an ultra-soft feel. The hoodies are made of light fleece for warmth without the bulky weight, making them perfect for a morning trail hike. Our softshells are a waffle-printed fleece that keeps the jacket insulated while allowing plenty of breathability that’s ideal for a fall bike commute.

Whether you’re looking for your next favorite hat or a stylish softshell for the cooler temps approaching, Outlaw apparel will make it clear you ride for the brand.

Visit the online store at outlaw.partners/shop.

CALL FOR PHOTO SUBMISSIONS

For the upcoming issue, Montana Poet Laureate Tami Haaland provided use of her poem, “Traveler,” as inspiration for photo submissions.

Up to eight photos will be selected for print in the 2016 winter edition of Mountain Outlaw, and $75 awarded to each published photographer.

- FREE to enter
- Photographers of all ages are eligible and encouraged to submit
- Contact kelsey@outlaw.partners to submit and for more information.

VIEW FULL DETAILS AT EXPLOREBIGSKY.COM/OUTBOUNDGALLERY
Tags are essential for your dog

BY ALEXIS DEATON
EBS STAFF WRITER

I have a special place in my heart for dogs – I grew up with them and am looking forward to having them in my home again when the time is right.

In the meantime, I’m happy to share my affection for any canine companion that crosses my path. This love for pooches is present in our Big Sky community as well, evident in nearly every outdoor experience.

The Outlaw Partners office also has an affinity for dogs. Any given day, we share our workspace with a number of four-legged friends, which add comfort and character to our work experience.

Since several of our neighboring businesses know this, an August incident led a concerned citizen to bring a loose pup to our office hoping one of us was the owner. Unfortunately, this was not the case.

This sweet black Labrador, caked in dried mud up to her shoulders, nearly lost her life crossing Lone Mountain Trail toward Town Center. She didn’t possess any identifying tags so my coworkers and I started a social media campaign and made contact with other dog owners in the area.

One point of outreach was the Big Sky Sheriff’s office in hopes they would be contacted about the missing lab. Deputy Sheriff Justin Gould, who came by our office to see the pooch, mentioned past incidents in which lost dogs were brought to their office with the intent that the dogs would be reunited with their owners.

Since this didn’t occur, these dogs were given away to other community members. The Big Sky Sheriff’s office doesn’t have the resources to house lost pets or the time to deliver them to Belgrade’s Heart of the Valley Animal Shelter. There were 20 incidents this summer involving loose dogs without tags brought into their office, according to Deputy Gould. “Big Sky has lots of dogs off-leash,” Gould said. “It would be really beneficial if dogs had tags.”

Gallatin County’s Dog Control Ordinance 2003-01-8 states that, “it is unlawful to be an owner of a dog over the age of six months that is not currently vaccinated for rabies and is not wearing a collar with a tag showing proof thereof.” This can result in a fine of up to $150.

We were unable to locate the lab’s owner by the time the Outlaw office closed, so I decided to take her home, to feed and bath her. Fortunately, this incident ended with a reunion with her relieved owner that evening.

I’ve experienced an incident when the story of an anonymous dog didn’t end on a positive note. Driving from Bozeman to Big Sky several years ago, I was following a motorcyclist south of Four Corners when an animal made a swift attempt at crossing Highway 191 in front of the motorcycle.

The biker reacted safely and correctly by not swerving, but hit the animal. He immediately pulled over and while I checked on the motorcyclist, I noticed the husky-mix on the roadside.

The motorcyclist was devastated and the dog was barely breathing. While trying to comfort the animal and checking for tags, he passed away.

Without tags, there was no one to contact and let them know their pet just died; no way to inform them that he would be taken to the Heart of the Valley as his final place; and no one for the biker to provide his condolences.

Everyone wants the best for their canine family members and this includes returning home safely. As dog lovers, we’re quick to provide our pets everything from dog beds to “pawdicures,” but be sure to include dog tags at the top of this list.

To help make this happen, Outlaw Partners has teamed up with Dee-O-Gee of Bozeman, offering a $5 discount on dog tags.
Op-Ed
CAP mentoring a community asset
BY MARCI LEWANDOWSKI
I began mentoring at Ophir Elementary School more than two years ago. Prior to moving to Big Sky, I worked as an AmeriCorps volunteer at the Boys and Girls Club of Chaffee County in Buena Vista, Colo., and I’ve always enjoyed working with children because of their energy, inquisitive nature and creativity.

When I learned about Bozeman-based Thrive’s CAP mentoring, or the Child Advancement Project, I thought it would be a great opportunity to become more involved in the Big Sky community.

“I’ll admit I was a little nervous to begin the program at first. What if my mentee doesn’t like meeting with me? What if he thinks our meetings are boring? What if we run out of things to talk about?”

Mentoring is an invaluable experience, not just for the child you are meeting with, but for you as well.

Despite this apprehension, I signed up for the program, went through the training and application process, and was assigned a mentee, a second grade boy. On my first day of mentoring, I picked up my mentee from his classroom. We went to the CAP table and I asked him what he liked.

“Frogs, Nerf guns and video games,” he said. “Sweet,” I thought. Nerf guns were pretty much my favorite toys as a child, and I love frogs too. We’re going to get along great, I realized, and any hesitation I had quickly disappeared.

In addition to playing games and helping him with homework, I enjoy watching my mentee’s interests and skills develop. Frogs are still his favorite, but he’s graduated from playing Candy Land and Connect Four to games that involve building complicated circuits that turn on lights or control sound.

My favorite part about mentoring is seeing my mentee’s face light up when we meet, and it’s been a highlight of each week during the school year. Mentoring is an invaluable experience, not just for the child you are meeting with, but for you as well.

Thrive’s CAP mentoring program provides students a unique opportunity to develop their character and consistent, positive relationships with an adult. Email Julie Grimm at jgrimm@bssd72.org for more information about the Big Sky School District CAP program.

Editorial
Recycling to stay, for now
BY JOSEPH T. O’CONNOR
EBS MANAGING EDITOR
Big Sky residents saw a catastrophe come and go. The recycling center almost left Town Center. Then it didn’t. Bins were scheduled for removal on Oct. 1, but a recent meeting extended recycling’s life on Aspen Leaf Drive.

Talks are in place among a team of community partners including Town Center representatives, Gallatin Solid Waste Management District Manager Jim Simon, the Big Sky Community Corp., and one unlikely player.

Bozeman Health, the entity building the Big Sky Medical Center on Lone Mountain Trail, plans on temporarily hosting the recycling site until a more comprehensive, long-term site is established, according to Tracy Reamy, hospital administrator for the Big Sky Medical Center.

“Their’s a no firm timeline, but we’re working with Town Center to keep recycling where it is,” Reamy said on Sept. 30. “We will be taking [recycling] at Big Sky Medical Center; it’s just a matter of time.”

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The Big Sky Water and Sewer District is actively looking to acquire land adjacent to the BSWSD property, and could decide whether this site could house a permanent recycling center.

At this point, it’s unclear when recycling will find a permanent home, but community stakeholders are hopeful the issue will be resolved. In the meantime, residents and visitors must be conscious of where they dispose of recycling and garbage.

“Big Sky is the dirtiest of all the sites [we service] in Gallatin County,” said David Leverett, owner of Four Corners and Full Circle Recycling in Bozeman, the company that currently services the Big Sky recycling center.

This is due to the inability of some individuals in the community to dispose of garbage appropriately. Glass is not currently a recycled commodity in Big Sky. Don’t leave old furniture at the site; in fact, don’t leave any trash. The recycling center is not a dumpster.

Which brings us to another point: Poaching commercial dumpsters in Big Sky (or anywhere) is illegal. It can also be dangerous, says Jason Veitch, division manager at Republic Services, which picks up garbage cans once a week in Big Sky.

“Our fear is from an environmental aesthetic standpoint,” Veitch said. “People put this material that’s over and above what can fit in a trashcan, and they put it beside the trashcan. Conflict with bears has greatly increased.”

One additional option Big Sky residents have is curbside recycling, a convenience Republic Services could implement. For curbside recycling to be a viable option, however, at least 200 requests must be made, according to Veitch.

The company has received approximately 50 requests, Veitch said, adding that he encourages anyone interested in the service to call Republic Services at (406) 586-0606.

Republic Services estimates that, at 200 households, the cost for a 96-gallon bear-proof container would be $29 per month. “If we are in a position to be of assistance and add value on a provider service, we’ll explore it,” Veitch said.

Where the recycling center ends up in Big Sky is anyone’s guess. In the meantime, dispose of garbage and recycling in an appropriate manner. It’s a matter of public responsibility to our environment.
The idea behind “The Ram’s Horn” column is to provide regular communication to the Big Sky community. As with any organization that represents varying constituent groups, the school is committed to connecting with the public in numerous ways to ensure the best education for students. That includes regular communication from me as superintendent through this column. Students’ parents see me on a consistent basis, however it’s important to also reach out to the broader community.

We recently finished off a busy week in the district kicking off our strategic planning. We had more than 700 respondents to an online survey we hosted, and the steering committee wants to acknowledge everyone who took the time to complete the survey and meet with our consultant Skip Kotkins. He had an audience exceeding 100 people during his two days in Big Sky and was impressed by the level of engagement at the meetings, and in the thoughtfulness of the survey responses.

In addition, Kotkins found everyone involved committed to the strategic planning process and to making the school district the best it can be. This was the most important two days of this process as it offered a platform for anyone interested to speak candidly and confidentially regarding the district and its future.

Next, Kotkins will collate and categorize the feedback in order to prioritize planning categories for the steering committee. Within those categories, specific steps to operationalize the plan will be crafted along with accountability directives for the leadership of the district.

A draft plan will be available for focus groups made up of representatives from various constituent groups near the end of October. I’m confident this process will go a long way in guiding the district’s future as we evolve with 21st century education demands, and work with the leaders of tomorrow.

Know that my door is always open, and we invite you to visit the school any time as we continue our commitment to the children of Big Sky.

CALLING ALL BIG SKY AREA ARTISANS
Made in Big Sky is a cooperative and needs your membership!
Call Jean for more info: 406.995.3216
BIG SKY – Bluebird skies, crisp air and Lone Mountain draped in a fresh blanket of snow greeted American Legion National Commander Dale Barnett when he arrived at Big Sky’s Soldier Chapel on Sept. 18.

Barnett was elected to the American Legion’s top job on Sept. 3 in Baltimore, Md., and Montana was the third stop on a 50-state tour during his yearlong term. Members of Big Sky Post 99 hosted a luncheon for the commander at the chapel before Barnett helped dedicate a white cross on Lone Mountain Trail.

The cross was installed to memorialize Kelsey McLean, who was killed Aug. 17 in a head-on vehicle collision near milepost 1. The American Legion Big Sky Post 99 installs white crosses at all vehicle fatality sites on Lone Mountain Trail and Highway 191, from the Yellowstone National Park boundary north to the mouth of Gallatin Canyon. The white cross program is a national initiative for the American Legion, which was founded in 1919 and has 2.2 million members.

Since the Big Sky 99 post began the program 35 years ago, McLean’s death was the 10th on Lone Mountain Trail and 103rd in the corridor they serve, according to 10-year post commander Kenny Alley.

Big Sky Post 99 has 35 active members and meets on the first Tuesday of every month at Lone Peak Cinema. Eligibility for American Legion membership is limited to U.S. veterans and active-duty servicemen who served at least one day of active duty during a wartime period.

Barnett visited Big Sky to represent those 2.2 million members during a four-day tour of the state, and was welcomed by Post 99 Legionnaires, as well as other community members. Post Adjutant Dick Allgood gave opening remarks, which included a $200 check presentation to Soldiers Chapel caretaker Julie Grimm.

“The chapel exists exclusively on donations [from] the public,” Allgood said.

“I’ve been a lot of places in my travels and I can’t think of any place more scenic,” Barnett said, gazing out at Soldiers Chapel and Lone Mountain to the west. “People all over the world would be lucky to have what we have in this country. We’re blessed.”

Over a lunch catered by the Corral Bar, Steakhouse and Motel, Commander Barnett described his first trip to the area – his 1974 honeymoon when he and his wife visited Yellowstone during a six-week road trip from Indianapolis, Ind., to California.

Barnett said he doesn’t have nearly the flexibility in his schedule as he did then – even to spend time in his office at the American Legion national headquarters in Indianapolis.

“You’d be more likely to see me in an airport than in my office,” Barnett said.
The average American household discards 20 pounds of food each week.

**What strategies do you implement to reduce food waste?**

Shannon Westblade, Big Sky, Mont. Front Desk, River Rock Lodge

“Whenever my husband Lucas and I plan ahead, we tend to waste less. It’s the weeks that we just buy whatever we want and don’t plan ahead that we waste more.

“One way to not waste food is planning to eat your [dinner] leftovers for lunch the next day. Our roommate Katie [tries to] make sure we don’t waste anything.”

Andy Morton, Gallatin Gateway-Karst, Mont. Tow truck driver, Canyon Auto Repair and Towing

“It’s something that bothers me. You just need to have two times a week when you use your leftovers. You can try to see what fresh foods in your refrigerator might be going bad soon, and use those first.”

Karen Macklin, Big Sky, Mont. Owner, The Wrap Shack

“Really? Twenty pounds? I’m very self-conscious about the amount of food we buy. The grocery stores are so good at presenting the products so you want to have them – it’s like food porn. We try to buy less and ask ourselves, ‘Are we really going to eat 20 apples?’

“We have just about zero waste at The Wrap Shack. Maybe I just take more time to plan my business than my personal life.”

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**The mountains are calling and I must go**

- John Muir

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Chili Feed benefits Big Sky food bank, community

STORY AND PHOTOS BY JOSEPH T. O'CONNOR
EBS MANAGING EDITOR

BIG SKY – On a sunny, mid-September afternoon, savory scents wafted from the large white tent behind the Gallatin Riverhouse Grill south of Big Sky. It was clear where the second annual Chili Feed was being held.

More than a fundraiser for the Big Sky Community Food Bank, the Chili Feed is a gift from the food bank’s board, according to advisory member Lynne Anderson.

“It’s a thank you to the community for supporting the food bank,” said Anderson, also owner of Big Sky’s Country Market grocery store, over a piping bowl of green chili stew on Sept. 19. “But if you want to try some chili and make a donation, go right ahead.”

On a long table at the south end of the tent bubbled seven variations of chili, simmering in chafing dishes or crockpots alongside mounds of cornbread. Patrons voted for their favorite recipe, prepared by seven different chefs in the Big Sky area, by placing donations in front of the respective chili.

Musician James Salestrom Jr. regaled the crowd with his guitar while attendees mingled and sampled chili ranging from spicy Texas-style to mellower chicken chili, and from traditional to an Italian approach, among others.

While the Chili Feed represented the local food bank’s appreciation for the community’s generosity, the branch raised more than $725 at the event. Food bank volunteers and employees were present to answer questions about the nonprofit’s food-donation directives.

Donors can drop off outdated food for up to a year after it expires, Anderson said, adding that the food bank can accept provisions that have been expired longer, within reason, which it can then transfer to the Community Café in Bozeman. Located on North 7th Avenue, the Community Café prepares all food to meet USDA standards, and provides meals to guests on a pay-if-you-can basis.

“This community, if they’re donating to the food bank, they’re making sure [that food] doesn’t go in the dumpster,” Anderson said.

Diane Bartzick’s chicken chili took home first place honors, while Dick Allgood’s green chili stew came in a close runner up.

Battle of 191 “Kick their Cans” Food Drive

Contributors in the second annual food-drive competition between the Big Sky and West Yellowstone school districts donated more than 3,500 pounds of food to the Big Sky Community Food Bank, as well as the West Yellowstone Social Services’ Food Bank.

“This will definitely hold us through the fall season,” said Big Sky Community Food Bank Operations Manager Sarah Gaither. “It fills the gap between the summer season and when I start getting really busy in the middle of October.”

The results?

WYSD: 633.76 pounds
BSSD: 2,939.5 pounds

From left: Grant Hilton, Fred Orgas, JeNelle Johnson and Fern Hilton taste their top selections.
Yellowstone names new chief ranger

YELLOWSTONE NATIONAL PARK

On Sept. 23, Yellowstone National Park Superintendent Dan Wenk announced Pete Webster will be the park’s new chief ranger. Webster has been the deputy chief ranger since July 2014, and has intermittently shared the role of interim chief ranger for much of the past year.

Webster succeeds Tim Reid who became the superintendent at Wyoming’s Devils Tower National Monument in fall 2014. Webster is the park’s 17th chief ranger in the nearly 100 years it has been managed by the National Park Service.

As chief ranger, Webster is responsible for overseeing more than 275 employees in the Resource and Visitor Protection Division who perform law enforcement, emergency medical services, and search and rescue. The division also manages wildland and structural fire; fee collection; special-use permitting; and backcountry operations, among other duties.

“I am very pleased that Pete accepted this challenge,” Wenk said. “He brings a wealth of experience to this position, including proven leadership and a strong institutional knowledge of Yellowstone’s resources and operations.

“His background as a field ranger, front-line supervisor, and chief ranger in a variety of parks across the country will serve him well in this complex position.”

During the past seven years, Webster has managed law enforcement, emergency services, fire, visitor management, dispatch, and wilderness operations in his role as Yellowstone’s deputy chief ranger. He previously served as chief ranger at Alaska’s Denali National Park and Preserve, and deputy chief ranger at Virginia’s Shenandoah National Park.

Webster began his NPS career in 1988 as a Student Conservation Association intern at Glacier National Park. During his career, he has also served as the district and sub-district ranger at Glacier and at California’s Sequoia and Kings Canyon National Park. Webster has worked as a field law enforcement park ranger at Yellowstone and Glacier, as well as four other national parks and preserves.

A native of the Detroit, Mich. area, Webster received a bachelor’s degree in Fisheries and Wildlife Management from Michigan State University in 1989.
Offender registry, speed limits among laws effective Oct. 1

BY ALISON NOON
ASSOCIATED PRESS

HELENA (AP) – Higher speed limits and new sex-offender registration requirements are among the 165 new laws that took effect Oct. 1 in Montana.

Sexual and violent offenders will be required to provide every email address and social media screen name for the state registry. Montana will spend an estimated $13,000 to include that information in electronic records.

The law also seeks to increase the number of psychosexual evaluations among offenders to determine their likelihood of recidivism. Another law that already took effect this year prohibits some high-risk sex offenders from living or working within 300 feet of a facility that primarily serves children.

An additional 28 laws will be activated after October, including a January pay increase for state employees. Other measures that took effect on Oct. 1 include:

- Speed limits increased from 75 to 80 mph on all interstates in Montana, with few exceptions pending a safety investigation. The new law will not affect state highway speed limits but will increase speeding fines on all highways.

- Drivers will now be allowed to use electronic proof of car insurance, updating an outdated requirement that a hard copy be kept in cars at all times.

- A “Good Samaritan” law will shield people from minor-in-possession tickets if they are seeking medical treatment for themselves or others.

- A pilot program will provide income-tax credits for donations of up to $150 to scholarships for private K-12 education or “innovative educational programs” at public schools. The Republican-sponsored school choice measure aims to make private education more widely attainable and became law without Democratic Gov. Steve Bullock’s signature.

- A unit will be created within the attorney general’s office to train county attorneys and local law enforcement officials on how to prosecute sexual assault crimes.

- Chicken pox vaccinations will now be required for all public school students. The law also requires whooping cough vaccinations for all students, removing a previous exception for children over age 6.

- Additional disclosure requirements for corporations that spend money to influence elections will be in place ahead of 2016 ballots. Additionally, an update that conforms to a 2013 Montana Supreme Court decision allows political parties to endorse and spend money supporting or opposing judicial candidates.

- A new law allows the governor to lessen prisoners’ sentences even if the state parole board recommends against it.

Oct. 1 was the effective date of many new laws because it is the start of the federal budget year.
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HELENA (AP) – Jean A. Turnage, former chief of the Montana Supreme Court and the first Native American elected to statewide office, died of natural causes Sept. 27 in Ronan, Mont., according to his son Lloyd Turnage. He was 89.

Lloyd described his father as a humble man and natural leader who could work across the political spectrum and saw his work as an attorney as a way to help people through tough times.

“Dad did not ever make a big deal about what he was, who he was, at any time of his life,” Lloyd said. “I never heard him brag ever one time about what he had accomplished.”

Turnage began his career in public service in 1952 as Lake County attorney – just a year out of law school. He served for 10 years. He then returned to private practice while serving 22 years in the Montana Legislature, most of the time with his Republican party in the minority.

There were no term limits in place, so lawmakers learned to compromise and work together, Lloyd said.

“Some of his best friends were Democrats,” his son said. “It wasn’t polarized like it has been for quite some time now.”

Jean A. Turnage was elected chief justice of the Supreme Court in 1983 and served two 8-year terms before retiring.

At the time, his successor, Karla Gray, called Turnage well-grounded, well-balanced, caring and someone who took a common-sense approach.

“His legacy is so many things, but among them is a total commitment and dedication to the court and a court that is the servant to the people of Montana,” Gray told Lee Newspapers of Montana.

Current Chief Justice Mike McGrath echoed Gray’s comments about Turnage’s dedication to the court and commitment to public service.

“He did serve on a court that sometimes had some members that had contentious feelings and strongly held views about different issues,” McGrath said on Sept. 28. “He thought it was important for him to keep the ship afloat ... to keep peace in the family as best he could.”

Fox said in a statement, “Montana will miss his leadership and example, but all Montanans are better off because of all he did in his many years of public service.”

Turnage was born in St. Ignatius on March 10, 1926 and was an enrolled member of the Confederated Salish and Kootenai Tribes. He was raised on his parents’ farm and graduated from high school in 1944. He enlisted in the U.S. Army Air Corps that year and after his discharge in 1946, entered Montana State University, now the University of Montana. Turnage worked his way through college under the G.I. Bill and while working road construction jobs. He graduated from the School of Law in 1951.

He rose to leadership throughout his career.

Turnage was the president of the state county attorney’s association in 1959, served as Senate president during the 1981 session and was the president of the National Conference of Chief Justices from 1993-94, his son said.

“He was a leader without actually seeking it out,” Lloyd said.

When asked, at the time of his retirement, how he wanted to be remembered, Jean A. Turnage said he hoped Montanans felt he “did what he thought was right” and “did less harm than he could have.”

Turnage is survived by his wife of 62 years, Eula May, their children Lloyd and Pat, three grandchildren and three great-grandchildren.

Funeral services were held Oct. 1 at Good Shepherd Lutheran Church in Polson, Mont., followed by a graveside service with military honors at Lakeview Cemetery.
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Big Horns rise against Lincoln, fall to Hot Springs

BY ACRA SAMUELS
EBS CONTRIBUTOR

LINCOLN/HOT SPRINGS, Mont. – On Sept. 18, the Lone Peak High School Big Horns traveled to Lincoln for their first road conference game of the season. Sporting new, white away jerseys, the Big Horns’ high-flying offense was in full swing, accompanied by a stifling defense.

Junior fullback Bridger Babcock got the LPHS scoring started, taking a 10-yard pass from junior quarterback Eddie Starz in for a touchdown, giving them a 6-0 lead at the end of the first quarter. Then the floodgates opened for the Big Horns, as sophomore Holden Samuels scored on a 5-yard pass from Starz 42 seconds into the second quarter.

After the following kickoff, the Big Horn defense stopped the Lynx in their tracks with senior Chase Samuels and sophomore Evan Redmond repeatedly stopping the Lynx behind the line of scrimmage, and eventually forcing a safety.

On the ensuing series, Starz scampered for a 30-yard touchdown and freshman Milosz Shipman kicked the points after touchdown for two more points. With 1:04 left in the half, Starz found Holden Samuels from 1 yard out for Samuels’ second touchdown reception of the game, and Shipman again made the PAT to make the LPHS lead 30-0.

The Big Horns then stopped the Lynx inside the 10, Redmond blocked the punt and Chase Samuels recovered on the 2 with seconds left in the half. Starz found sophomore Jackson Wade in the end zone to make it 36-0 at the half.

It was all Big Horns in the second half. On their first possession, Babcock broke free for a 46-yard touchdown run. Just before the end of the third quarter, sophomore all-purpose back Liam Germain rocketed 20 yards for a touchdown run and Shipman converted the two-point kick, bringing the final score to 50-0.

The Big Horns traveled to Hot Springs on Sept. 25 to take on the Savage Heat, riding a two-game winning streak. The Savage Heat are currently ranked No. 4 in the state and has never lost a conference game. Hot Springs gave up only six points this year en route to a 4-0 record coming into the matchup against LPHS.

The game didn’t start well for the Big Horns, as the Savage Heat scored their first touchdown two minutes into the game and had a commanding 22-0 lead by the end of the first quarter. The Hot Springs team seemed to execute better and be more physical than the Big Horns, and the score was 43-0 by halftime.

LPHS managed two scores in the second half. Germain scored a rushing touchdown in the third quarter and threw a 60-yard touchdown pass in the fourth to junior Devin Quinn, but the Big Horns fell to the Savage Heat 71-14.

LPHS plays their homecoming game against St. Regis on Saturday, Oct. 3 at 12:50 p.m. The first 100 fans will receive a free Big Horns souvenir football.
HOT SPRINGS, Mont. – The Ophir Miners six-man football team traveled to Hot Springs to take on the Savage Heat junior high team on Sept. 25. The 0-2 Miners were ready to turn their season around on their longest road trip of the year, a 5 1/2-hour drive.

The Miners started out strong and on the first series of the game the defense was stifling as eighth-grade middle linebacker Frankie Starz recovered a fumble just 1 minute into the game. The Miners methodically drove down the field using a precision passing attack and seventh-grader Evan Iskenderian capped off the drive with a 10-yard-scoring run. Ophir missed the two-point kick, and Hot Springs responded with a score and successful point after. The Miners were down 7-6 at the end of the first quarter.

Ophir drove quickly down the field to start the second quarter, and Starz caught a 10-yard pass from Austin Samuels for a touchdown. Iskenderian then ran in the extra point to make it 13-7, Miners. The teams traded possessions throughout the rest of the half and with 20 seconds left, Starz punched the ball into the end zone putting the Miners ahead 19-7. But a number of Miner miscues allowed the Savage Heat to score twice in the final moments of the half. Hot Springs ran in a touchdown with eight seconds left, and then the Miners received the kickoff and threw a last-second pass that was picked off and returned for a touchdown to make it a 19-19 tie at halftime.

Ophir drove quickly down the field to start the second quarter, and Starz caught a 10-yard pass from Austin Samuels for a touchdown. Iskenderian then ran in the extra point to make it 13-7, Miners.

The second half was a defensive struggle as neither team could get their offenses going. Miner seventh-grader Jack Lovely intercepted a Savage Heat pass with 1:21 to go in the third quarter to thwart the Hot Springs drive.

As time was winding down in the fourth quarter, eighth-grader Frankie Starz caused a Hot Springs fumble and fellow eighth-grader Nick Wade recovered with 22 seconds left in the game to ensure overtime, as regulation ended in a 19-19 score.

Overtime in Montana six-man football is run just like college, except that each team gets a possession starting at the opponent’s 15-yard line. The Miners lost the toss and went on offense first. Starz found eighth-grader Nick Brester on a tremendous pass from 14 yards out to put the Miners on the board. Then on the point after, a scrambling Starz threw to seventh-grader Caleb Unger in the back of the end zone to put the Miners up 26-19.

After two running plays that were stifled by the Ophir defense, Hot Springs turned to the pass. But Ophir outside linebacker Samuels picked off a pass sealing a dramatic 26-19 win for the Miners.

Ophir Miners find win column with overtime road victory

BY ACRA SAMUELS
EBS CONTRIBUTOR

Ophir Miners travel to Sheridan on Monday, Oct. 5 for their next game.
Big Horn volleyball off to strong start

LPHS ATHLETICS DEPARTMENT

The Lone Peak High School volleyball season is in full swing. Last year, the Big Horns finished eighth place in District 8C and made their first appearance in bracket play of the district tournament. Head Coach Sarah Griffiths has high hopes for the team this year.

“We have a fantastic group of young women,” said Griffiths, now in her fifth season at the helm for the varsity team. “They worked hard all offseason and it’s starting to pay off. We will see them make great strides in district play this season.”

Lone Peak opened their season on Aug. 29 with the second annual Lone Peak Invitational tournament in Big Sky. The tournament featured teams from West Yellowstone, Missoula, Butte, White Sulphur Springs, and Shields Valley, and marked the inauguration of the new gym at Ophir Elementary School.

“It was amazing to have a tournament at our school where we could invite teams outside of our regular schedule,” Griffiths said after the tournament. The Big Horns came out swinging at the tournament, winning their morning pool and finishing sixth overall.

LPHS began district play in September, and proved a force to be reckoned with in District 11/12C. The team notched big wins over Harrison/Willow Creek, Shields Valley and Gardiner. These games marked the first time in school history the Big Horn volleyball team has notched victories against these three schools.

“Beating Harrison was a huge step for our team, proving to the girls that they can compete and win against the historically dominant teams in our district,” Griffiths said. “Then to follow it up with wins against Shields Valley and Gardiner was an enormous step to propel us to the top half of teams in the league.”

Junior captains Bianca Godoy and Luisa Locker lead the Big Horns this year – as a sophomore, Locker led District 8C players in digs and aces, earning her a spot on the All-Conference team, recognizing her as the top libero – a defensive specialist position – in the district. Sophomore Katie Hoffman and freshman Solae Swenson, newcomers to the varsity squad, are poised to make an immediate impact as middle blockers, Griffiths said.

Sophomores Kuka Holder and Bryn Iskenderian are seeing double-duty as setters and right-side hitters, opening up further offensive potential for LPHS. Junior Bella Butler rounds out the starting lineup for the Big Horns, and both Butler and Godoy are strong outside hitters for the team, Griffiths added.

The Big Horns were in action again on Oct. 1 at home versus West Yellowstone, after EBS went to press. LPHS faces Twin Bridges on Oct. 10 in Big Sky, with games at 2 and 3:30 p.m.
MSU rolls Cal Poly, 45-28

BOZEMAN (AP) – Dakota Prukop threw for 399 yards and three touchdowns and Chad Newell ran for 111 yards and three more scores to help lead Montana State to a 45-28 win over Cal Poly on Sept. 26.

“That was one of the best total team efforts we’ve had since I’ve been here,” said MSU head coach Rob Ash, who was coaching his 100th game with the Bobcats. “Every guy was locked in on the sideline, because we knew the stakes were high.”

Montana State’s Beau Sandland caught five passes for 156 yards and two touchdowns. The tight end is the roommate of Prukop, who noted that they had fooled the Mustangs on their first score of the second half.

“It looks like zone read on that play, but we’re scoring touchdowns,” he said.

“I just had to catch and then run the ball,” Sandland said. “A lot my catches were uncontested.”

Montana State (2-1, 1-0 Big Sky) took a 28-7 lead early in the second quarter, but Cal Poly whittled it down to 31-21 when Kori Garcia scored from 6 yards out with 23 seconds left in the first half.

Both offenses piled up yards in the first half. MSU’s Prukop was 12 of 16 for 291 yards and two long touchdowns of 88 and 63 yards. MSU had 397 total yards. Cal Poly’s option attack was good for 215 yards and two touchdowns on 36 carries by halftime. Joe Protheroe had 93 and Garcia 86 of those yards.

Montana State kicked off to start the third quarter and scored touchdowns on consecutive drives to open a 45-21 lead. The Bobcats scored on their first seven possessions of the game.

The Bobcat defense stopped the Mustangs (1-3, 0-1) on their first two drives of the second half and took over from there with touchdown drives of 72 and 65 yards.

“[Those stops] were absolutely critical,” Ash said. “We were concerned that they had the ball to start the half, but we got a stop on downs. That was the Bignell show. [Linebacker] Mac [Bignell] had a couple stops to set it up, then [defensive tackle] Nate [Bignell] had a really nice tackle on fourth down.”

The Bobcats held Cal Poly to 5 yards per play a week after allowing Eastern Washington nearly 12 yards per attempt. MSU finished with 602 total yards, while the Mustangs had 406. It was the second straight week over 600 yards for the Bobcats.
There are two kinds of surprises in life: a surprise party where an assortment of merriment ensues, and then the kind your pet leaves on the carpet floor while you’re at work. Throughout the NFL, there are some teams and players enjoying proverbial parties as we enter the second quarter of the season, while others are left cleaning up the carpet and hoping the stains aren’t too deep.

**Celebrating success**

**Oakland Raiders**
Aside from a rough Week 1, the Raiders offense has looked great. Quarterback Derek Carr has been sharp in victories over the Baltimore Ravens and Cleveland Browns, and rookie receiver Amari Cooper has already shown glimpses of elite-level play. Meanwhile, running back Latavius Murray has demonstrated power and decisiveness leading the Oakland rushing attack. With defensive end Khalil Mack rounding out a quartet of stars 25 and younger, Raiders fans have to be excited for the future.

**Tyrod Taylor**
The Buffalo Bills have been treated to exciting offensive play thanks to the emergence of Taylor as a starter. He nearly rallied the team to an improbable come-from-behind victory against the New England Patriots in Week 2, and he embarrassed the division rival Dolphins in Miami. Taylor has the Bills offense humming, and Buffalo fans are appropriately enthusiastic about the present and future of the team.

**Larry Fitzgerald**
The Arizona Cardinals have looked like one of the best teams in the league through the first few games of the year, and Fitzgerald is a big reason why. He had monster games against the Chicago Bears and division rival San Francisco 49ers, helping Arizona to an early division lead. After years of struggles by the Cardinals at the quarterback position, veteran Carson Palmer has helped to remind fans all around the league that Larry Fitzgerald is still an elite player at the wide receiver position.

**Cleaning up the Mess**

**Miami Dolphins**
Thought to be a dark horse contender for the AFC East title this year, the Dolphins have limped into the season. They barely beat a struggling Washington Redskins team, and they embarrassed themselves against the Bills in a 41-14 drubbing at home. The Dolphins will need to right the ship quickly if they don’t want to plummet into a hole they can’t recover from. Otherwise, jobs will be on the line in Miami.

**The Baltimore offense**
A new offense in Baltimore was supposed to create a potent passing attack, supplemented by a strong and versatile running game. What we’ve seen instead is a disjointed team having difficulty moving the ball. While the Ravens have found success forcing passes to veteran wide receiver Steve Smith Sr., the overall product on the field has been disappointing for Baltimore fans expecting more out of their $100 million quarterback Joe Flacco.

**Andrew Luck**
The Indianapolis Colts quarterback showed the late game heroics we’ve come to expect from him against the Tennessee Titans, but he’s been a turnover machine. The slow starts and sloppy interceptions have been disappointing for a team expected to compete in the Super Bowl. Struggling behind a poor offensive line, Luck looked terrible against the Bills and New York Jets, and one has to wonder if the Colts will be able to move the ball against the best defenses in the league.

Whether or not the unexpected developments fans have witnessed thus far will continue is anyone’s guess. But with several months of the NFL season left, one thing we can always expect is more surprises, more action, and a lot more fun.
In simple terms, fantasy football is a game in which fans create fictitious teams with real NFL players. Teams accumulate “fantasy points” based on player statistics and most leagues are scored on a weekly basis, matching squads head-to-head on a rotating schedule. The teams with the best records make it into the fantasy postseason – often held in Weeks 14-17 of the NFL schedule – for a chance at the title.

Before diving into the logistics of this $70 billion – yes, billion - industry, the history of this fanatical hobby deserves some attention.

Wilfred Winkenbach, an Oakland, Calif., businessman and former partner in the Oakland Raiders, is the proud father of fantasy football. In 1962, Winkenbach, along with Raiders Public Relations Director Bill Tunnel and Oakland Tribune reporter Scotty Starling, invented another way to enjoy their favorite sport with a rulebook that became the cornerstone of modern fantasy football.

Focusing on American Football League offensive skill players – prior to the 1970 merger of the AFL and NFL, now known as NFC and AFC – Winkenbach’s rulebook laid the groundwork for the Greater Oakland Professional Pigskin Procrastinators League, or GOPPPL. Winkenbach organized the original eight AFL franchises into fantasy teams among friends, colleagues associated with the AFL, or sportswriters.

As word of the game spread, an Oakland restaurateur and GOPPPL participant Andy Mousalimas in 1969 opened the first public fantasy football league to his patrons at the Kings X Sports Bar. By deviating slightly from the original GOPPPL formula, Mousalimas was responsible for the push toward the current practice of performance scoring, which rewards points to players who score touchdowns.

With the growing popularity of the Internet, fantasy football blossomed from a game played by an elite group of male sports enthusiasts to today’s industry, one that reaches 32 million online players – including 6.5 million women – in the U.S.

“Virtual drafts” soon developed and now enable fantasy owners to build teams from the comfort of home, and create leagues with friends around the world. On average, players spend $467 a year on their online fantasy franchises.

The season has already started, but don’t let that deter you from entering a world of fantasy. Here’s a quick guide to starting your fantasy football career:

1. **JOIN A LEAGUE**

   **Salary cap league:** Fantasy players act as owners with a virtual bank account to draft players whose weekly performance translates into points, which are awarded for categories including touchdowns, rushing yards, and sacks. Players’ salaries fluctuate according to their weekly statistics, and the goal is to build the strongest lineup possible without exhausting your payroll.

   **Full fantasy:** Fantasy players join a league of friends or strangers and act as virtual owners controlling numerous position players on offense, defense and special teams. Set up a league with head-to-head competition between fantasy teams or base them on total cumulative fantasy points. As in salary cap games, points are awarded for each player’s game-day performance.

2. **DRAFT A TEAM**

   The goal of fantasy is to “draft” athletes or teams with the most impressive performances during a given week. In order to maintain a successful team, one must follow the NFL weekly, keeping track of touchdowns, passes, receiving and rush yards, as well as injuries.

   Based on your league’s format, you fill out your roster with varying combinations that include quarterbacks, running backs, wide receivers, tight ends, and one team’s defense/special teams (you draft the entire Indianapolis Colts defense and special teams, for example), kickers, and a number of “bench” players – substitutes available for when your star players have a tough matchup or a bye week. Once your league completes its draft, you must maintain the strongest team by analyzing real outcomes.

3. **PLAY TO WIN!**

   As a fantasy team owner, you’re in total control. You can drop players and replace them with free agents; if one of your starters gets injured you can bench him and start a healthy player; you can even make a trade offer to another owner. In the end, it’s all about numbers, and as long as you gain the most points, the season is yours.

   In the meantime, don’t forget to practice your victory dance should your team make the playoffs!

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**Recommended Fantasy Sites:**

- ESPN.GO.COM/FANTASY
- DRAFTKINGS.COM
- FANTASY.NFL.COM

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**Coach’s Corner**

- A player who gets a ton of publicity might make your team’s roster sound good, but a player with solid stats is going to actually make it good.

- Do not fret about bye weeks: Just draft as much talent as you can, without regard to schedules. Don’t worry about Week 9 before Week 3 arrives.

- Draft with your head, not your heart. Just because you love the Falcons, doesn’t mean their defense would be the best choice for your fantasy team.
Revitalize your organization with appreciative inquiry

BY JOHANNE BOUCHARD
EBS BUSINESS COLUMNIST

Sometimes a successful business starts to feel “stale.” This can manifest in plateauing profits and growth, in the flagging of team morale, or feeling like the company culture needs revitalizing.

I’ve had the unique perspective of being an outsider brought in to help companies with this, and I know first hand that conducting an “appreciative inquiry” can lead to revitalization and increased productivity. AI is “the art and practice of asking questions that strengthen a system’s capacity to apprehend, anticipate, and heighten positive potential,” according to “Positive Revolution in Change: Appreciative Inquiry” by David L. Cooperrider and Diana Whitney.

Conducting an AI is a sensitive process, and I’ve applied a thought process to each step:

The challenges you think you need to address might not be the most important ones. I’ve often been called in to evaluate some aspect of a board or business that appears to not be working, often been called in to evaluate some aspect of a company’s culture needs revitalizing.

Take time to meet with people throughout the organization and poll their views about their own challenges and innate strengths, as well as what they feel is working, what needs improvement, and what’s missing. These conversations with employees at different levels of the organization will reveal new dimensions to a problem you may not be aware of. Through the discovery process of “unconditional positive questions,” according to Cooperrider and Whitney, the team will be inspired by being heard and being part of the vision of renewal.

Make time to talk to every person in the functional or operational area. If time or organization size makes in-depth, one-on-one conversations impractical, try meeting with employees for 15 minutes each by phone. Or, gather large teams for lunches and give each individual five minutes to constructively share.

These conversations will reveal things like if or when the head of the organization had last interacted with them directly, if they feel satisfied in their work, and whether they believe leadership knows of their ambitions and unique talents. Connecting with individuals throughout a large business takes time, but can boost productivity when done effectively.

Make the revitalization process feel as safe as possible. Anytime an organization is scrutinized, especially if a consultant is called in, the employees can feel vulnerable. As an outsider, I strive to establish a trusted space as quickly as possible so the individuals I’m polling feel at ease and honestly share their opinions. Employees need to feel they aren’t being judged, that their input is valuable, and that there is support for them to express their potential.

Throw out labels. It’s a shame when someone’s title becomes a label – the limiting boundary of who he or she is and what their capabilities are. When reviewing an organization, be mindful that labeling anyone can suffocate the individual and the organization’s productivity. While often unconscious, labeling can have a lasting bias effect.

Open communication is key to sustaining the momentum of great organizations and keeping their core potential vital. Reach out and ask the right questions in an appreciative manner, engaging and maximizing the talent you have. And be prepared to embrace positive change!
Amuse-bouche refers to an appetizer, and by French translation means, “to entertain the mouth.” It offers a glimpse into what you should expect from a meal. Also it’s free, compliments of the chef.

Who would I cook for?

BY SCOTT MECHURA
EBS FOOD COLUMNIST

If you’ve ever read an interview with a chef, you’d see pretty standard questions, such as “Where did you learn to cook?” Or, “Who is your inspiration?” But as a fellow chef, there is another question; the only other question I’m interested in. Who would I like to cook for?

The answer to that question tells a lot about a chef. It shows his or her personality outside of the kitchen; who he respects and follows in the industry, where he came from, and perhaps, where he’s going.

Some chefs say they’d like to cook for their favorite actor, musician or athlete. Some perhaps say the President of the United States, while others would be beside themselves to get behind the stoves for the likes of Auguste Escoffier, or Fernand Point – the father and prodigal son, so to speak, of modern cookery.

Not only is this a telling question, but there’s no wrong answer. Rather, it unwittingly gives us a deeper look at what makes them tick; who they surround themselves with.

It wasn’t until this week that, after reading yet another article in which several chefs name their single dream diner, that I actually gave some thought to the question: Who would I like to cook for? Who are my dream diners?

My dining table, definitely a round table, would be bristling with an eclectic assortment of dream guests, to say the least.

First: Ed Christie, who was my first real mentor in this business. I worked for a couple restaurateurs before him, but it was my 11 years under Ed’s stoic, logical, intelligent leadership that I took many work and life lessons that I still recall on a regular basis. I haven’t seen Ed in years, but he would always be welcome at my table.

Next would be Marcus Samuelsson, a world-renowned chef whom I had the pleasure of working for many years ago. He and I are the same age, and yet he felt 10 years older. He was skilled and wise beyond his years, not to mention one of the most creative chefs I know of, anywhere.

Seated next to him would be Mark McEwan. I’ve never met Chef McEwan but would call him a mentor from a distance. With his collection of successful restaurants in Toronto, Ontario, and a weekly television show behind him, I would prepare for his next episode with pen and notebook, careful not to miss any lesson he might throw out, with all the anticipation of a boy waiting for his favorite cartoon. He should sit next to Samuelsson.

Next at the table: Anthony Bourdain. While Bourdain may seem like a cliché guest to some, given his colossal celebrity status I’d primarily welcome his travel stories and accompanying worldly palate. After having spent an entire weekend with him some years back, his sheer character and stories are always welcome at my table.

Somewhere in this group would sit two of my oldest and dearest friends, Annette Larson and Jim Lohse. While unrelated, they have each dined all over the world. They’ve both eaten my food for years, and have never been afraid to compliment my successes, and more importantly, critique my, well, non-successes.

Finally, my wife Carrie would most certainly have a seat at the table. She’s been party to many of my creations, trials, tribulations, and experiments, and has never for one second hesitated to either compliment me or tell me something is just not right, no matter my conviction to the contrary. She is, in the end, my best friend, and wherever my place is at the table, she will be seated at my side.

Now, what do I cook?

Scott Mechura has spent a life in the hospitality industry. He is a former certified beer judge and currently the Executive Chef at Buck’s T-4 Lodge in Big Sky.
Bringing you closer to Santosha (contentment) today...

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WORKSHOPS & SPECIAL EVENTS

OCTOBER 7-20
Fall Community Cleanse
Register at santoshabigsky.com

NOW OFFERING
YOGA FOR KIDS!
See schedule below

9-10:15am
All Levels Yoga

7-8am
All Levels Yoga

7:30-8:30am
All Levels Yoga

8:30-9:30am
Level II Yoga

7-8am
Zumba

8:30-9:30am
Level II Yoga

8:15-9:15am
All Levels Vinyasa Flow

8:15-9:15am
Roll Out Pilates

9:30-10:45am
All Levels Yoga

10-11:30am
The Practice (1st & 3rd Friday of the month)

4:15-5:15pm
Yoga for Kids (9th-12th grade)

4:15-4:45pm
Yoga for Kids (K-2nd grades)

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Yoga for Kids (5th-8th grades)

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Explore Big Sky

BY JACKIE RAINFORD CORCORAN
EBS HEALTH COLUMNIST

Bozeman resident Janet Cassidy is on a mission to confront and overcome obesity. She is going to walk 3,000 miles across the U.S., beginning in San Diego, Calif., in March 2016 and finishing that September in Tallahassee, Fla., and you’re invited to join her journey.

Cassidy weighed 350 pounds five years ago. She has since lost 150 pounds and firmly believes that if she can turn her health around, anyone can.

During a Sept. 22 interview with Cassidy, it was apparent that she’s in this for the long haul. After a rocky start in her youth, she has changed her mindset about weight loss.

“My mother always tried to do restrictive eating with me so I always rebelled against any sort of diet,” Cassidy said. “The only time I lost weight was when I was a sophomore in high school and I got down to 107 pounds by not eating and throwing up.”

However, Cassidy says she started gaining that weight back quickly and never went on a diet again. When she began losing weight this time, it wasn’t for the sake of weight loss, but to feel healthier.

We all have pivotal moments in our lives that trigger a powerful change. For Cassidy, it was in 2010 after a festive St. Patrick’s Day of, “drinking good beer and eating bad food,” when she woke up feeling terrible and visited her doctor.

Cassidy had been controlling diabetes with pills for five years and was sent to the Bozeman Health Diabetes Center where she began crying when she was told she had to start taking insulin twice daily. However, the physician was caring and informative and offered her a plan of action that gave her hope. After taking his advice and getting counseling from a dietitian she got off of all of her medications within four months.

“I’m not sure what you would call how I eat now,” Cassidy said, when asked to describe her current nutritional habits. “All I know is I get up every morning and I try to make the right choices for my health. Sometimes I’m successful and sometimes I fail miserably, but not trying everyday is not an option.”

Her physician told Cassidy that if she ever wanted to get her weight down to 150 pounds she would have to restrict herself to 1100 calories a day, due to the hormonal imbalances caused by diabetes. This depressed her at first, but now she says, “I just go one day at a time and hope for the best.”

I asked Cassidy if she feared the long walk ahead of her.

“I just don’t let my mind go there,” she said. Cassidy has faith that this is the right thing to do for herself and everyone else struggling with obesity. Her mottoes keep her motivated and she hopes they encourage others: “If I can do it anyone can. One step at a time.”

Visit roamforimprovement.com to join Cassidy on a leg of her journey, or to donate to her undertaking.

Jackie Rainford Corcoran is an IIN Certified Holistic Health Coach, an NASM Certified Personal Trainer, a public speaker and health activist. Contact her at jackie@thetahealth.com, or find more information at thetahealth.org.

This is how Big Sky gets into hot water.

From Jackie with love

Overcoming obesity one step at a time

I get up every morning and I try to make the right choices for my health. Sometimes I’m successful and sometimes I fail miserably, but not trying everyday is not an option.
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The Big Sky Post Office is looking for a friendly, positive individual to fill a full-time, year-round position. Must be able to work Saturdays. Applications can be picked up during lobby hours, M-F: 10 a.m. to 5 p.m., and Sat.: 10 a.m. to 1 p.m.

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425.478.8388

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Our customers say that our ad in Explore Big Sky brought them in for the first time. We get comments like this not weekly but daily!

- Steve and Deanne Stalnaker, The Inn on the Gallatin and The Café at the Inn

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When the paper that printed my weekly column for more than 20 years closed its doors several weeks ago, I thought my writing career had come to an abrupt end.

But I agreed with the staff at Explore Big Sky that my column would continue enlightening and entertaining readers by appearing in EBS, which is now the area’s only local news and lifestyle paper. This is just one of many changes happening in our community.

The Medical Clinic of Big Sky, the community’s only local source of medical care for many years, will continue to independently provide accurate, convenient, and economical medical care to local residents and visitors. How will we be able to do this with the addition of Bozeman Health’s Big Sky Medical Center in December?

In a place like Big Sky, where the population is generally healthy but likely to pursue activities that are prone to cause acute injuries, such skiing and snowboarding, the need for convenient access to unscheduled medical care is of paramount importance. This includes locals as well as visitors who are far from their primary physicians.

Urgent care facilities are not open 24 hours a day, but generally operate during “business hours.” The Medical Clinic of Big Sky has adapted over the years to the pace of this mountain community by being open seven days a week during the ski season.

However, unlike other urgent care offices, we have always kept 24/7 services available by a phone call, as many of you have experienced first hand. As Big Sky enters a new era of medical delivery, we’ll emphasize the urgent care nature of the practice.

The advantages of having a hospital open in our community cannot be overstated. A CT and MRI for evaluation of trauma here in Big Sky will be positive additions, drastically reducing the number of ambulance rides to Bozeman.

This will also free up our fire department, EMTs and paramedics from long journeys through Gallatin Canyon. Having a lab in Big Sky will cut the wait time for important tests, and expansion of the family practice facilities will certainly help local families.

In most major cities and towns in the U.S., and even in Bozeman, hospitals and their ERs are balanced by urgent care centers. These smaller facilities take the pressure off ERs by filtering out non-emergency cases. In most communities, there is a win-win balance with these two types of facilities operating collectively.

The Medical Clinic of Big Sky and the Big Sky Medical Center will both serve the entire community. We’ll both have to adapt, and in many instances, work together. The Medical Clinic’s two offices, in the Mountain Village and in Town Center, will be expanding hours as we move into the ski season.

In future columns, I will continue to inform you about the medical problems we encounter on the ski hill, on mountain bike trails, on the Gallatin River, and from all the other outdoor activities that make Big Sky a great place to live and play.
Locals Fishing Report from Gallatin River Guides

It’s been a bit of a roller coaster in southwest Montana as far as fishing success is concerned. A lack of bug activity has made many rivers a challenge, but cooler temps and the start of the fall spawn is turning things around.

The Gallatin has been fishing well, but best to be a little later. It’s been slow to start, but picking up by mid morning and fishing well into the afternoon and evenings. Mostly small mayflies and midges out there and some good dry opportunities can be had later in the day if you’re in the right place at the right time. Go small if you run into rising fish. Small Adams, Sprouts, RS-2 and more are good options with a small unweighted mayfly pattern trailed behind is a good rig. Others have been swinging streamers like Copper Zonkers, Sculpzillas and Buggers with good success. Most are nymphing with a variety of patterns like Pat’s Rubber Legs, Buggers, Green Machines, Zebra Midges, San Juan Worms and more.

The Yellowstone River has been the most challenging for consistent trout fishing. Most are sifting through quite a few whitefish to get the occasional trout. If you just want to feel a tug at the end of the line or get a newbie out there this could be a great option if you show up with the right attitude. Baetis will also be the most active bug here, but some fish are still feeding on hopper and other terrestrial patterns. Try hoppers or Chubbies with long (6’ droppers) with Pat’s Rubber Legs, Green Goblins or Clouser Crayfish trailed below. The Brownie Sparkle Minnow has moved some nice trout the past few weeks!

The Madison has a lot of good stuff going on. The Lower Madison below Ennis Lake is getting quite a bit of attention with cooler temps and fewer bikinis! Crayfish with a Lightning Bug, Green Machine or other similar pattern will usually produce this time of year. Also try swinging Zonkers, Bow River Buggers, McCan’s Sculpins and more. The float section of the upper Madison has been consistent, but for bigger fish it has been best closer to Ennis or walk wading around Raymond’s and $3 Bridges. The park section has already started to crowd up down low all the way up to the junction, but I’ve seen a lot of big smiles from anglers after fishing here! Most are swinging soft hackles or nymphing with eggs and mayfly nymph droppers.

Montana Fish, Wildlife and Parks is in the process of discussing some major fishing regulations changes and have some proposals written up. If you are interested please visit: http://fwp.mt.gov/fishing/public-Comments/2015/2015_19fishingRegs.html to read and comment on the proposed changes. Deadline for Public Comment is October 3rd.

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$7,800,000 | #183385

Bridger Canyon Masterpiece, Big Sky

40.24± acres, 4 bd, 8 ba, 10,923± sf home, 5 fireplaces, wine room, home theater, bar, Incredible craftsmanship and attention to detail

$7,800,000 | #200670

Lost Trail Retreat, Big Sky

20± acres, mid-mountain location Outstanding building site with mtn views Community water system

$3,995,000 | #199289

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An average family of four leaves nearly $1,500 worth of food uneaten each year.

- **Household waste**
  - 33% caused by cooking or serving too much
  - 67% due to food spoilage from not being used

- **National Goals**
  - On September 16, 2015, the U.S. Department of Agriculture and Environmental Protection Agency announced the first official national goal to decrease food waste by 50% by 2030.

**How to reduce food waste at home**

- **Shop wisely**
  - Plan meals
  - Use shopping lists
  - Avoid impulse buys

- **Buy funny fruit**
  - Many fruits and veggies are thrown out because of their size, shape or color.

- **Learn when food goes bad**
  - Sell-by and use-by dates are not federally regulated (other than some baby foods). Most foods can be safely consumed well after their use-by dates. Find food expiration dates at eatbydate.com

- **Become storage savvy**
  - Get the A-Z food storage tip guide makedirtnotwaste.org
  - Freeze fresh produce and leftovers

- **Track your trash**
  - Choose two weeks to list everything you throw out. At the end of those weeks, evaluate the list and learn to purchase and store better next time.

- **Compost**
  - Composting food scraps can reduce their climate impact while also recycling their nutrients.

- **Donate**
  - Donate nonperishable and unspoiled perishable food to your local food bank.

Resources: nrdc.org, foodshift.net, eatbydate.com, epa.gov
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Offered at $420,000
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103 $394,410 1170 sq.ft / leased
104 $405,924 1204 sq.ft / leased
201 $489,465 1,452 sq.ft / leased
203 $365,760 1085 sq.ft / leased

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Recorded live at WMPAC: NPR’s ‘From the Top’

BY RACHEL ANDERSON
EBS CONTRIBUTOR

BIG SKY – NPR host Christopher O’Riley recorded the 312th edition of the hit radio show “From the Top,” live to a full house at Big Sky’s Warren Miller Performing Arts Center on Sept. 27.

Based in Boston, From the Top is an independent nonprofit organization that celebrates the power of music in the hands of extraordinary young people. Its weekly, one-hour classical music program is the most popular on public radio, heard by more than half a million listeners in over 220 markets.

With part of its mission to reach new audiences through “… a deeper appreciation for classical music,” “From the Top” won over the Big Sky community.

“We try to have an array of instrumentation, repertoire, gender, ethnicity, age and personalities,” said From the Top co-CEO Jennifer Hurley-Wales, who founded the organization 16 years ago with fellow Massachusetts native Gerald Slavet.

“There are lots of criteria that go into creating the right soup for each program,” Hurley-Wales said.

The Big Sky rendition of the show featured five different artists from around the country, ranging in age from 14-18. Showcasing both vocal and instrumental talent, Hurley-Wales highlighted the variety producers strive for with each show.

“We are creating a show that is very specific to the location,” Hurley-Wales said. “We make sure we have local talent to feature, and we always have a scholarship student on each show.”

The production in WMPAC featured two scholarship students and Bozeman native Stephanie Anderson, who performed Slavonic Fantasy by Carl Höhne on her trumpet. Christopher O’Riley accompanied her on the piano.

A recent graduate of Bozeman High School, Anderson currently attends Eastman School of Music in Rochester, N.Y. “When I play, I really enjoy the emotional connection that I can put through the piece,” said Anderson, 18. “It’s like counseling without words. You are able to express that with the audience, and when they get excited, I get excited.”

“From the Top” performers learn to take music beyond the concert hall, working with the organization’s education and outreach team to develop the skills needed to create positive change through music.

On Sept. 28 and 29 at Ophir School, performers of the “From the Top” Arts Leadership outreach program connected with local students, each having the opportunity to play their instrument with the talented performers and experience the power of classical music firsthand.

“It’s setting them up with a philosophy and mindset to support them as they develop,” Hurley-Wales said.

Creating an interactive learning schedule, “From the Top” performers worked together with students in classroom workshops and took the stage at an assembly matinee performance, which included Big Sky eighth grader Emma Flach, and seventh grader Michael Romney.

The Arts Council of Big Sky presented the production with financial support from several foundations.

The live recording at WMPAC will air nationally the week of Nov. 23, and “From the Top” can be heard Sundays at noon locally on Yellowstone Public Radio.

‘From the Top’ Workshops

On Sept. 28 and Sept. 29, young musicians in “From the Top” engaged students of all ages in the Big Sky Community. With an assembly matinee performance on Sept. 28, Ophir students were exposed to talent and leadership through classical music.

Two arts leadership workshops on Sept. 29 provided students with a greater opportunity to connect with the performers. The 50-minute workshops – one for high school students, one for middle schoolers – gave students a chance to ask questions and play instruments with all five “From the Top” performers.

Led by Micheal Dahlberg, “From the Top” program manager, the group built upon a hand-clapped beat. Each student added depth and dimension to the impromptu performance, and with the array of instruments played, students relied on one another to create a complete sound.

Several “From the Top” members described Big Sky students as being the most engaged group they’ve worked with.
For more than a century, our guiding light has been the health of the people we serve. As we’ve grown with the community, we’ve become an integrated system of comprehensive health-care services. From our roots in Bozeman, we’ve reached out to and grown into cities and towns throughout southwest Montana. Always bringing easier access and more care to more people in more places.

Our new name, Bozeman Health, illuminates a continuing, strengthened, commitment to promote and preserve the health of every person in every neighborhood, in every community in our service area. That’s where we came from—and that’s where we’re going.

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Explore Big Sky

October films are brewing in Bozeman

BOZEMAN FILM SOCIETY

The Bozeman Film Society continues its 2015-2016 season in downtown Bozeman this October with three films. Bringing newly released indie, foreign, documentary and art house films to Bozeman since 1978, the BFS continues its mission at the historic Ellen Theatre on Main Street.

On Wednesday, Oct. 7 at 7:30 pm, BFS will screen “The End of the Tour,” the story of a five-day interview between Rolling Stone magazine reporter David Lipsky (Jesse Eisenberg) and acclaimed novelist David Foster Wallace (Jason Segel), which took place just after the 1996 publication of Wallace’s groundbreaking novel “Infinite Jest.”

As the days go on, a tenuous yet intense relationship develops between the journalist and subject. The two men bob and weave around each other, sharing laughs and revealing hidden frailties – but it’s never clear how truthful they’re being with each other. Ironically, the interview was never published, and the audiotapes were packed away in Lipsky’s closet.

The film is based on Lipsky’s critically acclaimed memoir about this unforgettable encounter, written following Wallace’s 2008 suicide. Both Segel and Eisenberg reveal great depths of emotion in their performances and the film is directed with humor and tenderness by Sundance vet James Ponsoldt from Pulitzer Prize winner Donald Margulies’ insightful and heartbreaking screenplay. Richard Roeper of the Chicago Sun-Times calls the film, “A brilliant slice of life.” The film runs 105 minutes.

On Saturday, Oct. 17 Lilly Tomlin graces the silver screen in downtown Bozeman in the film “Grandma.” Tomlin hits a career high point in Paul Weitz’s caustically funny and poignant family drama. Acerbic, aging poet Elle Reid (Tomlin) mourns the death of her longtime partner even as she reels from a recent breakup; yet she must table her misanthropy when her teenage granddaughter Sage (Julia Garner) turns up unexpectedly on her doorstep in need of $600 and a ride.

An urban road-trip ensues in Elle’s vintage Dodge to visit old friends and flames, rattling skeletons and digging up secrets all over town as the unlikely duo try to rustle up the cash. “Grandma” is a small film with big things to say about the meaning of family and the value of living on one’s own terms.

The film is “acerbically funny ... Lily Tomlin giving a career-capping performance,” says the New York Times’ Stephen Holden.

A supporting ensemble that includes Marcia Gay Harden, Laverne Cox, Judy Greer, and Sam Elliott rounds out the cast in this touching cinematic gem. The film begins at 7:30 p.m. and runs 80 minutes.

A BFS screening at The Ellen Theatre planned for Oct. 30 will be announced soon.

Tickets are available by calling the Ellen box office at (406) 585-5885, online at theellentheatre.com or by visiting the Ellen’s box office Wednesday through Saturday between 1-3 p.m., or two hours before the screening.

Ex-Misfit guitarist, Portland Cello Project visit Faultline North

FAULTLINE NORTH

BOZEMAN – Doyle Wolfgang Von Frankenstein plays music from his debut solo album “Abominator” on Oct. 4 at Bozeman’s Faultline North.

Released on Von Frankenstein label Monsterman Records, “Abominator” is a sonically thick and lyrically evil album that finds the artist expanding upon the genre of music he helped create. His first band, the infamous Glenn Danzig-fronted Misfits, helped create the genre of speed/thrash metal with their last album, 1983’s “Earth AD/Wolf’s Blood.”

“Abominator” is not the sound of some punk guitarist gone metal – it’s the roaring return of one of extreme metal’s original architects to his drawing board. Recording both guitar and bass tracks for the album, the unmistakable sound of Von Frankenstein’s signature guitar cuts through on every tune, a sound that Misfits fans will recognize right away.

While the horror-punk vibe of the Misfits does permeate the album, the guitar work on “Abominator” is more technical, and far meatier, than your average punk rock record.

The following night, on Oct. 5, Portland Cello Project will visit Faultline North to display their controlled cello-chaos. In spite of a barrage of musical and visual sensory overload, you’ll soon figure out that this a group of classically trained cellists.

In the course of one of PCP’s epic, 2-3 hour shows – the format of which is always a one-time affair, because the group writes almost entirely new arrangements for every performance cycle – you’ll see fans straight out of the symphony hall nodding their head to cello hip-hop, and young children playing air cello while dancing to the cacophony produced by the instruments.

Since the group’s inception in late 2007, they’ve performed with a who’s who of Portland, Ore. musicians – from Laura Gibson to The Dandy Warhols, Horse Feathers, and Mirah and Loch Lomond, among others.

The cello is one constant in this amorphous collective, yet bandleader Douglas Jenkins also holds this anarchic display together. You’ll see him sitting in the back row of the cellists, and he pens 15-20 new scores for each performance. Jenkins has led the band through two previous albums of original songs and covers, and has been at the heart of the band’s rise to immense popularity in their hometown.

Although it’s no longer an anomaly for popular musicians to work with an orchestra, it tends to be on the symphony’s terms. The classically trained cellists of The Portland Cello Project are working to reverse that tradition by making their talents accessible to all, while bringing the instrument into venues where you wouldn’t normally see cellos. With this in mind, the group will be bringing their collaborative philosophy to Faultline North.

Tickets are available at faultlinenorth.com and doors open for the all-ages shows at 7 p.m., with music beginning at 8 p.m.
### Big Sky

#### FRIDAY, OCT. 2

- **LPHS HOMECOMING**
  - **Football vs. West Yellowstone**
  - **LPHS, 12:45 p.m.**
  - **Regis Football vs. St. Francis (Homecoming)**
  - **Course, 12 p.m.**

#### FRIDAY, OCT. 9

- **Trivia Night**
  - **Lone Peak Cinema, 8 p.m.**

#### SATURDAY, OCT. 10

- **Theater Auditions**
  - **WMPAC, 6-8 p.m.**

#### SATURDAY, OCT. 3

- **Verge Theatre, 8 p.m.**
  - **Young Frankenstein**
- **Ellen Theatre, 8 p.m.**
  - **Glengarry Glen Ross**
- **Bozeman Public Library, 10 a.m.**
- **Bozeman Public Library, 3:45 p.m.**
- **Bozeman Public Library, 4:30 p.m.**
- **Haufbrau, 10 p.m.**
- **Bridger Creek Boys, 9 p.m.**
- **The Faultline North, 8 p.m.**
- **The Legion, 9 p.m.**
  - **Strangeways**
  - **The Legion, 9 p.m.**

#### FRIDAY, OCT. 13

- **Big Sky Chamber Board Meeting**
- **HR Workshop**
  - **First Security Bank, 11:45 a.m.**

#### THURSDAY, OCT. 15

- **Business After Hours**
  - **The Corral, 5-7 p.m.**

#### FRIDAY, OCT. 2

- **Bozeman Public Library, 10 a.m.**
  - **Books & Babies**

#### SATURDAY, OCT. 10

- **PIT Day in the Museum**
  - **Children's Museum of Bozeman, 11:30 a.m.**

#### FRIDAY, OCT. 9

- **Verge Theatre, 8 p.m.**
  - **Young Frankenstein**
- **Ellen Theatre, 8 p.m.**
  - **Glengarry Glen Ross**
- **Bacchus Pub, 8 p.m.**
  - **Quenby Solo**

#### THURSDAY, OCT. 15

- **Books & Babies**
  - **Bozeman Public Library, 10 a.m.**

#### SATURDAY, OCT. 3

- **Verge Theatre, 2 p.m.**
  - **The Adventures of Tom Sawyer**
- **Verge Theatre, 8 p.m.**
  - **Young Frankenstein**
- **Ellen Theatre, 8 p.m.**
  - **Glengarry Glen Ross**
- **Bacchus Pub, 8 p.m.**
  - **Quenby Solo**

#### MONDAY, OCT. 5

- **Bridger Creek Boys, 7 p.m.**
  - **Colonel Black's**
- **Bridger Mountain Big Band, 7 p.m.**
  - **Heart of the Valley, 7 p.m.**

#### TUESDAY, OCT. 6

- **3rd Annual Chamber Expo**
  - **Moonlight Lodge, 9 a.m.**
  - **Pickin' in the Parks**
  - **The Story Mansion, 6:30-7:30 a.m.**
- **Bridger Raptor Festival**
  - **Bridge Bowl, 10 a.m. – 3 p.m.**

#### SUNDAY, OCT. 4

- **Bridge Bowl, 10 a.m. – 3 p.m.**
- **Glengarry Glen Ross**
  - **Ellen Theatre, 3 p.m.**
- **Open Mic w/ Mike Williams**
  - **406 Brewing, 6 p.m.**
- **Bridge Mountain Big Band**
  - **Eagles Lodge, 7 – 9:30 p.m.**
- **Doyle**
  - **The Faultline North, 8 p.m.**

#### MONDAY, OCT. 5

- **HIR Day in the Museum**
  - **Children's Museum of Bozeman, 11:30 a.m.**

#### TUESDAY, OCT. 6

- **Pakistan**
  - **Lone Peak Cinema, 8 p.m.**

#### WEDNESDAY, OCT. 7

- **Little Ones Storytime**
  - **Bozeman Public Library, 10:15 & 11:15 a.m.**
- **Aerial Fabric and Trapeze Class**
  - **Bozeman Public Library, 5:30 – 6:30 p.m.**
- **Aradentino Tango**
  - **MoMontana Movement Arts Center, 7-8:45 p.m.**
- **Sunrise Karaoke**
  - **Colonel Black's, 9 p.m.**
- **Beau Houston**
  - **Haufbrau, 10 p.m.**

#### FRIDAY, OCT. 2

- **Bozeman Public Library, 10 a.m.**
  - **Books & Babies**

**PLANNING AN EVENT? LET US KNOW! EMAIL MARIA@THEOUTLAWPARTNERS.COM, AND WE’LL SPREAD THE WORD.**
**THURSDAY, OCT. 8**
Baby Bistro
Bozeman Public Library, 11 a.m. - 1 p.m.

The Wise Heart
Bozeman Dharma Center, 5:30-6:30 p.m.

Adult Chess
Bozeman Public Library, 6-8 p.m.

Film: The Russian Woodpecker
The Emerson, 7 p.m.

Westcoast Swing
Townshend’s Bozeman Teahouse, 7:30-10 p.m.

**FRIDAY, OCT. 9**
Read, Sing, Play! Preschool Storytime
Bozeman Public Library, 10:15 & 11:15 a.m.

**Octoberfest: Beer, Brats and Brewery Follies**
Rockin’ TJ Ranch, 6-10 p.m.

Intermountain Opera
Bozeman presents Don Pasquale & Willson Auditorium, 7 p.m.

Tea House
Townshend’s Bozeman Teahouse, 7:30-10 p.m.

Play: Young Frankenstein Verge Theater, 8 p.m.

**SATURDAY, OCT. 10**
BodyTalk Access Seminar Medical Arts Conference Room, 9 a.m. – 5 p.m.

A 1-Day Intro to Buddhist Psychology
Bozeman Dharma Center, 9:30 a.m. – 4 p.m.

Books & Babies
Bozeman Public Library, 10-11 a.m.

Bozeman’s Color Run
Hyalite Elementary, 10 a.m.

**MSU Football vs. Sac State**
Bobcat Stadium, 5:05 p.m.

Play: Young Frankenstein Verge Theater, 8 p.m.

Charlie Parr
The Filling Station, 9 p.m.

**SUNDAY, OCT. 11**
Intermountain Opera
Bozeman presents Don Pasquale & Willson Auditorium, 7 p.m.

Tea House
Townshend’s Bozeman Teahouse, 7:30-10 p.m.

**MONDAY, OCT. 12**
Aerial Fabric and Trapeze Class
Aerial Arts of Bozeman, 5-30 – 6-30 p.m.

Open Mic
Townshend’s Teahouse, 7-9 p.m.

Dale Watson
Live from the Divide, 8 p.m.

**TUESDAY, OCT. 13**
Tours for Tots (3-5 years)
Museum of the Rockies, 10-11 a.m.

Yoga for all
Bozeman Public Library, 11 a.m. & 12 p.m.

Chess Club for Kids
Bozeman Public Library, 3:45 p.m.

Aerial Hoop and Conditioning
Aerial Arts of Bozeman, 5:30 – 6:30 p.m.

Life Drawing
The Emerson, 6-8 p.m.

**LIVINGSTON & PARADISE VALLEY**

**FRIDAY, OCT. 2**
The MAX
Chico Hot Springs Saloon, 9 p.m.

**SATURDAY, OCT. 3**
Benefit for Miss Livingston Roundup 2016
The Buckhorn Saloon & Theater, 5 p.m.

UIL: Spare Change Open House
United in Light Draft Horse Sanctuary, 10 a.m.

Queenby
Katabatic Brewing Company, 5-30 p.m.

The MAX
Chico Hot Springs Saloon, 9 p.m.

**SUNDAY, OCT. 4**
Kite Flying Day
North Side Park Soccer Fields, 4-5:30 p.m.

**MONDAY, OCT. 5**
Bluegrass Jam
Katabatic Brewing Company, 5-30 p.m.

**TUESDAY, OCT. 6**
Equestrian Supply & Western Gallery Auction
Park County Fairgrounds, 6 p.m.

Swingley Jazz
Livingston Mint Bar and Grill, 9 p.m.

**OUTDOOR SCIENCE SKILLS**
Geology Series
Montana State University, 6:30-8:30 p.m.

**THURSDAY, OCT. 15**
Tours for Tots (3-5 years)
Museum of the Rockies, 10-11 a.m.

The Wise Heart
Bozeman Dharma Center, 5:30-6:30 p.m.

Author Event with Jo Anne Troxel
Country Bookshelf, 7 p.m.

Astronomy Night
Stargazing Museum of the Rockies, 8 p.m.

Born of Osiris
The Faultline North, 9 p.m.

**WEDNESDAY, OCT. 7**
Bar IX
Sanders for Bernie
DNC Debate hosted by the Bozeman Bernie Sanders Bar IX, 6-9 p.m.

**FRIDAY, OCT. 9**
Born of Osiris
8 p.m.

Museum of the Rockies
Stargazing: Astronomy Night - Perseids Meteor Shower, 6-8:30 p.m.

The Emerson
6-8 p.m.

**SATURDAY, OCT. 10**
Harvest Sale
Pine Creek United Methodist Church, 12 p.m.

Octofest on Main
Main Street
Livingston, 12-5 p.m.

Senior Center Potluck and Jam Session
Senior Citizens Center, 1-5 p.m.

Livingston Health Care – Community Open House
Livingston Health Care Hospital, 2-6 p.m.

Dave Landers
Katabatic Brewing Company, 5-30 p.m.

The Woman in Black
Blue Slipper Theatre, 8 p.m.

Bottom of the Barrel
Chico Hot Springs Saloon, 9 p.m.

**MONDAY, OCT. 12**
Bluegrass Jam
Katabatic Brewing Company, 5-30 p.m.

Book Reading – Charles Swingley
Elk River Books, 6-8 p.m.

**TUESDAY, OCT. 13**
Yoga for Everyone
Povah Community Center, 6-8 p.m.

**WEDNESDAY, OCT. 14**
Community Co-ed Softball
Pioneer Park, 6:30 p.m.

**THURSDAY, OCT. 15**
Adult Co-ed Volleyball
West Yellowstone School Gym, 7 p.m.

Knit Night
Send it Home, 6-8 p.m.

Bozeman Health - Healthcare Connections Mobile Health Screenings Yellowstone Ave. across from Three Bear Lodge

**SUNDAY, OCT. 11**
Community Co-ed Softball
Pioneer Park, 6:30 p.m.

**TUESDAY, OCT. 13**
Yoga for Everyone
Povah Community Center, 6-15 p.m.

Co-ed Ultimate Frisbee
Pioneer Park, 6 p.m.

**WEDNESDAY, OCT. 14**
Community Co-ed Softball
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**THURSDAY, OCT. 15**
Adult Co-ed Volleyball
West Yellowstone School Gym, 7 p.m.

Knit Night
Send it Home, 6-8 p.m.

**RECURRING EVENTS**

Historic Walking Tour
Historic District, self-guided, daily
Media icons presenting at Jackson’s SHIFT Festival
David Quammen and Charlie Hamilton James to discuss Nat Geo’s Yellowstone coverage

SHIFT FESTIVAL

JACKSON, Wy. – On Wednesday, Sept. 9, National Geographic and 21st Century Fox announced they were expanding their partnership in a venture to include National Geographic’s cable channels, its magazine, digital and social platforms, maps, travel, and other media.

The next day, National Geographic’s Chief Content Officer Chris Johns called to inform SHIFT that, given the complexities of the $725-million deal, he would no longer be able to speak at the Festival on Oct. 8, about National Geographic’s coverage of Yellowstone, the focus of its May 2016 issue.

Fortunately, a replacement plan was already in place. Renowned writer David Quammen, who was scheduled to introduce Johns at SHIFT, quickly agreed to expand his introduction. Quammen is in a good position to do so. He is the sole author of the Yellowstone issue – the first time in the magazine’s 127-year history that one person has written an entire issue.

Quammen, a contributing writer for National Geographic, is a three-time recipient of the National Magazine Award and an Academy Award winner from the American Academy of Arts and Letters.

In his 30-plus year career, Quammen has published hundreds of articles in magazines including Harper’s, National Geographic, Outside, Esquire, The Atlantic, Powder, and Rolling Stone.

James has won numerous international awards for his work, including the Royal Television Award for Cinematography (twice), the Screen Award for Cinematography, and several as Wildlife Photographer of the Year. He has also been nominated for British Academy of Film and Television Arts and Emmy awards.

“While we are understandably disappointed the Mr. Johns will not be able to join us, the addition of Mr. James provides a unique opportunity to present Yellowstone in both word and picture,” said Beckwith. “We’re excited to celebrate this magnificent ecosystem with two of the preeminent artists in the world.”
Sounding more like lines spoken by pro fishermen on the bass circuit, the list of catchy euphemisms streamer anglers use is lengthy.

Fortunately, late fall is when streamer anglers are less trivial and more mainstream. And this fall they should bear the fruits of their addiction because with our low water, this streamer season looks to be one of the best in years.

This is the first column in a two-part series to help you better understand streamer fishing. Here I’ll describe the basics and in the next edition of EBS I’ll cover a few deadly retrieving, five of our local favorites, and more.

Get the terminology correct. “Fishing streamers” means to fish large flies by casting and retrieving them back, dead-drifting them, or dragging them in the current. The roots of the term come from Atlantic salmon angling, because the patterns used were called streamers. However, in Western fly-fishing circles streamers refer to baitfish or crayfish patterns, including Wooly Buggers, sculpins, crayfish, minnows, and anything large that swims in a river or lake.

Change your mindset. If you’re going to be a committed streamer angler, and one day hope to become a self-proclaimed “streamer junkie,” you need to accept quality over quantity. This means fishing all day and catching only one fish – but it might be a trophy. Or you sacrifice catching anything at all for the excitement of seeing a trout ambush your 4-inch-long fly, only to miss the hook and leave your heart racing from another near-catch. If you don’t believe missing fish is as fun as catching them, streamers may not be for you.

You must learn to double haul. This advanced cast is crucial to success in the streamer game. It adds distance and line speed to your cast, which makes fishing heavyweight flies easier. A casting “haul” is when you pull on the fly line with your line hand, doubling your ability to load the rod. Being able to air it out 50 or 60 feet can be effective by covering a lot of water. Learning it takes discipline and practice – like a short game in golf. Book a casting lesson, read Lefty Kreh’s “Modern Fly-Casting Methods,” or YouTube your way to success.

Adjust your gear arsenal. Longer, heavier rods make casting big flies easier. A streamer fiend will typically use 6- and 7-weight rods in lengths of 9 feet 6 inches and 10 feet. The heavy artillery is ideal for larger rivers such as the Yellowstone and Madison. For small waters like the Gallatin River and its forks, 5-weight rods will suffice but consider 9-foot and 9-foot-6-inch rods. For lakes and larger rivers you’ll need sinking or sink-tip fly lines.

Weight for it … When fishing streamers, be at the right depth and get the flies there quickly. A weighted streamer enables you to effectively cover more water because you’re not waiting for the fly to sink. I prefer to have weight tied into the body of the flies and have each pattern in several different weights. Generally, three weight combinations will do: minimal and medium weight, as well as cannonball style.

Whether you sink or swim in the streamer game depends on your dedication. Junkies don’t become junkies overnight – it’s a slow, gradual process and you don’t typically know you’re there until you fish all day and catch one fish; but it’s a big one, and that’s when a new recruit is ordained.

Pat Straub is the author of six books, including “The Frugal Fly Fisher,” “Montana On The Fly,” and “Everything You Always Wanted to Know About Fly Fishing.” He and his wife own Gallatin River Guides in Big Sky and Pat operates the Montana Fishing Guide School and the Montana Women’s Fly Fishing School.
You don’t need to tell the dogs. They just know. Whether it’s the smell in the air, cooler temperatures, or the change in the sun’s position on the horizon, hunting season is one of the most exciting and fulfilling experiences I’ve had with my dogs.

When I contemplate why I enjoy hunting, surprisingly the answer doesn’t revolve around the outcome, but rather the experience.

“Hunt ‘em up!”

I’ve never found three words that mean so much. The dogs are poised at the edge of a field for the hunt, shaking in anticipation to run and barely able to wait a moment longer.

For our two Labrador and German shorthair mixed-breed dogs, hunting season is the equivalent of bird Olympics. Mountain hillsides lined with aspen and pine, and Conservation Reserve Program fields act as their stadiums. The competition to find and flush prey is fierce. They bring their best performance, work hard, and demand only a first-place finish.

“Hunt ‘em up!” Hearing that command the dogs are off, noses to the ground, zigzagging methodically from one side of the field to the other. Despite the chaos of unleashing dogs into an area potentially full of birds, it’s amazing to watch their precise and systematic approach. No scent is left unturned.

When they locate a bird, they slow their pace to inspect the area. Then they come to a complete stop, pointing at the spot where the bird is bedded down. “Holding point” tests not only the dogs’ patience, but also mine as a hunter.

“Hunt ‘em up!” The dogs erupt for the final flush. As the silhouette of a pheasant with colorful tail feathers comes flying out of the cover, only one thing going through your mind: “Don’t miss.”

You never want to experience the first time your dog gives you “the look” for missing. However, a successful shot along with the look of joy on their face, the gallant stride and pride in their step after fetching – with a mouthful of feathers – puts a smile on your face.

In that moment, I’m fulfilled. But they give me another look: Let’s go get more!

‘Hunt ‘em up’

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Hunting in Montana, take 1

BY MATTY MCCAIN
EBS CONTRIBUTOR

During my first hunting season in Montana – one of the first of my life – I purchased my sportsman’s license and a turkey tag. I had no idea the adventure, excitement and education I was going to experience.

I’d only just begun to understand the ins and outs of the block management system, as well as access to Bureau of Land Management and state lands. With my newly purchased Montana Atlas and Gazetteer, hunting regulations and guns in hand, I hit the road.

After finding some state land and donning my orange outerwear, I wandered around terrain completely void of deer and their signs. Frustrated and tired, I sat down under a shady pine and took a nap. Once I was well rested I glassed around hoping a deer had wandered into the area.

But there were no four-legged creatures to be seen – clearly they were napping too.

Heading back to my truck I finally saw some game. To my surprise, 10 turkeys came into sight and I ran to the truck to grab a shotgun. When I returned to the last spot I saw the birds, I realized I didn’t know the first thing about turkey hunting.

From the corner of my eye I saw something running over the ridge about 20 yards away and I went off in hot pursuit, hoping to harvest a Thanksgiving feast.

Sneaking toward the ridge as slowly as I could, I saw nothing, and as I stood in wonderment, I didn’t know what was watching me.

Suddenly, a feathered dinosaur with talons flexed came flying down from above. I had no idea turkeys perched in trees – lesson learned. As this Merriam’s wild turkey tom soared by me, I pulled myself together. Shouldering the shotgun and taking aim in what may have been a self-defense reaction, I harvested my first turkey.

My inaugural Montana hunt was a success: I brought home a Thanksgiving feast and enjoyed turkey gumbo the rest of the year.

The season of change

BY KOY HOOVER
EBS CONTRIBUTOR

Leaves are changing color and some are falling to the ground as the evening breezes displace them from their summer perches. The air is becoming crisper and cooler, and the raptors are more numerous in the blue September sky.

Grasses are dry, brittle and brown. Squirrels are working feverishly to gather their winter food supply from the tree cones, and the elk bugle incessantly. These are all signals that the fall hunting season is upon us once again.

For many people the hunting season is purely about the successful harvest of animals that will nourish their families, and possibly produce a trophy to remember it by. For others it’s about spending more time in the remote areas of the plains or mountains during one of the most beautiful seasons of the year. For me, it’s more than just a combination of the above.

It’s a time of solitude, to escape and blend into the ecosystem – a time to adapt to the different terrain and flora in which your species of pursuit is built to survive. It is a return to some of the oldest primal instincts of humankind.

You’re playing a game of hide-and-seek with an elusive animal on their home field. It may entail crawling for hours on your stomach through sage, grass and cactus to sneak unseen within bow range of a pronghorn. The next day you may be stealthily scaling some of the largest mountains in the region to have a face-to-face encounter with a majestic bugling elk.

You can find yourself within a couple feet of a springing jackrabbit or rattlesnake on the plains. It could be a molting snowshoe hare or a grizzly bear in the mountains. The bunnies don’t worry you much, but the other animals keep your senses on full alert – especially since much of the “morning commute” to your hunting locations takes place in the cool darkness.

Pursuing these adventures alone is best for the soul, but not necessarily for self-preservation. Spending time with hunting companions, both friends and family, is truly safer. It also allows for the sharing of incredible experiences between people without much else in common. Either way, it’s a time of year that should not be missed. Get out there and soak it in.
FALL RESTAURANT HOURS

BREAKFAST Lite Continental Starting October 5th, Public Welcome

RESTAURANT & BAR Open through October 4th, Closed for the Fall, then Reopening November 25th 7-days a Week.

PRIVATE DINNERS AND HOLIDAY PARTY DATES Booking during our seasonal restaurant closure.

BOOK NOW! Events@RainbowRanchBigSky.com

Reserve your place along the river today!

406-995-4132 | Big Sky, Montana | WWW.RAINBOWRANCHBIGSKY.COM

Robert Ransom, “AV Gas For A Buck,” 48 x 72, Oil on Canvas.
Available at Creighton Block Gallery, Big Sky, Montana | creightonblockgallery.com
Find out what tunes we’re bumping! In Big Sky Beats, Explore Big Sky staff offers suggested tracks for your next playlist. Whether you need to freshen up your music library, want to expand your collection, or just need some tunes for the next road trip, we’ve got you covered.

Fall is in the air again. As the sun creeps south the land is blanketed with warm hues, the evening air is crisp, and the peaks receive an occasionally dusting of snow. It’s perhaps the most tranquil time of year in Montana: tourists have left, students are back in the classrooms, and the outdoor enthusiasts patiently await the snow.

One of my favorite fall activities is to take a back-road journey with a playlist of mellow songs to set the mood – driving without traffic, navigating the twisting roads, and passing the golden, swaying grass as it blows in a gentle breeze.

The list below will set the stage for the season of sipping hot cider or walking trails amidst falling leaves.

1. “Wait Until Tomorrow,” Prince Fox
2. “Memo,” Years & Years
4. “Mad Sounds,” Arctic Monkeys
5. “Your Morning,” Andrea
6. “How Did I Get Here,” ODESZA
7. “Vagaonds,” Grizfolk
8. “Retrograde,” James Blake
9. “Gooey,” Glass Animals
10. “Loticries,” Purity Ring

Visit explorebigsky.com/beats for a sampling of the playlist.

Glenna Luschei, who makes her home in California, has traveled the world, and like all good poets has paid attention to what she’s seen. Here’s a fine poem not from Cambodia or Greece but from Tucson, about the belongings some of us leave behind for others to carry ahead. It’s from her book, “The Sky Is Shooting Blue Arrows.”

Comings and Goings
By Glenna Luschei

In Tucson
when a university student
goes home
she might leave her desk
and a chair, a bookcase outside her cave
with a sign, “Take me.”

And who could resist
heat radiating over furniture
like a mirage? You hoist
an old Victrola into your pickup
and ratchet up a new song.

You start that life in the West,
invent a past, and when that tune
winds down, it’s okay to put out,
“How did I get here?”

What do we have in life
but comings and goings?

American Life in Poetry: Column 547

BY TED KOOSER, U.S. POET LAUREATE

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Comings and Goings
By Glenna Luschei

In Tucson
when a university student

go home
she might leave her desk
and a chair, a bookcase outside her cave
with a sign, “Take me.”

And who could resist
heat radiating over furniture
like a mirage? You hoist
an old Victrola into your pickup
and ratchet up a new song.

You start that life in the West,
invent a past, and when that tune
winds down, it’s okay to put out,
“How did I get here?”

What do we have in life
but comings and goings?

American Life in Poetry: Column 547

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Communication and leadership skills affect much of our lives. Whether we shovel snow from rooftops, sell real estate, or raise children, strengthening these skills helps us build stronger relationships and makes us more effective leaders. If you’d like a fast, direct and affordable program to increase your skills, I encourage you to join a Toastmasters group.

Toastmasters International is an organization that fosters communication and leadership development. There are 15,400 clubs in 135 countries, and Bozeman currently hosts eight clubs. They each meet weekly on different days and at different times so most likely one that will fit your schedule.

And I have great news for Big Sky residents: We’re starting a club in the Meadow Village this October, meeting weekly on Mondays beginning Oct. 19 from 12:10-1 p.m., downstairs at the Big Sky Chapel.

Three years ago, when I began health-coaching school at New York City’s Institute for Integrative Nutrition, instructors urged us to spread the word about healthy living. In order to reach as many people as possible, they suggested we hone our public-speaking skills through Toastmasters. To me, this seemed daunting, if not horrifying.

However, within months of joining Bozeman Gold Toastmasters – which meets downtown every Friday at First Security Bank – I went from having sweaty palms, losing my train of thought, and habitually saying “um” while speaking, to approaching the podium with enthusiasm and confidence. After four months, I even gained the courage to do a Pecha Kucha presentation – where you speak about 20 images for 20 seconds each – at Bozeman’s Ellen Theatre in front of a crowd of 500 people. And I loved it.

What makes Toastmasters so transformative is the real-time feedback and encouragement that you get at each gathering.

Meetings follow a simple, straightforward timeline, and specific roles are assigned to participants. You might be a speaker one week and the “Toastmaster” – or the master of ceremonies – the next. This is how speaking and leadership skills are developed simultaneously.

Other roles include the “timer” to keep the speaker on track, the “grammarian” who counts “filler” words like “um,” “ah” and “so” and, perhaps most importantly, the “evaluator,” who offers the speaker constructive feedback and helps him or her grow.

One usually speaks about what’s relevant to one’s life. When you join, Toastmasters sends you two manuals. One is the Competent Communicator manual that offers guidelines for your first 10 speeches.

The first speech is a three to five minute “ice breaker” where you simply tell the audience about yourself. The subsequent speeches are five to seven minutes that can be personalized by incorporating a presentation idea you’re working on, a product you’re pitching, or a concept you want to share with others. The second is the Competent Leadership manual where you keep track of the roles you perform outside of speaking.

Several people asked me recently why I’m creating a Toastmasters group in Big Sky. Primarily, it’s because I call Big Sky home and I want to share this experience with the community. But on a larger scale, it’s because the world needs leaders.

As the Toastmasters website puts it, “Leaders head families, coach teams, run businesses and mentor others. These leaders must not only accomplish, they must communicate. By regularly giving speeches, gaining feedback, leading teams and guiding others to achieve their goals in a supportive atmosphere, leaders emerge from the Toastmasters program.”

A Toastmasters experience begins with a single speech and in a very short period of time members learn to become better listeners, planners and advisors. Through this process, they become more empowered leaders.

Guests are always welcome. We look forward to learning, laughing, speaking and leading with you.

Join us for our first Big Sky meeting on Oct. 19, and to find a club in Bozeman or anywhere around the world, visit toastmasters.org.